The official newsletter and program quide of the City of Florissant.

# Florissant potlight

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Includes Florissant Parks & Recreation **Parks and Program Guide!** 





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## **Upcoming Events:**

- Miracle on St. Francois
- Christmas Tree Lighting
- Senior New Years Party
- Project Liftoff

## Message from the Mayor

Greetings everyone,

Welcome to our Winter of '22 edition of the Florissant Spotlight magazine. This year our city had an array of vibrant community events that were held throughout the city: 1<sup>st</sup> annual St. Patrick's Day Parade, Valley of Flowers Festival, Food Truck Knights, Walk-Thru History Plaque Dedications, Wednesday Night Out Festivities, Fiesta in Florissant, Summer Concert Series, Fall



Festival and the 9/11 Ceremony. Thank you to everyone that came out to support these community events.

The Florissant City Planning Calendar for 2023, which marks many city events in the coming year, is currently in production and should be delivered to your home the second week in December.

In late July our city was challenged again when storms and flash flooding struck. Businesses and homes faced major flood damage displacing residents and temporarily closing businesses. I would like to express my sincere gratitude to these agencies that were quick to respond with assistance: **St. Louis County Office of Emergency Management, SEMA, FEMA, the Red Cross and various community organizations.** All were very helpful in providing critical resources to assist those that needed it most. Once again our Florissant community showed it's fortitude and resilience in a time of crisis.

Early November brought you our annual **Veterans' Day Parade**. A big thanks to thank the St. Louis County Veterans Coalition, the VFW Post 4105 and all other organizations that made this year's Veterans' Day Parade a success.

On Saturday, November 26<sup>th</sup>, the City of Florissant, along with the Florissant Valley of Flowers organization, Old Town Partners, St. Ferdinand Shrine and the VFW Post 4105 will host the **2<sup>nd</sup> annual Miracle on St. Francois Street**. There will be many activities at city hall including the traditional tree lighting ceremony, a golf cart parade, entertainment at the VFW Post, shopping and dining in Old Town, activities at the St. Ferdinand Shrine and much more. For more information visit www.florissantoldtownpartners.com.

As we strive to embody our city's values of being safe, inclusive, and welcoming, I hope that each of you will continue to recognize Florissant as a diverse and caring community; one that is highly desirable to new and current families for many years to come.

In the next year we will continue to focus on ways to improve the quality of life for all of our residents. Our offices will strive to provide superior services and amenities, work with commercial developers, real estate brokers, and stakeholders throughout our city and the greater North County area.

I wish everyone a wonderful holiday season. I hope everyone remains safe, healthy and ready for a great 2023. We Are Florissant Strong!

## **Mayor Tim Lowery**

## Follow us on Social Media!

For the most up to date information, be sure to like and follow the social media pages below from various departments withinthe City of Florissant



🔼 YouTube

City of Florissant Main @florissant.mo.us Florissant Police Explorers

@fpdexplores

@florissantpd

Florissant Parks & Recreation **@florissantparkrec** 

Florissant Golf Club @florissantgolfclub

Florissant Civic Center Theatre **@fcctheatre** 

Florissant Parks & Recreation

Florissant Parks & Recreation

@florissantparkrec

@florissantparkrec

Florissant Senior Department **@florissantseniors** 

Florissant Police Department

City of Florissant Main @florissantcity

Florissant Police Department **@florissantpd**  Florissant Golf Club **@florissantgolfclub** 

City of Florissant Main **@florissantcity** 

Florissant Police Department **@florissantpd** 

City of Florissant Main @florissant.mo.us





## City Council

Keith Schildroth President Ward 5 314.839.2297 ward5@florissantmo.com

Joseph Eagan Council President Ward 3 314.395.6838 ward3@florissantmo.com

Patrick Mulcahy Council Vice President 314.606.1991 ward6@florissantmo.com





Andrew Harris Ward 1 314.246.9150 ward1@florissantmo.com

Paul Manganelli Ward 2 314.606.6578 ward2@florissantmo.com

Jeff Caputa Ward 4 314.239.1568 ward4@florissantmo.com

Jackie Bond Pagano Ward 7 314.837.1315 ward7@florissantmo.com

Robert Parson Jr. Ward 8 314.422.2050 ward8@florissantmo.com

Tommy Siam Ward 9 314.757.2594 ward9@florissantmo.com

The Florissant City Council meets the 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month at 7pm in the council chambers at Florissant City Hall. Council Meetings are broadcasted live on our Facebook page and on Spectrum 992 and AT&T 99











## May 5-7, 2023

A Spring Tradition filled with Events and Highlighted by the Grand Parade and Crowning the Queen.

## Join us for a fun weekend!!

Activities for All Ages - Live Music - Food Vendors/Crafters - Magnificent Parade - Queen Crowning



Visit our website: www.FLORISSANTVALLEYOFFLOWERS.com for more info.

## Miracle on St. Francois St.

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## **Florissant City Hall**

Jingle Run Retail/Craft/Food Vendors Music Entertainment Pony Rides and Petting Zoo Tree Lighting

## **VFW 4105**

Library Story Time LA Dance Performance

## **Old St. Ferdinand Shrine**

**Golf Cart Parade** 

Miracle on St. Francois St. Presented by:

**Florissant Old Town Partners** 

**Florissant Valley of Flowers** 

Old St. Ferdinand Shine City of Florissant

## Miracle on St. Francois St.



The Saturday after Thanksgiving Retail / Craft

Vendor Application



Golf Cart Parade

Sponsorship Application



Application

Miracle on St. Francois St. Presented by: Florissant Old Town Partners Florissant Valley of Flowers Old St. Ferdinand Shine City of Florissant Jouse Decorated house in town? String up your lights and set out your decorations for our annual House Decorating Contest!

Our Youth Advisory Commission will come out and judge. Temporary yard signs acknowledging the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners will be placed in yards and prizes from the Florissant Parks and Recreation Department will be awareded.

Applications are **FREE** to Florissant Residents and will be available beginning Nov 15<sup>th</sup> at the JJE Community Center, JFK Community Center & Florissant City Hall.









## JOIN US!!

Calling All Past

Queen & Court Members!

WE'RE LOOKING FOR PAST QUEEN/COURT MEMBERS TO PARTICIPATE IN THE 2023 VALLEY OF FLOWERS PARADE.

MAY 7TH, 20

PLEASE REGISTER AT OUR WEBSITE, WWW.FLORISSANTVALLEYOFFLOWERS.COM OR SCAN THE QR CODE BELOW.



## **Police Department**

## Safety tips for Holiday Shopping

#### Shopping in Stores

- Do not buy more than you can carry. Plan ahead by taking a friend with you or ask a store employee to help you carry your packages to the car.
- Save all receipts. Print and save all confirmations from your online purchases. Start a file folder to keep all receipts together and to help you verify credit card or bank statements as they come in.
- Consider alternate options to pay for your merchandise, such as onetime or multiuse disposable credit cards or money orders, at online stores and auction sites.
- Wait until asked before taking out your credit card or checkbook. A thief could look over your shoulder to get your account information.

#### Walking to and From Your Car

- Carry your purse close to your body or your wallet inside a coat or front trouser pocket.
- Have your keys in hand when approaching your vehicle. Check the back seat and around the car before getting in.
- Do not leave packages visible in your car windows. Lock them in the trunk or, if possible, take them directly home.

