Florissant Spotlight
Summer 2020

The official newsletter and program guide of the City of Florissant.

Includes Florissant Parks & Recreation Parks and Program Guide!

Valley of Flowers Festival Postponed. Check back for updated information.

Cover Photo by: Kling Kamera Photography
Greetings Florissant Residents:

Welcome to another edition of the “Florissant Spotlight”. I appreciate all the positive comments I have received from all of you about the new look of our magazine. We continue to move forward with the progress of our great and historic city. As you read through the Florissant Spotlight magazine you will see that we have a lot of great events and activities planned for families and for people of all ages to enjoy. As always don’t forget to visit our city’s Facebook page to find out what is going on in our beautiful city.

The 2020 US Census Count Day started on April 1, 2020. Census responses are available in three formats: Online, phone, or by mail. Completing the census is one of the best ways to make sure YOU count. The federal government allocates over $400 billion dollars each year for programs such as education, infrastructure, public health, and community outreach. Census data is also forwarded to new businesses as well as existing businesses that are wanting to expand or relocate. Without an accurate population count our City is in jeopardy of losing government representation and federal funds. Make sure you count in the count.

When completing the 2020 census include everyone in your household. Answer all questions to the best of your knowledge. Remember that the Census Bureau is bound by law to protect your answers and keep them confidential. When you respond to the census, your answers are anonymous, only being used to produce statistics. The law ensures that your information cannot be used against you by any government agency or court. “Count in the Count”.

Starting late summer of 2020, MODOT will begin construction on the I-270 North Corridor Project. The anticipated year of completion is in 2023. This is a $278 million project one of the largest projects MODOT has ever done. I-270 is one of the most traveled corridors in the St. Louis metropolitan region.

The 58th Annual Valley of Flowers Festival and Parade will be held on May 1, 2, and 3. This year’s theme will be celebrating the Saint Louis Zoo.

Many other events are on the horizon this spring and summer. In addition to the programs and events you will find in the Parks and Recreation Program Guide, which starts on page 11, some upcoming city-wide events are listed on the following page.

The Public Works Department is preparing to do $4,458,000 in street work in 2020 which includes $483,000 in asphalt preservation work on 47 different streets throughout the City, $195,000 in concrete pavement replacement and repairs on 13 streets, and $1,453,000 in major street repairs on eight different streets. Plus, the reconstruction of North Lafayette.

“Experience Public Golf at its Finest!” Our professional staff put customer service at the forefront of your golfing experience. Our large deck and banquet room can handle any size golf outing. For a TEE TIME or to book your next special golf event contact the Florissant Golf Club at 314-741-7444 or visit www.florissantgolfclub.com.

Our very own 600 seat Gary Gaydos Florissant Civic Center Theater has season tickets available for purchase. Please see the Theater section of this magazine to view the schedule this season. Get season tickets by visiting the FCC Theater box office or call 314-921-5678.

As your Mayor, I intend to continue to focus on Economic Development in Florissant by working with commercial developers, real estate brokers, and community stakeholders throughout our city and the greater North County area, in an effort to stimulate economic activity to benefit our businesses and residents for 2020 and beyond.

I look forward to seeing you at the Valley of Flowers Festival and other wonderful outdoor events that our city has planned this year.

Mayor Tim Lowery
Florissant Wins State Grant

Mayor Timothy J. Lowery and the Florissant Landmark Historic District Commission (LHDC) are proud to announce that the City will host the “Struggle for Statehood Traveling Exhibit” from September 16 through October 27. The exhibit will be displayed at the James J. Eagan (JJE) Center and can be viewed by the public during regular business hours. The exhibit explores the many facets of “The Missouri Crisis” on both a national and local level. Learn about the history of Missouri leading up to its battle for admission and how that history shaped the future state.

In conjunction with the exhibit, the LHDC will host two learning opportunities:

1. On October 4th beginning after 5 PM in the JJE Theatre, attendees will learn more about Florissant’s unique struggles for statehood with scheduled guest speakers about this time in history and the efforts of diverse ethnic groups as our area grappled with statehood.
2. A “Florissant Preservation Tradeshow” will occur on October 20th at 5 PM in the JJE Center Gymnasium. Residents interested in proper remodeling will be presented with resources and various aspects of historic preservation to apply to a home or business property.

The exhibit was developed by the Missouri Humanities Council in consultation with the Kinder Institute on Constitutional Democracy and is supported by The Bicentennial Alliance. Companion programming has been made possible in part from funding provided by the National Endowment for the Humanities with coordination by the State Historic Preservation Office and the efforts of LHDC and City of Florissant.

