

# Meet & Greet!

The Senior Office is starting a new program called MEET & GREET. We'll invite someone to share their story with us - a local historian or celebrity, a speaker on Senior Citizen Health & Wellness, speakers that focus on Senior Citizen Issues, and some speakers just for fun!

Sit back & enjoy a donut & coffee while attending these free speaking events held at the Senior Center at 621 rue St. Francois. Give us a call, 314-839-7605, & make a reservation.

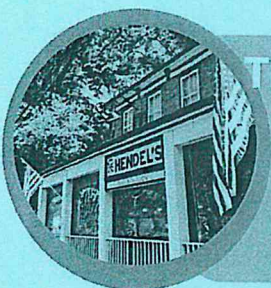
Listed below are the first 3 Meet & Greet



## COOKING WITH MARGE

This is a comedy speaking event. Gather hilarious cooking tips from MARGE!

Tuesday, Feb 28; 10 - 11am, Reservations taken starting Tuesday, February 21



## THE HISTORY OF HENFELS MARKET CAFE

Listen to Christina Bennett tell the story of how their Famous Florissant Cafe began

Tuesday, March 28; 10 - 11am, Reservations taken starting Tuesday, March 21



## DEPAUL HOSPITAL: OSTEOPOROSIS

Learn how to maintain or improve your bone health with activity & nutrition.

Tuesday, April 25; 10 - 11:00am, Reservations taken starting April 18