## Shopping with Small Children

- If you are shopping with children, make a plan in case you are separated from each other.
  Select a central meeting place.
  - Teach them to know they can ask store personnel or store security employees if they need help.

### **Shopping Online**

- Before surfing the Internet, secure your personal computers by updating your security software. Everyone's computer should have anti-virus, anti-spyware, and anti-spam software, as well as a good firewall installed.
- Keep your personal information private and your password secure. Do not respond to requests to "verify" your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.
- Beware of "bargains" from companies with whom you are unfamiliar—if it sounds too good to be true, it probably is!
- Use secure websites for purchases. Look for the icon of a locked padlock at the bottom of the screen or "https" in the URL address.
- Shop with companies you know and trust. Check for background information if you plan to buy from a new or unfamiliar company.

To find more useful shopping tips and personal safety information, visit the National Crime Prevention Council's website: www.ncpc.org



## PD Driving Tips



## **PD Vacation Tips**





## The Dangers of Leaving your Vehicle Running and Unattened

The Florissant Police Department is warning residents to be wary of thieves who are targeting unattended vehicles warning up during frigid temperatures.

The Florissant Police Department sees an increase in stolen vehicles that were left unattended at convenience stores or warming up in driveways each year when the temperatures get colder.

"We need everyone to do their part and not leave their car running and unattended. These thefts are 100 percent preventable, said Chief Timothy Fagan. "This is a crime of opportunity. Please do not give criminals an easy opportunity to steal your car".

If you need to warm up your vehicle, do it with a remote starter device that allows you to keep your vehicle locked, experts recommend. Please know that leaving your vehicle running unattended on the street is a violation the Florissant Municipal Code.

## Parks & Recreation

## James J. Eagan Community Center (JJE)

1 James J Eagan Dr., Florissant, MO 63033 314.921.4466 Parks and Recreation Office at JJE 314.839.7670 Monday – Friday 8am - 4:30pm **Rainout Line** 

314.266.7335

## Hours of Operation

Monday – Friday 📖	 6am* – 8pm
Saturday	 .8am – 5pm
Sunday	 10am – 5pm

\*6-8:00am hours at the JJE Center are for those with a facility membership. Daily visits will not be sold during this time.

## John F. Kennedy Community Center (JFK)

315 Howdershell Rd. Florissant MO 63031 314.921.4250

Parks and Recreation Office at JFK 314.921.4250 Monday – Friday 8am - 4:30pm

## Hours of Operation

Monday – Friday	 .8am – 8pm
Saturday	 .8am – 5pm
Sunday	 10am – 5pm

Children 12 years of age and younger must be accompanied by an adult (age 18 and older) at all times while in the City of Florissant facilities unless otherwise noted. Anyone 17 years of age and younger will not be allowed in the city facilities during normal school hours when area schools are in session.



## Daily Visits – JJE & JFK

	Resident	Nonresident
Youth 4-17	\$3	\$6
Adult 18-59	\$5	\$9
Senior 60+/Veterans	\$3	\$6

## Annual Passes – JJE & JFK

	<b>Resident</b> 1yr/6mo	Nonresident 1yr/6mo
Youth 4-17	\$65/\$40	\$230/\$125
Adult 18-59	\$85/\$50	\$280/\$150
Senior 60+/Veterans	\$65/\$40	\$230/\$125
Family (up to 4) $^{\star}$	\$130/\$75	\$355/\$185

## All children ages 0-3yrs may enter and use our facilities free of charge \*Each additional member \$20/\$30

Family memberships include individuals living in the same household and listed on the Occupancy Permit if applicable. Additional eligible members may be added for \$20 per person for residents and \$30 per person for nonresidents. Individuals interested in purchasing a membership must provide proof of residency at time of purchase and occupancy permit will be checked. Passes are valid for one year (or 6 months) from date of purchase.

## **Register Early for Programs**

All programs must meet minimum enrollment in order to be offered. If there are not enough registrants, a course will be canceled. Minimum enrollment must be met at least one week in advance of the start date of the class. Florissant Parks and Recreation reserves the right to cancel, postpone, combine classes or change instructors as needed. If a class is canceled due to lack of enrollment, registered participants will be notified of an alternate class or program if one is available, or offered a full refund or account credit for registration fee paid.

### **Registration Policy**

Registration begins shortly after 8am on the date indicated and will continue on a space available basis. Current residents' cards must be presented at the time of registration in order to receive resident rates. Children under four years of age must have a parent's resident card. Phone registration begins at 9am on the date indicated as the first day of registration.

### **Refund Policy**

Registrants' cancelling before a class begins will receive a full refund minus \$5 processing charge. Participants canceling after a class begins will receive no more than a 50% refund. No refund will be given after the session is ½ complete or for classes that require less than a \$5 registration fee. No refund will be given on pool or facility memberships, summer day camp after the registration deadline or pavilion rentals, all refund requests must be made at least 24 hours before the start of any program or class. All refund requests may take up to 14 business days to process.

### **Gymnasium Hours**

Gymnasium hours vary. Please call 314.266.7335 and select extension 1 for JJE Center and extension 2 for JFK Center. You may also download the free app, Rainout Line, to see gymnasium hours. Hours are updated daily.

### **Gymnasium Capacity Policy**

Once the gymnasium has hit capacity, we will use a one in, one out rule to keep the gymnasium at capacity. Those wishing to enter will need to sign a wait list and will be given access in the order they arrive as others leave. Fridays are reserved for residents. No nonresident passes will be issued on Fridays. Gymnasium capacities will still be enforced. Nonresidents may still use our other amenities on Friday.

### **Full Court Basketball**

In order to maximize the space in our gymnasium and serve as many guests as possible, full court play will only be allowed during the final hour of the building in question on M/W/SU. Outside of these times, only half court games will be allowed.

### **Racquetball Court - JFK**

Come enjoy our racquetball court at the JFK Center. Reservations can be made one week in advance by residents or day of for nonresidents. Individuals ages 13 and older may use the court, individuals 12 and under may use the court with adult supervision (adult 18+). Call 314.921.4250 for court availability or for reservations.

Use of the Racquetball Court is included in a Facility Membership or the Daily Facility Fees.



### Parks & Recreation Administrative Staff

Cheryl Thompson-Stimage 314.839.7670

**Director of Parks & Recreation** 

## For the following staff please dial 314.839.7669 plus ext.

Chris Cholley	Superintendent of Recreation
Kevin Green	Superintendent of Parks
Dave Klaus	Parks Foreman
Kirstie Vitatoe	Center Director (JJE)
Janice Steib	Center Director (JFK)
Missy Wilkes	Recreation Specialist – Sports
Ryan Harrison	Recreation Manager – Aquatics
Sarah Skaggs	Rec Specialist – Programs/Marketing
Beth Goldstein	Administrative Assistant
Kati Gibilterra	Clerk Typist (JJE)
Monica Manganelli	Clerk Typist (JFK)

### Parks & Recreation Mission

To achieve our goal of inspiring community, creating memories, and fostering relationships, we will provide affordable, quality recreation programs and facilities for all to enjoy. It is our desire to empower you to be the best version of yourself.