The Florissant City Council meets the first and second Monday of the month at 7:30P in the council chambers at Florissant City Hall (955 rue St. Francois, Florissant, MO 63031)

Upcoming City Events

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<th>Event</th>
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<tr>
<td>Electronic Recycle Event</td>
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<tr>
<td>Food Truck &quot;Knight&quot;</td>
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<td>Document Shredding Event</td>
<td>4/18</td>
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<td>Wednesday Night Out</td>
<td>5/27</td>
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<td>Flag Day &amp; Retirement Ceremony</td>
<td>6/13</td>
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<tr>
<td>Food Truck &quot;Knight&quot;</td>
<td>6/19</td>
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<tr>
<td>Wednesday Night Out</td>
<td>6/24</td>
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<tr>
<td>Fiesta in Florissant</td>
<td>6/27-6/28</td>
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<td>July Fourth Celebration</td>
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<tr>
<td>Wednesday Night Out</td>
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<tr>
<td>Food Truck &quot;Knight&quot;</td>
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<tr>
<td>Wednesday Night Out</td>
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<tr>
<td>Food Truck &quot;Knight&quot;</td>
<td>10/9</td>
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<tr>
<td>Wednesday Night Out</td>
<td>9/30</td>
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</tbody>
</table>

City Council

Jeff Caputa
Council President
Ward 4
314-239-1568
ward4@florissantmo.com

Keith Schildroth
Council Vice President
Ward 5
314-839-2927
ward5@florissantmo.com

Andrew Harris
Ward 1
314-246-9150
ward1@florissantmo.com

Paul Manganelli
Ward 2
314-606-6578
ward2@florissantmo.com

Joseph Eagan
Ward 3
314-395-6838
ward3@florissantmo.com

Gerard Henke
Ward 6
314-831-1180
ward6@florissantmo.com

Jackie Bond Pagano
Ward 7
314-837-1315
ward7@florissantmo.com

Robert Parson Jr.
Ward 8
314-422-2050
ward8@florissantmo.com

Tommy Siam
Ward 9
314-757-2594
ward9@florissantmo.com

Please note the election for even numbered wards APR 7. Council seats may change. Check www.florissantmo.com after this date for updated City Council information.
Residents are Gifted Accessibility
Two longtime Florissant residents are now able to come and go with ease thanks to their new accessibility ramp built by the Florissant Elks Lodge #2316. This was made possible through the labor donated by the Elk’s Lodge members and material funding by the City of Florissant Community Development Project IMPACT Program. Special Thanks to Tony Dalske, Ray Geggere, Chris Fields and Sonny Sohn for their time, skills, and resolve to help fellow community members.

Pictured: Mayor Tim Lowery delivering the check to fund the ramp to builder, and Elk’s Lodge member, Tony Dalske.

Florissant Home Improvement Program
The City of Florissant’s Community Development Office will have applications available April 1st for the 2020 Home Improvement Program. Applications can be found by visiting www.florissantmo.com under the Community Development Department tab or in the Community Development Office located in the Government Building at 1055 rue St. Francois.

COMPLETED applications will be accepted Friday, May 1 on a “First-Come-First Serve” basis until all funds have been awarded.

The Home Improvement Program offers forgivable loans to income eligible Florissant homeowners. Applicants must be Florissant homeowners and they must have owned and occupied the house for at least two years prior to application. Homeowners accepted into the program must remain in their home five years.

A seminar explaining the 2020 Home Improvement Program will be held on Wednesday, April 8 at 6:30pm in the Council Chambers of City Hall. For additional information contact the Community Development Office at 314-839-7680.

Beautiful Home Awards
Sponsored by City of Florissant Citizen Participation Committee
The City of Florissant is conducting its Beautiful Home Award Program again this year. The program was established to recognize homeowners who take pride in the appearance of their home and community.

In order to be eligible for the contest a home must be an owner-occupied single-family dwelling. Residents may nominate either their own home or other homes in the city. The judging criterion includes, but is not limited to, landscaping, attractive exterior, overall curb appeal, and maintenance of the property.

One winner will be chosen from each of the city’s nine wards. The winners will receive recognition from the City Council, including a certificate of appreciation and a Beautiful Home yard sign. Previous winners must wait three (3) years before consideration for another award.

Nominations must be submitted with a current photo and may be mailed or hand delivered to the Community Development Office in the Government Building at 1055 St. Francois or sent via email to jspoerry@florissantmo.com. All nominations must be received no later than noon Friday, May 22.
Classes are held at the Florissant Municipal Court Building, 4575 Washington, Florissant, MO 63033. Fee for AARP members is $20 and for non-members is $25. **PRE-REGISTRATION IS REQUIRED.**

Class options are 5/12, 7/14, 9/8 or 11/10. Class meets 9:00A - 1:00P.

Fee for AARP members is $20 and for non-members is $25.

Classes are held at the Florissant Municipal Court Building, 4575 Washington, Florissant, MO 63033.