#### **Insurance Statement**

The Florissant Parks and Recreation Department does not provide insurance coverage for injuries suffered while participating in our programs or while using parks or facilities. Any cost related to such injuries should be presented to your personal hospitalization carrier.

#### **Photos and Videos**

Photographs taken during programs and activities sponsored by the Florissant Parks and Recreation Department are the property of the City of Florissant and may be reproduced without consent of the participants. If you do not want yourself or your child photographed/filmed, please notify the Parks and Recreation Administration Office in writing prior to the program starting.

#### Accommodation Policy

The Florissant Parks and Recreation Department welcomes people of all abilities to use any of our programs, facilities, or services. We will make every effort to incorporate your individual needs. If special accommodations are needed to participate in a program, please call our office at 314-839-7670 at least 48 hours in advance of the start of the program.

### **Payment and Returned Checks**

Full payment is required at the time of registration, unless otherwise noted. A \$20 charge will be applied for all returned checks.

Walk-In:	Visit JJE Center or JFK Community Center to pay by cash,check, Visa, MasterCard, American Express, or Discover card.
Phone:	Call 314.921.4466 or 314.921.4250 to pay by Visa, MasterCard, American Express, or Discover card.

**Online:** Visit www.florissantparks.com to pay by Visa, MasterCard, American Express, or Discover card. You will need to call to have your account enabled before registering online for the first time.

## **Resident Card Information**

A current Florissant resident card allows Florissant residents to do the following:

- Obtain a pavilion rental permit for one of our many parks.
- Register early for programs and classes (before nonresidents).
- Pay resident rates for admission to facilities, programs, and classes.

#### To Obtain or Renew a Florissant Resident Card

Everyone in the household, including all children receiving a card, MUST be listed on the occupancy permit. This will be checked by our staff when you come to get your card. Proof of residency includes an unpaid utility bill, bank statement, paycheck stub, monthly business statement (i.e. cell phone bill) mailed to the house. Proof of residency must have been mailed to the house, list your name and address, and be dated within the last 30 days.

#### 15 yrs and Under

• Must be accompanied by a parent or legal guardian as proof of residency.

#### 16-20 yrs

• May either be accompanied by a resident parent/legal guardian OR present a proof of residency item listed to the left in their own name

21+ vrs

- Utility bill showing service address that matches resident address. Electronic copies will be accepted. Must be dated within 30 days of current date.
- Paycheck stub (mailed or electronic stub), mailed bank statement. Must be dated within 30 days of current date.

Resident/nonresident cards are valid for two years from the date of purchase. If your card is lost during this time and you need a replacement, a \$5 fee for all ages will apply for each replacement card. Nonresidents wishing to purchase a daily facility pass must have a nonresident identification card which will be held at the reception or fitness desk and returned upon their departure from the facility. Nonresident card fees are the same a resident card fees. A photo ID or parent/guardian must be present (for minors under 18) in order to make a nonresident card.

All resident/nonresident cards are the property of the City of Florissant and must be shown or surrendered to city employees upon request. For safety and security of our staff and guests, cards will be kept at the desk during usage of the facility and returned upon their exit.

### **Florissant Business Owners**

The owner of any business located within the city limits, along with immediate family members living in their household, shall be deemed a resident and therefore eligible to receive a resident card. This applies to the individual listed on the business license only. To obtain a resident card as a business owner in the city, you must visit the JJE Center or JFK Community Center with a photo ID. You will only be issued a card upon verification of your business ownership and current business license through the Finance Department. This verification can only be done Mon-Fri 8am-4:30pm. It may take up to two business days to verify.

- **Resident Card Fees** Youth (4-17vrs) \$4 \$5 Adult (18-59yrs) \$4 Seniors (60+)/Veterans
- **Replacement Card** \$5

## **Florissant Parks**

Bangert Park		Restrooms	Ť
275 S. New Florissant		Pavilions	
Behlmann Park 925 Loekes Dr		Gazebos	
Blackfoot Park 1001 Manresa		Playground	
Blanche's Spring Park 110 Aubuchon St		Ball Fields	
Champlain-Florval 1570 Queens Dr		Soccer Fields	
Coldwater Commons 20 St. Denis St		Tennis Court	
<b>Davison Park</b> St. Pierre & St. Catherine		Sand Volleyball	4
<b>Duchesne Park</b> 5 Brower Ln		Handball Court	D) ((
Dunegant Park 1930 Derhake Ln		Horseshoe Pits	W
Florissant Golf Club 50 Country Club Ln	X	Disc Golf	<b>*</b> -
Florissant Valley Park 900 Waterford Dr		Golf Course	$\mathbf{X}$
Koch Park 315 Howdershell Rd		Archery Range	
Little Woods Park 1100 Parker Rd		BBQ Pits	Ä
Loretto Manor 1605 Patterson Rd		Lake	=
<b>Manion Park</b> 15 Manion Park Dr		Trails	S
<b>Mullanphy Park</b> 2497 Mullanphy Ln		Aquatic Center	<u></u>
Spanish Land Grant		Splash Pad	
St. Ferdinand Park		Pickleball Court	
25 St. Ferdinand Park Dr Sunset Park		Gaga Ball	$\langle \rangle$
2300 Sunset Park Dr		Dog Park	X
Tower Court Park 1065 Washington		Chess Board	X
9 Florissant Spotlight Wir	*Pavilion not available for rent		

Key

## **PAVILLION RENTALS FOR 2023 SEASON BEGIN JANUARY 3RD 8AM**



## **Facility Rentals**

## **JJE Center Rental Facilities**

Room	Capacity	Time	Rate	Extra Time
Gymnasium	499	9 hours	\$600	\$80/hour
Arts & Crafts Room A or B	75	6 hours	\$175	\$35/hour
Arts & Crafts Room A and B	150	6 hours	\$300	\$60/hour
Small Meeting Room	30	6 hours	\$85	\$15/hour

## **JFK Center Rental Facilities**

Room	Capacity	Time	Rate	Extra Time
Gymnasium	400	9 hours	\$600	\$80/hour
Arts & Crafts Room	80	6 hours	\$175	\$35/hour
Small Meeting Room	40	6 hours	\$85	\$15/hour

All rooms will carry a \$100 refundable damage deposit due at the time of booking. Gymnasium rentals will carry a refundable \$300 damage deposit due at the time of booking. Deposit refunds are processed 7-14 days after the rental. Time includes set-up, event and clean-up.

## Nature Lodge at Sunset Park

Room	Capacity	Time	Rate	Extra Time
Top Floor Only	56	5 hours	\$250	\$75/hour
Bottom Floor Only	56	5 hours	\$200	\$75/hour
Entire Building	112	6 hours	\$375	\$75/hour

The Nature Lodge will carry a \$200 refundable damage deposit due at the time of booking. Call 314.921,4250 far availability and information regarding the JFK Center or Nature Lodge rental facilities. Time includes set-up, event and clean-up.

## **PLEASE NOTE:** All Fees are subject to change without advance notice.

## **Party Packages**

## Party Packages at JFK Youth Lounge

Package will include tables set up for 40 people in the Youth Lounge where guest can play games such as pool, classic arcade table, popular PS4 games, air hockey and more. Call 314.921.4250 for more information.