**Neighborhood Watch Program**

This program encourages citizens to take an active role in keeping their neighborhoods safe by reporting suspicious activity, practicing effective personal safety techniques to reduce the risk of becoming a victim of a crime, watching out for each other in their neighborhood and staying in touch with fellow neighbors to encourage keeping your neighborhoods safe and free from crime. Chief Fagan says, “Our residents are our eyes and ears in the neighborhoods, and this is a very important program that relies on help from our residents.”

Those who volunteer to become a block captain will be trained on how to conduct a neighborhood watch meeting, pass along important safety information, discuss issues in the neighborhoods and keep their group members up to date on crime in their neighborhoods. You can also register for the Florissant Neighborhood Watch Program by picking up a form at the Florissant Police Station or by visiting our website and filling out the registration form online. If you’re interested in finding out more about the Neighborhood Watch Program or considering becoming a Block Captain contact Officer Steve Michael at (314) 830-6042 or visit our website at [www.florissantmo.com](http://www.florissantmo.com)/police.

The Police Department would like to take this opportunity to encourage our residents to keep their homes well lighted at night long to help illuminate our streets and deter criminal activity in our neighborhoods. New LED bulb technology allows this to be done at a minimal cost in electricity to our residents. Please join this effort to increase safety in our community.

**Police Warning**

The Florissant Police Department is warning residents to be wary of thieves who are targeting unattended vehicles warming up during frigid temperatures. There have been a number of vehicles stolen in Florissant during the cold mornings. The Florissant Police Department says an increased number of vehicles are left unattended at convenience stores or warming up in driveways each year when the temperatures get cold. “This is a crime of opportunity and absolutely preventable,” said Chief Tim Fagan. If you need to warm up your vehicle experts recommend doing it with a remote starter device that allows you to keep your vehicle locked. Leaving your vehicle running unattended on the street is a violation of the Florissant Municipal Code.

**2020 AARP “Driver Safety Program”**

The Florissant Police Department will be hosting four AARP “Driver Safety Program” classes this year. The AARP “Driver Safety Program” is a 4-hour classroom refresher that can help you learn the effects of aging on driving and how you can adjust one’s driving habits to remain safe on the road. This program is sponsored and presented by AARP and targets drivers 50 years of age and older. AARP provides a certified instructor to teach the program. Many insurance companies offer reduced insurance rates for those who successfully complete the course. Check with your insurance company to see if you qualify. To register contact Officer Steve Michael at the Florissant Police Department’s Public Information Unit at (314) 830-6042. Seating is limited so drivers are encouraged to register early to reserve a spot in the class. Class options are listed below. **PRE-REGISTRATION IS REQUIRED.**

**Home Safety Tips For While You Are On Vacation**

The Florissant Police Department wishes to pass along information to keep your home secure while you are away on vacation.

**Do not talk about it!** Be cautious about who you tell about your trip. Only speak to trusted neighbors so you do not advertise that your house will be empty for an extended period of time. Refrain from sharing that you are not home on social media. You never know who is seeing your posts and will give away that your home is empty.

**Use timers!** Hook up timers to lights, TVs, and radios, and adjust the timers to your normal routine to help hide that no one is home.

**Lock up!** Before leaving, make sure all of your doors, windows, garages, and sheds are secured.

**Remember your mail!** It is a good idea to request the post office to hold your mail while you are on vacation. This can be done either through their website, or you can fill out a form at your local post office. Another option is to ask a trusted neighbor to collect your mail and newspapers while you are away.

**Remember your answering machine and email!** Don’t tip anyone off that you will not be home by creating a new outgoing message for your answering machine saying that you are on vacation. Also, be cautious on what you put in automatic reply email messages.

**Lock away your valuables!** Keep valuables and important documents in a fire safe box or a safe deposit box. It is always a good idea to record the serial and model numbers of your valuables so you can accurately report them missing if needed.

**Park a car in the driveway!** Give your home an appearance that someone is living there by asking a trusted neighbor to park his or her car in your driveway while you are away.

**Outdoor lighting!** Consider motion sensing lights on the outside of your house. Criminals typically do not want to be seen, so if a light comes on as they are walking around your house, it may prevent you from becoming a victim.

**Make notifications!** If you have an alarm system, make sure that they know how to get ahold of you while you are away.

**Complete a Vacation Check Form!** The Florissant Police Department offers a free program to its residents where we check your house daily while you are on vacation. You can complete this form on our website at [www.florissantmo.com](http://www.florissantmo.com)/police or you can fill out a form at the Florissant Police Department.

The Florissant Police Department wishes all of the residents of Florissant a safe and happy summer! For any questions, call Officer Steve Michael, the police department’s Community and Media Relations Officer, at 314-830-6042 or smichael@florissantmo.com.
The City of Florissant Senior Citizen Department offers programs, events, and services for Senior Citizens in this community. Please call the Senior Office at 314-839-7605 if you have any questions on the Senior Citizen events and programs listed on these senior pages.

Senior Citizen Department Staff

Peggy Hogan, Senior Citizen Coordinator 314-839-7604
Carol Henke, Senior Office Clerk 314-839-7605
Carole Webb, Senior Office Support Staff 314-839-7662
Debbie Rupp, Senior Office Support Staff 314-839-7603
Kathy Biondo, Senior Office Support Staff 314-839-7603

Senior Citizen Lunch Program

Join us for lunch at the Florissant Senior Center. Our Senior Center operates in Florissant’s original City Hall Building at 621 rue St. Francois. Lunch is served every Friday for $7 for residents and $8 for non-residents. Meals are catered by our very own local restaurants – Cannoli’s, Amore’s, City Diner – just to name a few. Call the Dining Center to make a reservation at least 24 hours in advance. Bus service is available if you are a Florissant Resident. We play Bingo each day after lunch along with these special activities throughout the month:

First Friday of the month:
We play Special Bingo with a chance to win a $10 gift card.

Second Friday of the month:
We celebrate the Diner of the Month

Third Friday of the month:
We celebrate birthdays with cake and ice cream

Fourth Friday of the month:
We play Rob Your Neighbor before lunch

Come gather with other senior citizens and enjoy our Florissant Community!
For more information or reservations, call the Dining Center at 314-839-7603.

Health and Wellness Day at the Senior Center
Tuesday, May 12  11:00A - 1:00P  FREE!
Florissant Senior Center

SSM will sponsor this day at the Senior Center with “Taking Care of Your Health at Home.” Learn the difference between the many kinds of Home Health Care. SSM will provide a free lunch after the program.

This is a free event but you must have reservations by calling 314-839-7605 beginning Monday, APR 20.

Get Fit for Free with Silver Sneakers and Renew Active.

Silver Sneakers and Renew Active are both fitness membership reimbursement plans offered through various health insurance providers. Both of the Florissant Parks and Recreation Community Centers participate in these programs to offer eligible individuals a Facility Membership free of charge. Visit www.silversneakers.com or www.myrenewactive.com or call your health insurance provider to check eligibility. Memberships can be processed at the JJE Center or JFK Center in Florissant and are valid at both locations. Classes, outdoor pool, and ice rink are not included. Call 314-921-4466 or 314-921-4250 for information.

The Mayor’s Town Hall Meeting for Senior Citizens
Thursday, September 10  9:00A - 12:00P  FREE!
James J. Eagan Center

Featuring Mayor Timothy Lowery! Have breakfast with Mayor Lowery. All City Department Heads will be present at this event to answer any questions or address your concerns. Senior Citizen focused organizations will also be present to give out valuable information. A full breakfast will be provided by the outstanding retirement community in Florissant – Garden Plaza of Florissant

This is a FREE event for Florissant Residents only, but you must call the Senior Office, 314-839-7605, starting on Monday, AUG 17 to make reservations for the breakfast.

2020 Aging My Way Senior Resource Fair
Tuesday, April 14  9:00A - 12:00P
James J. Eagan Center

Gather information on housing, veteran benefits, health and wellness, Medicare, insurance, elder law, caregivers, and much more! The goal of this fair is to provide information and resources to senior citizens who are aging in place in their homes and senior citizens who are considering senior living options such as retirement communities, assisted living, and long-term care facilities.

This Community Resource Fair, Aging My Way, is free to the public and will include more than 70 vendors, all with valuable information. There will be give-a-ways at the booths, attendance prizes, and free donuts and coffee. The 2020 Aging My Way Resource Fair is presented by the City of Florissant Senior Office, Memory Care Home Solutions, St. Catherine Retirement Community, and Mercy Home Health and Hospice. The event will be held on Tuesday, APR 14 at the James J. Eagan Center from 9:00A – 12:00P.

The Resource Fair is open to the public, residents, and non-residents. No reservation or ticket is required.

For more information or reservations, call the Florissant Senior Office at 314-839-7605.
St. Louis Oasis Classes & Special Programs

The City of Florissant has partnered with Oasis to offer Oasis classes at the Florissant Senior Center at 621 rue St. Francois. Listed below are the upcoming programs/classes.

**Exerstart**
This is a low intensity exercise class designed to improve balance, flexibility, strength, and mobility for adults 50+ at any fitness level. ExerStart focuses on moves specifically designed to keep people living independently and doing the things they enjoy. This program shows improvements in functional fitness and independence among participants. Preregistration is required and spaces are limited.