Time Rate 5 hours \$110 \$100 deposit

Sat/Sun

Extra Time \$15/hour



## James J. Eagan Party Packages

11-4pm

For one low fee, we will provide a small party room and admission to a for children 15 and under

public swimmi	ng session or	r ice skating	session.	Only for	<sup>.</sup> children	15
Group Size		Rate				
Pool 1-15		\$110				
Rink 1-15		\$110				
Rink 16-30		\$155				
A refundable	deposit of \$	100 is requii	red at the	e time of	reservati	ion
Pool Packa	ge Times		Ice Rin	k Packa	age Time	s
Fri	5-10pm		Fri/Sat	5	5-10pm	

Ice Rink	Package Times
Fri/Sat	5-10pm
Sat/Sun	11-5pm

## **Park Pavilion Reservation**

Florissant residents may reserve a pavilion at our parks for our season beginning April 1st and ending October 31st. An updated resident card will be required. A resident may call or come to either community centers to make a reservation during office hours. Ball field use with a pavilion requires a separate permit. Any special request such as bounce houses and pony rides must be made in writing at the time the reservation is made. NO DJS ALLOWED. All pavilion fees are non-refundable. A minimum of one week notice is required on all pavilion rentals. For information on which parks have pavilions and their additional amenities at each park, please see the chart. Call 314.839.7670 or 314.921.4250 for information on renting a pavilion. Pavilions will only be rented to Florissant residents with a valid resident card. View the pavilion availability calendar at wwwlflorissantparks.com then click on the Pavilions tab at the top of the page.

## St. Ferdinand #1 (Veach)

alle an a sullance	
Mon-Thur	\$55/day
Fri-Sun and Holidays	\$75/day

## All other pavilions

<ul> <li>Fri-Sun and Holidays</li> </ul>	\$60/day
Mon-Thur	\$40/day

Security deposit of \$200 on all pavilion rentals.

### **Facility Rental Information and Policies**

- · All rental applicants must be 21 years of age or older.
- A refundable damage deposit is required to make a reservation. Deposit must be paid in order to hold a room. This can now be paid over the phone. Please see above for specific deposit amounts that apply to each room. This is processed 7-14 days after the event.
- A 30 day notice is REQUIRED for all room rentals held after 5pm.
- Thirty day notice is REQUIRED for all gymnasium and Nature Lodge rentals.
- All rental fees must be paid 30 days before the rental date. Failure to pay the rental balance will result in room cancellation.
- · Cancellations of meeting rooms MUST be submitted in writing 30 days prior to event and will result in a \$10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rentals fees along with \$10 cancellation fee
- Cancellations for Gymnasium and Nature Lodge MUST be submitted in writing 6 weeks prior to event will result in a \$10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rental fees along with a \$10 processing fee.
- Music is only allowed under certain conditions. Please ask a staff member for more information. No live bands.
- DJ's or amplified music will not be allowed at any of the park pavilions under any circumstances.
- · Pavilion rental does not guarantee field use or include entry into any facilities such as Bangert Pool. A separate fee applies for these activities.
- Renter must check in and out with a staff member and remain on premises during rental. They are also responsible for guest conduct.
- · At the Nature Lodge, nothing may be attached to the walls or ceiling in any way. Table decorations are welcome and must be removed at the conclusion of the rental.
- Birthday parties for ages 16-29 are prohibited. Parties for ages 13-15 will only be allowed if they are booked as a pool/ice rink party package.
- Any decorations that you will be bringing in that will be touching the floor will need to be requested and approved.
- Renter will be able to choose between pre-determined room set-ups.



## Registration for all programs listed in this booklet is open now unless otherwise specified!

### JJE Center Indoor Pool Open Swim

**Regular Hours** 

Mon/Fri . . . . . . 6:15 - 7:45pm 

Members are free

## JJE Center Indoor Pool Lap Swim

**Regular Hours** 

Mon/Wed/Fri . . . . 7:30 - 9:45am Mon & Fri . . . . . . . 5 – 6pm Sat & Sun . . . . . . 10am – 12pm

## Fee for lap swim:

Youth/Senior \$2 • Adult \$4 or use a valid Facility Membership (see prices on p7).

Indoor Pool is located inside the JJE Center.

Children 12 and under must be accompanied by an adult in the building at all times. All children eight years and younger must be accompanied by a paying adult who enters the water in proper swim attire. No jeans, cut offs, gym shorts, basketball shorts, t-shirts, or any other clothing not specifically designed for water will be allowed in the pool.

## 0.A.R.S.

Older Adult Recreational Swimming is for adults 18 years and older. The pool is sectioned into lap lanes with deep and shallow areas for swimming or exercising

Mon-Fri Jan – April 12:15-1:15pm \$1.50R/\$2.50NR/\$1GAP

## Aqua Zumba

16 & up

Aqua Zumba gives new meaning to the idea of an invigorating workout. This class takes place in our indoor pool. Splashing, stretching, twisting, and even shouting, laughing, hooting and hollering are often heard during an Agua Zumba shallow water class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Agua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

M/W/F	I: 1/2-2/17	10-11am	\$73 • \$84 • \$54.75
	II: 2/20-4/7	10-11am	\$73 • \$84 • \$54.75
T/TH	I: 1/3-2/16	6:30-7:30pm	\$49 • \$56 • \$36.75
	II: 2/21-4/6	6:30-7:30pm	\$49 • \$56 • \$36.75

## Water Works

16 & up

Take the plunge and try this low-impact workout that builds muscle strength and boosts your endurance. Each class includes a warm-up, cardio and strength training exercises, and a cooldown. Expect exercises like water walking, bicep curls, leg lifts, and noodle moves. You won't be swimming, and these water workouts are done in the shallow end of the pool. The buoyancy of the water is easy on your joints which makes this class a good choice if you have joint problems, chronic pain, or are recovering from an injury.

M/W/F	I: 1/2-2/17 II: 2/20-4/7	11am-12pm 11am-12pm	\$73 • \$84 • \$54.75 \$73 • \$84 • \$54.75
T/TH	I: 1/3-2/16	10-11am	\$49 • \$56 • \$36.75
	II: 2/21-4/6	10-11am	<b>\$49 • \$56 • \$36.75</b>

## **Deep Water Aerobics**

16 & up

As you submerge yourself into the deep end of a pool for a water fitness workout your body becomes nearly weightless, giving you a new kind of workout challenge. While deep water aerobics has a low impact on your joints, it has a high impact on your cardiovascular system, improving your overall health and fitness, and aiding weight loss and maintenance. Swimming ability is recommended as this class is held in the deep end of the pool.