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<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>Price</th>
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<tbody>
<tr>
<td>M/W</td>
<td>5/11 - 8/26</td>
<td>9:30 - 10:15A</td>
<td>Senior Center</td>
<td>$31</td>
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**Tai Chi for Arthritis & Fall Prevention**
Developed by Paul Lam, and endorsed by the Centers for Disease Control and Prevention as “one of the most effective exercises to prevent falls, improve health, and quality of life, this class can help lower risk for falling. The program incorporates a series of gentle, pain-free movements and is evidenced based; it has been proven by medical studies to improve the health of older adult participants. Pre-registration is required and spaces are limited.

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<td>M/W</td>
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<tr>
<td>M/W</td>
<td>7/6 - 8/26</td>
<td>11:00A - 12:00PM</td>
<td>Senior Center</td>
<td>$31</td>
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**Matter of Balance**
Almost half of older adults worry about falling. Learn the factors that can lead to a fall and practical tips for staying on your feet. Stretches and light movements for improved flexibility and range of motion are introduced. This is a discussion-based program, and participants receive a workbook to keep. *Class is free, but preregistration is required and spaces are limited.

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<tr>
<td>TU</td>
<td>6/2 - 7/21</td>
<td>10:00A - 12:00P</td>
<td>Senior Center</td>
<td>FREE*</td>
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For all programs above you must register with Oasis at 314-862-4859 ext. 24.

**Fiorissant Day Trip: Village of the Blue Rose**
Join us for a scenic ride to Clarksville, MO where we’ll enjoy a panoramic view of the river as we dine at the beautiful Village of the Blue Rose Restaurant and shop in their quaint shops. Listen to the fascinating story of how the Village began - A Village whose mission is to provide a nurturing residential environment as well as challenging employment opportunities for adults with special needs. Find out how our Fiorissant Village of the Blue Rose Shop on rue St. Francois began!

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<thead>
<tr>
<th>Day Date</th>
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<th>Ticket Sales Begin*</th>
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<tr>
<td>TH</td>
<td>8:30A - 3:00P</td>
<td>5/14</td>
<td>$31/$33</td>
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*Tickets include transportation, tour, and lunch. This is a Silver Words Trip. Tickets go on sale to Silver Words Club Members only at the Silver Words Meeting on Thursday, MAY 14. If there are tickets remaining, tickets will be sold to residents and non-residents starting Friday, MAY 15 in the Senior Center.

**Fiorissant Day Trip: Gateway Arch Lunch Cruise**
See the Gateway Arch from a different point of view as you relive the days when steamboats ruled the river. Discover the Mighty Mississippi’s important role in America’s past narrated by the Captain or a National Park Service Ranger. Take in the views of the city while enjoying a leisurely cruise and a chef-prepared buffet while listening to the sounds of a Dixieland Duo.

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<tr>
<td>W</td>
<td>10:00A - 3:00P</td>
<td>5/18</td>
<td>$46/$48</td>
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*Tickets include transportation, river cruise, and lunch. Ticket sales begin Monday, MAY 18 for residents only. Starting Tuesday, MAY 19, if there are tickets remaining, tickets will be sold to residents and nonresidents.

**Fiorissant Day Trip: St. Louis Aquarium and Hodak’s**
Check out the Union Station Revival at the most unique indoor attraction in St. Louis – The St. Louis Aquarium! See the freshwater river and the shallow waters of a salt marsh, then move into the deep dark abyss of the ocean. We’ll then enjoy a fantastic lunch at the famous Hodak’s Restaurant.

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<tr>
<td>TU</td>
<td>9:00A - 3:30P</td>
<td>7/6</td>
<td>$50/$52</td>
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*Tickets include transportation, visit to St. Louis Aquarium and lunch at Hodak’s. Tickets go on sale in the Senior Center on Monday, JUL 6 for residents only. If there are tickets remaining, tickets will be sold to residents and non-residents on JUL 7.

**Kick the Achesness of Arthritis**
Arthritis is one of the most common diagnoses, encompassing at least 200,000 new cases a year. This course is designed to help you learn the best ways to manage arthritis with exercise. A trained physical therapist will direct you through minimal load exercises and activities to maximize your function and minimize your pain. This course will be directed towards the lower body. Class is free, but preregistration is required and spaces are limited.

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<td>M</td>
<td>5/4</td>
<td>1:00 - 3:00P</td>
<td>Senior Center</td>
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**The Life and Times of Henry Shaw - Costumed Program**
**Barney Barnes, St. Louis Historian**
On May 4th, 1819 Henry Shaw first stepped foot on the Landing in St. Louis. Hear the fascinating story of Henry Shaw, major businessman, entrepreneur, and botanist in St. Louis. Preregistration is required and spaces are limited.

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<td>1:00 - 2:30P</td>
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**Understanding Hoarding**
Debbie Kricensky, Resource Coordinator
A person with a hoarding disorder experiences distress at the thought of disposing of items, often resulting in excessive accumulation that can create cramped, possibly dangerous, living conditions. Learn about the psychology of hoarding, signs of hoarding and how to address it. Preregistration is required and spaces are limited.

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<td>1:00 - 3:00P</td>
<td>Senior Center</td>
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**Fighting Fatigue**
**Debbie Gentry,PT**
Low energy can impact your life physically, emotionally and socially. Learn about the causes of fatigue, its impact on function and how to fight it. Also, determine your level of fatigue with our self-screening. Preregistration is required and spaces are limited.

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For all programs above you must register with Oasis at 314-862-4859 ext. 24.

**Fiorissant Day Trip: The Festival of the Little Hills in St. Charles**
The Festival of the Little Hills celebrates the rich history of St. Charles and showcases more than 300 arts and crafts vendors, craft demonstrations, and antique dealers. This trip requires a lot of walking.

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<td>F</td>
<td>8/21</td>
<td>3:30 - 9:00P</td>
<td>7/9</td>
</tr>
</tbody>
</table>

*Tickets include transportation only. This is a Silver Words Trip: Tickets go on sale to Silver Words Members only at the Silver Words Club Meeting on Thursday, JUL 9. If there are tickets remaining, tickets will be sold to residents and nonresidents on Friday, JUL 10 in the Senior Center.

**Fiorissant Day Trip: Tour of Hermann**
Tucked away in the Missouri River Valley, Hermann is a picture-book village where 19th Century brick buildings hug the sidewalk as they do in Germany. Learn about the history and story of the people who lived and worked in Hermann with a narrated tour. Enjoy a fantastic lunch at the Hermann Wurst Haus where sausage and bratwurst are handcrafted in-house by three-time Hall of Fame Wurstmeister Mike Sloan.

<table>
<thead>
<tr>
<th>Day Date</th>
<th>Time</th>
<th>Ticket Sales Begin*</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>TU</td>
<td>8:15A - 4:00P</td>
<td>7/27</td>
<td>$48/$50</td>
</tr>
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</table>

*Tickets include transportation, tour of Hermann and lunch at Hermann Wurst Haus. Tickets go on sale in the Senior Center on Monday, JUL 27 to residents only. If there are tickets remaining, tickets will be sold to residents and nonresidents on JUL 28.

For more information pertaining to Fiorissant Day Trups, please call the Senior Office at 314-839-7605.
Dogs and Doozles!
Cool off in the Dog Days of summer! Come and enjoy snuggles and wet kisses from our four-legged furry friends. The Humane Society will teach us how to interact safely with animals and how to approach dogs and read their body language. Then enjoy ice cream from Doozles! This will take place at the Senior Center, located at 621 rue St. Francois.

Day Date Time Ticket Sales Begin* R/NR
TH 6/18 1:00P Tuesday, MAY 26 $2/$3

*Ticket sales begin for residents only on Tuesday, MAY 26 in the Senior Center. If there are tickets remaining, tickets will be sold to residents and non-residents on MAY 27.

TEAM Food Pantry Community Day at the Senior Center
Let’s help make a child’s summer a little more fun by making snack bags for TEAM Food Pantry! Please bring individually packed snacks. Suggested items include: granola bars, individual chip packs or cookie packs, oranges, apples, snack packs of cereal, snack packs of raisins, fruit cups, fruit snacks, individual wrapped cheese, crackers or Rice Krispy treats, juice boxes, and snack packs of muffins or donuts. The Senior Office will provide the bags and we’ll all participate in filling them with our snacks. Many hands make light work!

After making the bags, for those that are interested, we’ll play BINGO for TEAM for $1 a card with all proceeds going to TEAM. Light Refreshments will be served. Come and make a difference!

Day Date Time Ticket Sales Begin* Location R/NR
TH 5/7 2:00 - 4:00P Senior Center Free*

*No tickets or reservations required. Just come to the Dining Center with your snack and money for Bingo (if interested)

Memorial Day Party and Bingo
We will honor those who served. We’ll begin our day with A Presenting the Colors Ceremony from our Florissant Police Department. The 399th Army Woodwind Quintet will perform a patriotic program. Lunch will be served, Bingo will be played, and chances for a Pot of Gold & Gift Baskets will be sold. Join your neighbors and friends as we honor those who served. This will take place at the James J. Eagan Center, located at 1 James J. Eagan Dr.

Day Date Time Ticket Sales Begin* Location R/NR
TH 5/21 10:00A - 2:00P Monday, APR 27 $12/$15

*Ticket sales will begin on Monday, APR 27 for Florissant Residents. If there are tickets remaining, on Monday, MAY 11, tickets will be sold to residents and nonresidents in the Senior Center at 621 Rue St. Francois

Summertime Dance With Scott and Karl!
Dance the night away or enjoy the fantastic performance of entertainers Scott and Karl at this Summertime Dance. Great hors d’oeuvres will be served, beer, wine, and soda will be available for purchase and a wonderful time will be had by all! This will take place at the James J. Eagan Center, located at 1 James J. Eagan Dr.