M/W/F	l: 1/2-2/17	10-11am	\$37 • \$42 • \$27.75 (No Instructor)
	II: 2/20-4/7	10-11am	\$37 • \$42 • \$27.75 (No Instructor)
T/TH	l: 1/3-2/16	10-11am	\$24 • \$28 • \$18 (No Instructor)
	II: 2/21-4/6	10-11am	\$24 • \$28 • \$18 (No Instructor)
T/TH	l: 1/3 – 2/16	5:30-6:30pm	\$49 • \$56 • \$36.75 (Instructor)
	II: 2/21-4/6	5:30-6:30pm	\$49 • \$56 • \$36.75 (Instructor)

### Water Aerobics

16 & up Are you looking for a low impact shallow water workout? Our certified instructor uses their own creative style of teaching different movements. Programming can be modified to meet specific needs and goals. That means it's a great activity for people of different ages and athletic abilities. Not a strong swimmer? Don't worry, you'll be able to stand the whole time-the water is typically no more than chest high. So, grab your bathing cap, din in a too, and got roady to make a colach with this fun workout!

up in a loe,	and get ready to make a	spiash with this turn wor	KOUL!
T/TH	l: 1/3-2/16	8-9am	\$49 • \$56 • \$36.75
	II: 2/21-4/6	8-9am	\$49 • \$56 • \$36.75
T/TH	l: 1/3-2/16	9-10am	\$49 • \$56 • \$36.75
	II: 2/21-4/6	9-10am	\$49 • \$56 • \$36.75
T/TH	l: 1/3-2/16	11-12pm	\$49 • \$56 • \$36.75
	II: 2/21-4/6	11-12pm	\$49 • \$56 • \$36.75
T/TH	l: 1/3-2/16	5:30-6:30pm	\$49 • \$56 • \$36.75
	II: 2/21 – 4/6	5:30-6:30pm	\$49 • \$56 • \$36.75
Sat	l: 1/7 – 2/18	9-10am	\$24 • \$28 • \$18
	II: 2/25 – 4/8	9-10am	\$24 • \$28 • \$18

## Preschool Swim Lessons

comfortable in the water so that further skills can be developed in the future. This class is a fun and engaging where children gain the confidence they need around water. Classes will focus on more basic skills with a lot of support and assistance and will work

### JJE Pool

ed	l: 1/4-2/15	5:30-6pm • 6:15-
	II: 2/22-4/5	5:30-6pm • 6:15-

## Price per session

Residents \$36 • Non-Residents \$42

## Youth Swim Lessons

### JJE Pool

	1/4-2/15	
II:	2/22-4/5	

5:30-6:10pm • 6:15-6:55pm 5:30-6:10pm • 6:15-6:55pm

## Price per session

## Brand New Facilities

## **Health & Fitness**

## **Fitness Center Rules & Policies**

#### Dress Code

Exercise attire is required. Appropriate exercise attire includes comfortable. loose-fitting clothing, as defined below

- · Pants: Short or long exercise/warm-up pants are acceptable. Pants with belts, cut-off pants and/or jeans with metal rivets are dangerous and not allowed. Street clothing and/or business attire (suit & tie or skirt) compromises the safety of the wearer and reduces the acknowledged atmosphere and is not allowed
- · Shirts: For hygiene purposes and to preserve a family environment, a shirt, which covers the torso, is required at all times. Cut-offs, sports bras, string tank tops, halter-tops or altered shirts of any kind that allow the full torso to show are not permitted. Altered shirts include any shirts that have cut-off sleeves, neckline or bottom. Shirts that are not altered but show the torso due to oversize armholes are also not acceptable
- · Shoes: For safety purposes, closed-toed athletic footwear is required in all areas except the pool, shower/locker rooms or during Yoga. In an effort to minimize damage to the floors, the following footwear is prohibited:
  - · dark-soled shoes which may damage or mark the floor;
  - · any shoe suspected of damaging or marking the floor;
  - · open-toed athletic footwear, sandals or flip-flops;
  - · muddy, dusty or dirty shoes;
  - spikeless aolf shoes:
  - Astroturf shoes, cleats or metal/rubber spiked shoes; running shoes.

## 2023 CLASS CALENDAR SCHEDULE

Session	Date Range	<b>Registration Opens</b>
Winter	Jan 1 – Feb 18	R: Dec 11 • NR: Dec 18
Spring 1	Feb 19 – April 8	R: Jan 23 • NR: Jan 30
Spring 2	April 9 – May 27	R: March 13 • NR: March 20

#### Strength & Cardio

Rise and shine early birds! Strength and Cardio is our early morning class that combines the mix of cardio (HIIT, kickbox, interval training, BOSU and step) and strength training which uses both body weight and dumbbells. Early morning workouts have many benefits ranging from more energy throughout the day, a better mood, improved sleep, lower blood pressure, less stress, and more! Come on in and start your day off right!

JJE	, , ,		
TU/TH	I: 1/3-2/16	6:05-7:05am	\$56/\$63/\$42
	II: 2/21-4/6	6:05-7:05am	\$56/\$63/\$42

#### Body Toning

12yrs & older

60 +

12vrs & older

This is an extensive workout routine targeting those problem body areas: stomach, hips, waist and thighs. You will do different workout routines with a mat that will be designed to tone and sculpt your way to the body of your dreams. Mats are provided. Toned muscles are important in supporting and protecting joints from incorrect movements and joints supported by strong, toned muscles can result in fewer injuries than a joint that is supported with weak muscles. LIE

UUL			
M/W	I: 1/2-2/15	6:30-7:30pm	\$56/\$63/\$42
	II: 2/20-4/5	6:30-7:30pm	\$56/\$63/\$42

#### Strong & Stable

This class is geared toward our active aging seniors who are looking for a mix of cardio, strength, and balance exercises to improve their health. This class will offer a low-impact workout that is easy on joints while offering an energy boosting format to leave you feeling strong and stable! Reduced rates are available for Silver Sneakers and Renew Active members. Please check with your insurance provider to see if you qualify for this membership! LIE

UUL			
TU/TH	I: 1/3-2/16	9-9:45am	\$56/\$63/\$42/\$28
	II: 2/21-4/6	9-9:45am	\$56/\$63/\$42/\$28

#### Yoga

1

12vrs & older

Yoga is a complete mind and body connection. It is an ancient art rooted in a harmonizing system of development for the body, mind, and spirit. The practice of yoga has many physical and mental benefits. For example, yoga can increase your flexibility, increase muscle strength and tone, improve energy, and maintain a balanced metabolism. Yoga can also help manage stress which can cause back or neck pain, sleeping problems, headaches and more but with the incorporation of meditation and breathing those issues can begin to decrease. Do not worry if you are a beginner as yoga is for everyone! Come and take that first step onto the mat or "yoganna" regret it!

JJE			
M/W	I: 1/2-2/15	9-10am	\$56/\$63/\$42
	II: 2/20-4/5	9-10am	\$56/\$63/\$42

## Zumba

12yrs & older Zumba continues to be one of the most popular styles of dance workouts and lucky for you, we offer classes at the James J. Eagan Center! Dance your way to a tighter and fitter you. In this popular class, you will increase your level of fitness by dancing to exciting and unique Latin moves and rhythms. Zumba is a fun way to boost your heart health, relieve stress, and even improve coordination! Register early and boogie down a few pant sizes. We hope to see you there! JJE

JUL			
T/TH	I: 1/3-2/9	5:25-6:25pm	\$48/\$54/\$36
	II: 2/21-3/30	5:25-6:25pm	\$48/\$54/\$36

## **MEET** YOUR FITNESS GOALS WITH PERSONAL TRAINING!

Personal trainers provide each participant with personalized attention and support in order to help them achieve their fitness and wellness goals. They provide quality personal training and motivation through certified fitness trainers. All clients will be provided with a comprehensive fitness assessment to evaluate fitness levels and set realistic goals

Session Length	Package	Member/Silver Sneakers/ Renew Active	Resident	Non-Resident
	Fitness Assessment	\$55	\$65	\$80
1 Hour	Fit Start (1 Fitness Assessment + 2 Sessions)	\$115	\$125	\$150
	1 Session	\$45	\$50	\$60
	3 Sessions	\$120	\$135	\$160
	6 Sessions	\$220	\$240	\$290
Partner	Partner 3 Sessions	\$80	\$90	\$110
1 Hour	Partner 6 Sessions	\$160	\$180	\$215
20 Minuto	3 Sessions	\$60	\$70	\$80
30 Minute	6 Sessions	\$110	\$120	\$145

## **SPRING** JUDO PRICING

One class per week:	\$60/\$72
Two class per week:	\$100/\$120 (33% off second
Three class per week:	\$120/\$144 (50% off second

d class) d and third class)

5-12vrs

#### Adult Judo 13yrs & older Judo is a martial art from Japan. Judo teaches how to redirect an opponent's strength to defeat him/ her. Judo is designed to be practiced by men, women, boys and girls of all ages. It is a great sport for families to practice together and a way to build physical and mental confidence. Students may choose to practice for recreation and/or for competition.

JJE			
TU	I: 1/3-2/14	6:15-7:45pm	See Chart
	II: 2/21-4/4	6:15-7:45pm	See Chart
TH	I: 1/5-2/16	6:15-7:45pm	See Chart
	II: 2/23-4/6	6:15-7:45pm	See Chart

#### Judo for Kids

Through Judo practice young students will learn discipline, listening skills, and respect for self and others. This class features a popular scholar athlete program which encourages students to perform their best both in judo and in their school.

JJE			
W	I: 1/4-2/15	6-7pm	See Chart
	II: 2/22-4/5	6-7pm	See Chart
Kata Training			All Ages

## Kata Training

Kata training is for students who have completed at least one session of either Adult Judo or Judo for Kids. Kata is a prearranged Judo technique performed by a team of two judo players. Teams may practice simply for recreation or train to compete in local, national, or international Judo tournaments.

#### JJE Mor

l: 1/2-2/13	6:30-7:30pm	See Chart		
II: 2/20-4/3	6:30-7:30pm	See Chart		
		florissantmo.com	12	

## Athletics

#### Athletic Game Field Rentals

All game fields including Koch Park Diamond 1, the James J. Eagan Soccer Field and various St. Ferdinand Diamonds are available to be reserved for a fee. Please email mwilkes@florissantmo.com for pricing and availability

- A \$100 security/clean up deposit is required to reserve athletic game fields
- · Balance of the rental must be paid 2 weeks before the event
- · Renters must be on premises during rental and are responsible for the conduct of their guests.
- · No glass bottles are allowed in the park
- · Renters are responsible for gathering trash and disposing of in a trash can
- Renter may be required to provide additional portable restrooms for more crowded events. These units will be placed in areas approved by the Parks and Recreation Department
- · Renters may be required to rent pavilions(s) to maximize available parking

### Indoor Volleyball

18yrs & older

The volleyball leagues are governed by house rules. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive a \$50 discount on a returning session. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Games may begin as early as 6:30pm but start times will vary.

All Games pla Women's All			
Μ	1/9	\$215	
Coed All Skill	Levels		
Tues	1/10	\$215	
Coed Recreat	tional Level		
Th	1/5	\$215	
<b>Coed Interme</b>	diate Level		
Th	1/5	\$215	
La da an Mallanda	- III De eletertiere	04- 4- 10/0 f	

Indoor Volleyball League Registration Starts: 10/3 for returning teams and 11/4 for New Teams

**COED Outdoor Sand Volleyball** 18yrs & older The volleyball leagues are governed by house rules. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive a \$50 discount on a returning session. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Games may begin as early as 6:30om but start times will varv.

#### All Games played at St. Ferdinand Park

Recreational L	evel Leagues	
TU	4/18	\$215
TH	4/20	\$215
F	4/21	\$215
Intermediate L	evel Leagues	
TU	4/18	\$215
TH	4/20	\$215
F	4/21	\$215
Sand Volleyball	League Registration Sta	arts: 2/13 for returning teams and 2/27 for New Teams

Adult Men's Basketball League

18yrs & older Get your team together for this recreational basketball league. This Sunday league is governed by City of Florissant house rules. Each team will play 6 regular season games followed by a single-elimination tournament. League winners will receive \$125 discount on a returning session, will receive championship apparel.

JKF Sun

#### 1/8 \$550

### Spring Softball League

18vrs & older

The softball leagues are governed by USSSA rules and equipment regulations. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive \$100 discount on a returning session. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Game may begin as early as 6:30pm Monday-Friday and 5pm on Sunday, but start times may vary.

## All Games played at St. Ferdinand Park

#### All Leagues are Doubleheader Leagues Co Ed Loo

CO-Ed Leagues		
M & Fri	4/17 & 4/21	\$659
Men's Leagues		
Mon - Open	4/17	\$659
Tues - B	4/18	\$659
Tues - C	4/18	\$659
Wed - A	4/19	\$659
Wed - B	4/19	\$659
Wed - C	4/19	\$659
Th - Senior	4/20	\$659
Fri - Open	4/21	\$659
Sun - B	4/23	\$659
Sun - C	4/23	\$659

### Adult Kickball

18yrs & older

Relive your elementary school day's in this Adult Outdoor Kickball league at St. Ferdinand Park! This is an opportunity for adults to play in an organized and officiated league. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive \$50 discount on a returning session. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Participants must register as a team. Games may begin as early as 4pm, but start times will vary.

#### All Games played at St. Ferdinand Park

4/21	\$300
4/20	\$300

#### Winter Basketball Camp

18yrs & older Looking for something for the kids to during Winter Break this year. We have just the thing! Join us for Basketball Camp at James J. Eagan Center gymnasium. Kids will learn new basketball skills along with improving skills they have.

JJE				
Day	Date	Age	Time	Fee
M-F	11/21-25	4-7	9-10:15am	R: \$44 • NR: \$48
M-F	11/21-25	8-12	10:30-12:30pm	R: \$44 • NR: \$48
No Classes Thank	ksgiving			
M-F	12/19-23	4-7	9-10:15am	R: \$55 • NR: \$60
M-F	12/19-23	8-12	10:30-12:30pm	R: \$55 • NR: \$60
M-F	12/26-30	4-7	9-10:15am	R: \$55 • NR: \$60
M-F	12/26-30	8-12	10:30-12:30pm	R: \$55 • NR: \$60

#### Private Lessons

Looking for ways to improve your skills on your favorite sport or wanting to learn a new sport. We are here to help you. Be on the lookout for private lessons for the following sports; basketball, pickleball and baseball. If interested in a private lesson please email mwilkes@florissantmo.com







Ice Rink

Ice Rink Opens October 24th

Phone number: 314.921.4470

## **Daily Visits**

	Resident	Non-Resident
Youth 4-17	\$3	\$5
Adult 18-59	\$4	\$6
Senior 60+ & Veteran	\$3	\$5
Family Special*	\$4	N/A
Stick and Puck	\$4	\$5

### Children 3 & Under are free of charge.

\*Wednesdays and Sunday public skate sessions offer resident family specials. All members of the household, with valid resident cards may enter for a total of \$4.

## **Session Pass**

	Resident	Non-Resident
Youth 4-17	\$25	\$40
Adult 18-59	\$35	\$55
Senior 60+ & Veteran	\$25	\$40
Family Special*	\$50	\$80
Stick and Puck	\$40	\$50

Family memberships include individuals living in the same household and listed on the occupancy permit if applicable. Price includes four family members. Additional eligible members may be added for a small fee. See recreation staff for details.