Day Date Time Ticket Sales Begin* Location R/NR
F 6/26 6:00 - 9:00P Monday, JUN 1 $12/$15

*Ticket sales begin for residents and nonresidents on Monday, JUN 1 in the Senior Center at 621 Rue St. Francois.

Movie & a Hot Dog!
We’ll watch the 1952 Tony Award-Winner Musical, The King and I. Enjoy hot dogs for lunch and of course popcorn with the movie! This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.

Day Date Time Ticket Sales Begin* Location R/NR
TH 7/30 12:00 - 3:00P Monday, JUL 6 $2/$3

*Tickets include lunch, movie and popcorn. Tickets will be sold to residents only in the Senior Center starting on Monday, JUL 6. If there are tickets remaining tickets will be sold to residents and non-residents on Tuesday, JUL 7.

20th & FINAL SENIOR CITIZEN
NORTH COUNTY GALA
Friday, August 14th 7:00 - 10:00P
City of St. Ann Community Center
Tickets $15/person
Ticket sales begin JUL 13 in the Florissant Senior Center

The Cities of Florissant, St. Ann, Hazelwood, Bridgeton and Maryland Heights plan this wonderful dress-up event for North County Senior Citizens – THE NORTH COUNTY GALA. The outstanding 18-piece Sentimental Journey Band will perform, fantastic attendance prizes will be given away, delicious hors d’oeuvres will be served, and dance angels will be available. This will be the final and BEST North County Gala ever!

For more information pertaining to these programs please call the Senior Office at 314-839-7605.
### Valley of Flowers Festival
#### MAY 1 - 3, 2020

### Events At A Glance

<table>
<thead>
<tr>
<th>Day</th>
<th>Event Details</th>
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</thead>
<tbody>
<tr>
<td><strong>Thur</strong> 4/30</td>
<td>5:00 - 9:00P Carnival Rides, Games, Food Duchesne Home Association Fairgrounds Gates close 8:00P</td>
</tr>
<tr>
<td><strong>Fri</strong> 5/1</td>
<td>4:00 - 10:00P Carnival Rides, Games, Food Duchesne Home Association Fairgrounds 4:00P Hazardwood East VS Hazardwood Central Varsity Baseball Koch Park Field #1 Kids World (See Special Entertainment Schedule) James J. Eagan Grounds Gate close 9:00P</td>
</tr>
<tr>
<td><strong>Sat</strong> 5/2</td>
<td>11:00A - 8:00P Carnival Rides, Games, Food Duchesne Home Association Fairgrounds 8:00A - 3:00P Old Town Partners Car Show Rue St. Francois from St. Pierre to Lafayette 10:00A - 3:00P Cougot Log Cabin Tours Tower Court Park (Washington and New Florissant) 9:30A Start Pickleball Tournament (Pre Registration Required) James J. Eagan Center Gymnasium 11:00A - 1:00P Touch A Truck Parker Rd by James J. Eagan Center Time Varies Dance Studio Showcase James J. Eagan Grounds Stage 9:00A - 6:00P Kids World (See Special Entertainment Schedule) James J. Eagan Grounds 9:00A - 6:00P Gardeners of Florissant Plant Sale James J. Eagan Ice Rink Pavilion 9:00A - 6:00P Craft and Vendor Fair James J. Eagan Ice Rink Pavilion 9:00A - 6:00P Food Vendor Rows James J. Eagan Center Grounds 9:00A - 6:00P Pretty Baby Photo Contest James J. Eagan Ice Rink Pavilion</td>
</tr>
<tr>
<td><strong>Sun</strong> 5/3</td>
<td>11:00A - 8:00P Carnival Rides, Games, Food Duchesne Home Association Fairgrounds 1:15P Grand Parade Departs from James J. Eagan Center</td>
</tr>
</tbody>
</table>

### Children’s Celebration of Performing Arts

#### Special Entertainment
**James J. Eagan Center Grounds**

**Friday, May 1st**
- 4:00P Zoppe Family Circus With Nino the Clown
- 4:30P Babaloo Music and Fun
- 7:00P Zoppe Family Circus With Nino the Clown

**Saturday, May 2nd**
- 12:00P Dr. Gravity
- 1:30P Babaloo Music and Fun
- 2:00P Zoppe Family Circus With Nino the Clown
- 2:30P Kincaid Karacter Puppets
- 3:30P Babaloo Music and Fun
- 3:30P Kincaid Karacter Puppets
- 4:30P Dr. Gravity
- 5:00P Zoppe Family Circus With Nino the Clown

Please note shows are subject to change.