## **Special Services**

Skate Rental Skate Sharpening Locker Rental

\$2 (Hockey and Figure skates available) \$5 \$.25



## PARTY ON THE ICE!

This annual event, for youth in grades 5th-8th, is held by the Florissant Parks & Recreation Department in cooperation with the Florissant Police Department. Tickets include ice skating, DJ, pizza, soda, games, door prizes and more! Registration required for entry.

## March 4, 2023 6:30-9:30pm R: \$6 • NR: \$8

Registration begins 2/4 for residents • 2/11 for nonresidents Register at the JJE Center and the JFK Community Center, limited space available.

#### **Public Skate Times**

The outdoor covered ice rink is located at the James J. Eagan Center. During open skate, individuals can enjoy use of the rink for all ages.

Wed	7-9pm
Fri	7-9pm
Sat	1:30-3:30pm & 7-9pm
Sun	1:30-3:30
Children 12 and under	must be accompanied by

Children 12 and under must be accompanied by an adult in the facility at all times \*Ice Rink is closed 12/25 and 1/1

### **Holidav Public Skates**

Join us on the holiday break for these special public skate sessions! All regular admission rates will apply.

11/25, 12/21-23, 12/26-31, 1/16, 2/20

## 2-4pm

### **Resident Appreciation Skate Sessions**

Enjoy the holidays with FREE admission for all Florissant residents showing a valid resident card. Free popcorn and soda will be provided. Nonresidents are welcome to skate during these sessions but regular admission rates will apply. Gather the family and enjoy the afternoon at the rink! 12/31, 1/16, 2/20

2-4pm

### Learn to Skate

Introduce your child to the basics of skating in this introductory lesson. Our instructors will provide instructions on beginning skate techniques.

#### JEE Kiddy Lessons: 3-5yrs

Sat	11/5-12/10	9:25-10:10am	\$20 • \$25		
	1/7-2/11	9:25-10:10am	\$20 • \$25		
Beginner Lessons: 6yrs & older					
Sat	11/5-12/10	10:20-11:05am	\$20 • \$25		
	1/7-2/11	10:20-11:05am	\$20 • \$25		
No Class 12/3,3/4					

#### Stick and Puck

15yrs & older Stick and Puck is open to the public specifically for those who would like to work on their puckhandling and passing skills. Players must wear a helmet with full face protection and gloves.

Session is limited to 30 players, goalies are free! .IFF

JEE		
Μ	3:30-5pm	15yrs & Under
Th	3:30-5pm	16yrs & Older
Sat	11:30am-1pm	16yrs & Older
		0/00 0/1

No Classes 12/3, 12/22, 12/26, 12/29, 1/16, 2/20, 3/4 See fee charts for admission pricing information. Regular Season Passes will not be accepted. You may purchase a Stick and Puck season pass or pay daily Stick and Puck admission.

### Skate The Parks

6 & Older

Did you know that the City of Florissant has 20 parks comprising almost 400 acres? We challenge you to skate 1 lap at the James J. Eagan ice rink for each acre of park space. Complete this 400-lap challenge during open skate hours and receive a special award for your hard work. Report your laps to an ice rink manager each time you go.

**15** Florissant Spotlight Winter 2022 JJE Free

## **Special Events**



Everyone knows that Santa loves COOKIES!! Join us as we decorate cookies for Santa. Parental supervision and assistance is required for the 3-6 age group





Santa Claus is coming to Florissant! Drop by the Sunset Nature Lodge to visit and take a photo with Santa!

Saturday, December 10 10:00-11:30am Sunset Nature Lodge R: S2 • NR: S4

Ticket required upon entry for children 12 & under and will not be sold at the door. • Tickets can be purchased in advance at the JFK and JJE Community Centers





DECEMBER | 8:30 PW \$6 Residents = \$8 Non-Residents 5<sup>th</sup>-8<sup>th</sup> Graders only

Join the Florissant Parks & Recreation Department for our annual holiday party. Activities will include ice skating, DJ music, swimming and more! Tickets will also include pizza and drinks and an opportunity for door prizes. Tickets on sale beiginning November 7 Residents and November 14 Non-Residents at JJE and JFK Community Centers.







## Bring your favorite nerf gun and prepare for battle!

Friday, January 13 6-7:30pm JFK GYM Ages 7-13

> R: \$15 NR: \$18

## SHARING & CARING FOOD DRIVE

Join us in the City of Florissant's Annual Sharing & Caring Food Drive.

From Dec 1 - Dec 16, a barrel for the Sharing and Caring Food Drive will be placed at the **James J. Eagan Center**, the **JFK Community Center** and **City Hall**. We encourage all residents to donate non-perishable and canned food items. These donations will be given to organizations and food pantries within the city limits of Florissant.

Please help bring holiday cheer to those families who may not be as fortunate as some.





Look for my picture from December 12-24



Santa Claus is making a list and checking it twice! This holiday season, your child can receive a letter personalized by the big man himself! Send a self-addressed, stamped envelope to:

Santa Claus c/o JFK Community Center 315 Howdershell Road Florissant, MO 63031

Please include some personal information about the child to help Santa make the letter extra special. Don't delay as he has a lot of letters to respond to. All letters must be received by Dec 15 in order for your child to receive their letter from Santa by Christmas Day!

## Snowman Building Contest

We're out to find the best snowman in Florissant! Build the biggest, have a theme and make it cute then enter our contest. From Nov 1, 2022 - March 15, 2023 anytime it snows build a snowman and take a picture of yourself and the snowman and send it in. The Florissant Youth Advisory Commission will vote on their favorite and prizes will be awarded to the winners! Must be a Florissant Resident to enter.

Send Pictures to jsteib@florissantmo.com Include photo, child's name, address, phone number and age or post to Facebook and tag us (Florissant Parks & Recreation) as well as send a message to the page with the above information.



## TEDDY BEAR Sleepover

Do you ever wonder what your Teddy Bear does while you sleep? Leave your fluffy friend with us for the night and maybe you can find out! The staff at JJE Community Center invites your teddy bear (or any stuffed animal) to spend the night with us and have some fun. Please note that only the stuffed animals, not the children will sleep over. Children can enjoy activities at drop-off and pick-up and will also receive a photo album showing all the fun and possible mischief their loveable friends got into during their overnight stay

Friday: Stuffed Animal Drop off: Drop your stuffed animal off at the JJE Center. We will make name tags and a blanket for your furry friend read them a story and tuck them in with their new blanket.

Saturday Pick-up: Children will return to JJE to pick up their stuffed animals. They will also enjoy a light breakfast and see what friends were up to all night. Each Child will receive a small photo album showing their adventures.

## JANUARY 20 AND 21

Friday 6:30-7:30pm (drop off) Saturday 10-11am (pick-up) R \$10 • NR \$12

## **Senior Activities**

## Florissant Senior Office 621 rue St. Francois, Florissant, MO 63031

mmmmm

The Florissant Senior Citizen Department offers programs, events and services for senior citizens in this community. Please call the Senior Center at 314.839.7605 if you have questions regarding the events and programs listed on these pages.

City of Florissant

Friday Lunch Program

Gather with friends or make new friends at our Senior Citizen Friday Lunch Program!

The Lunch Program is held at the Eagan Center in the A/B Room every Friday. Lunch is \$9.00 and is served at 12:00 noon. Lunches are catered by local restaurants. The menu can be found on our website at <u>www.florissantmo.com</u> or by calling the Senior Center at 314-839-7605. Bingo is played each day after lunch.

> Please make reservations at least 2 days in advance by calling 314-839-7603.

Bus service is available if you are a Florissant Resident with a current resident card.



**LET'S BOOGIE!** 

at the City of Florissant Retro New Year's Eve Party!

Listen to the beautiful music of the 12-piece orchestra the St. Charles Big Band!

Noisemakers, Champagne, Wine, Beer, a Wonderful Dinner & Appetizers, Chances for a Pot of Gold & Great Attendanc<u>e Prizes!</u>

> Don't sit home on New Year's Eve - Join us for this daytime celebration!





## Meet & Greets!

The Senior Office is starting a new program called MEET & GREETS. We'll invite someone to share their story with us – a local historian or celebrity, a speaker on Senior Citizen Health & Wellness, speakers that focus on Senior Citizen Issues, and some speakers just for fun! Sit back & enjoy a donut & coffee while attending these free speaking events held at the Senior Center at 621 rue St. Francois. Give us a call, 314-839-7605, & make a reservation.

Listed below are the first 3 Meet & Greets



## **COOKING WITH MARGE**

<sup>h</sup>is is a comedy speaking event. Gather hilarious cooking tips from MARGE! **Tuesday, Feb 28; 10 - 11am, Reservations taken** starting Tuesday, February 21



## THE HISTORY OF HENDELS MARKET CAFE

Listen to Christina Bennett tell the story of how their Famous Florissant Cafe began

Tuesday, March 28; 10 - 11am, Reservations taken \_\_\_\_\_\_starting Tuesday, March 21



DEPAUL HOSPITAL: OSTEOPOROSIS

Learn how to maintain or improve your bone health with activity & nutrition.

Tuesday, April 25; 10 - 11:00am, Reservations taken starting April 18



## Explore The St. Louis Area!

The Museum at the Gateway Arch & the Famous Spaghetti Factory: Have you experienced the remodeled Arch Grounds? This is your chance! Trace the story of Native Americans, explorers, pioneers & rebels who made America possible. Featuring six themed exhibit areas, this innovative & interactive museum celebrates America's Pioneering Spirit. Then continue down the St. Louis Riverfront to Laclede's Landing to the Famous Old Spaghetti Factory where we'll enjoy a great Italian Lunch. Date: Wednesday, February 15, 2023

Time: 9:00am – 3:00pm

Cost: \$47.00 residents; \$52.00 non-residents; includes transportation, Arch Museum & lunch at the Spaghetti Factory

Tickets: Ticket sales begin in the Senior Center on Tuesday, January 10 for residents only. If there are tickets remaining, tickets will be sold to residents and non-residents on Wednesday, January 11.

**Miss Augusta Cruise:** Welcome Aboard! The Miss Augusta! - the 105ft luxury yacht! Enjoy Miss Augusta's Fine Fair with a delicious afternoon lunch while we cruise the Missouri River and take in the natural beauty of Augusta. Listen to the captain's narration of the history of the area while you take in the beautiful scenery that surrounds you.

Date: Thursday, April 13, 2023

Time: 10:45am - 2:45pm - THESE TIMES ARE TENTATIVE

Cost: \$70.00 residents; \$75.00 non-residents – THESE PRICES ARE TENTATIVE. Please check with the Senior Office before ticket sale date!

Tickets: Ticket sales begin in the Senior Center on Monday, March 6 for residents only. If there are tickets remaining, tickets will be sold to residents & non-residents on Tuesday, March 7.

**Debby Lennon at the Sheldon & Lunch at Lombardo's**: Begin this Sheldon experience with coffee & pastries in the beautiful Konneker Gallery at 9:00am. Then proceed to the Hall for a fantastic performance where Debby Lennon will pay tribute to her favorite women of the stage including Judy Garland, Liza Minelli, Barbara Streisand & more. Then enjoy authentic Italian Cuisine at Lombardo's Restaurant - a St. Louis Tradition since 1934!

Date: Wednesday, May 10, 2023

Time: 8:00am – 2:30pm

Cost: \$61.00 residents; \$66.00 non-residents;

Tickets: Ticket sales begin in the Senior Center on Wednesday, March 29 for residents only; If there are tickets remaining, tickets will be sold to residents and non-residents on Thursday, March 30.





## BEWARE OF SCAMS!

## From the Federal Trade Commission.....

## How can I avoid an AMAZON Impersonator Scam

Scammers are calling people & using the name of a company everyone knows, AMAZON, to rip people off. In one version of the scam, you get a call & a recorded message that says it's AMAZON. The message says there's something wrong with your account. It could be a suspicious purchase, a lost package, or an order they can't fulfill. The caller ID even shows it's Amazon.

If you get an unexpected call or message about a problem with any of your accounts - **HANG UP!** 

- Do NOT press "1" to speak with customer support
- Do NOT call a phone number they gave you
- Do NOT give out your personal information

If you think there may actually be a problem with one of your accounts, contact the company using a phone number or website you know is real.



## **Florissant Performing Arts Center**

For more information on the show or to purchase tickets, visit www.florissantmo.com Call or Text the Box Office at 314.921.5678 or Scan the QR Code





**PRESENTED BY THE ALPHA PLAYERS** 

December 1 & 2 7:30pm



PRESENTED BY THE HAWTHORNE PLAYERS

December 10 2pm & 7pm



Northwinds Concert Band: Hometown Holiday Concert

> December 11 3pm



December 4 • 2pm & 6pm



Febuary 24 - March 5

## **Florissant Golf Club**

Golf Course Volunteers Wanted! Please contact sfreihoff@florissantmo.com or 314.741.7444

Check out our Website & Facebook for all upcoming events & information

THURSDAYS

START TIN

Florissant Golf Club 50 Country Club Lane, Florissant, MO 63033 www.florissantgolfclub.com 314.741.7444



## • 18 Hole Course for all skill levels

- Beautiful Patio Overlooking the 18th Hole
- Resident Discount & Loyalty Program
- Fully Stocked Pro Shop
- Professional Quality Greens
- Senior Scramble every Thursday

## SAVE THE DATE!



March 11, 2023

2 holes on every green flagsticks removed! More details to follow!

# SENIOR

\$22 INCLUDES 18HOLES OF GOLF • A CART AND A DRINK TICKET Skins games • Multiple flights Closest to the Pin Contest

## Follow Florissant Golf Club for the latest updates!

Facebook @FlorissantGolfGlub Instagram @florissant\_golf www.florissantgolfclub.com

## NOW HIRING FOR 2023 SEASON!

We are currently looking to fill the following postions: Cart attendant, Pro-Shop attendant, food and beverage attendant, and maintenance crew.

Join our mailing list through www.florissantgolfclub.com for all updates on events and tee times!



Florissant Spotlight City Hall 955 S. Francois Florissant, MO 63031 314.921.5700



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## ECRWSS POSTAL CUSTOMER

## DATED MATERIAL PLEASE DELIVER AS SOON AS POSSIBLE