Visit www.florissantvalleyofflowers.com or the “Florissant Valley of Flowers” Facebook Page for details and more information on all of the activities taking place throughout the weekend. Some details are also provided on the following pages.
ALL EVENTS POSTPONED UNTIL FURTHER NOTICE

The Festival

**Thursday, April 30**

*Family Bargain Knight*
Fairgrounds open to families only.
All rides only one ticket!
Festival open 5:00-9:00P
Entry gates close at 8:00P

**Friday, May 1**

*Discount Ride Knight*
All rides are one ticket off.
Festival open 4:00-10:00P
Entry gates close at 9:00P

**Saturday, May 2**

*Early Bird Special*
All rides are one ticket off from 11:00A-2:00P
Festival open 11:00A-8:00P
Entry gates close at 6:00P

**Sunday, May 3**

*The Grand Parade*

2020 Theme “Saint Louis Zoo”
Parade Marshall Dr. Jeffrey P. Bonner
Featuring more than 100 floats!
Parade will take off from the
James J. Eagan Center at 1:45P and end at the
Duchesne Home Association Fairgrounds
Awards for floats and Pretty Baby Contest will be announced, followed by Queen and her Court at 4:00P. More information can be found on the event website.

The fairgrounds feature carnival rides, games, beverages, and traditional festival foods including the Knight’s famous barbecue. Focused on families having fun together, rides will be available for younger children, for older children and adults, with the Grand Ferris Wheel for everyone.

For more information on Festival events, visit www.florissantvalleyofflowers.com.
James J. Eagan Center Activities

Food Vendor Rows
James J. Eagan Center Grounds
Friday, May 1: 12:00 - 9:00P
Saturday, May 2: 9:00A - 6:00P
Multiple food vendors from all areas will be lined up on the James J. Eagan grounds. Enjoy the culinary treats including: old-fashioned, American-style, barbecue meats, and side dishes; kettle corn; funnel cakes, chicken strips; nachos; ice cream; and foods of many nationalities and various cultures. Various beverages will also be available.

Kids World
James J. Eagan Center Grounds
Friday, May 1: 12:00 - 9:00P
Saturday, May 2: 9:00A - 6:00P
Kid’s World will feature many activities to stimulate young minds and bodies. Children will enjoy the opportunity to “Make their own Crafts,” participate in the many ongoing activities or just enjoy a day in the park. The Children’s Celebration of Performing Arts will feature several free children’s entertainment shows (see page 9 for details). There will also be inflatable rides, face painting, balloon animals, and pony rides for a small fee. Eddie the K-9 Community Service dog will be in attendance.

Craft and Vendor Fair
James J. Eagan Center Ice Rink Pavilion
Friday, May 1: 12:00 - 9:00P
Saturday, May 2: 9:00A - 6:00P
At this ever-popular event multiple local crafters and vendors will have a wide variety of products, the perfect gifts for any occasion. Returning favorites include: jewelry, one-of-a-kind gift baskets, gourmet food mixes, unique accessories, and garden ornaments. To reserve a booth, call the Valley of Flowers office at (314) 837-0033 or apply online at www.florissantvalleyofflowers.com.

Touch A Truck
Parker Road outside James J. Eagan Center
Saturday, May 2: 11:00A - 1:00P
Put your imagination in gear and go! This is your opportunity to get behind the wheel of some of your favorite big trucks. Featured that day will be police and fire vehicles, a school bus, construction vehicles, and more including Eddie the K9! Children can climb, take photos, and explore the vehicles on display. See page 18 for more information.

Other Activities

Old Town Partners Car Show
St. Francois (From St. Pierre to Lafayette)
Saturday, May 2: 8:00A - 3:00P
Florissant Old Town Partners will host the ever-popular and spectacular Car Show which is set against the backdrop of the historic business district of Old Town Florissant along rue St. Francois. The open-class show will feature about 150 cars. Only cars in the show will be allowed admittance before 8:00A until shortly after the end of the show at 3:00P. Enjoy the cars and take time to visit the retail shops in Old Town. There is plenty of parking available on the side streets with a short walk to the fun. Registration for cars is $20.00. Trophies will be awarded at 3:00P. Call the office at 314-537-0033 or 314-537-3425 for pre-registration and information.

Cougot Log Cabin Tours
Tower Court Park
Saturday, May 2: 10:00A - 3:00P
Historic Florissant Inc. will open the Cougot Log Cabin for visitors for a suggested donation of $3 or more. The log cabin is located in Tower Court Park at Florissant Road and Washington Street.

Old St. Ferdinand Shrine
During Valley of Flowers Festivities
The Old St. Ferdinand Shrine will be open throughout the weekend for tours. The gift shop and book store at the Shrine will also remain open for the public.

Walk in the “Volksmarch”
Location varies, see details below
Saturday, May 2: Registration 9:00 - 11:00A
The St. Louis Stuttgart Volksmarch Club will sponsor the free “People’s Walk” which is a non-competitive, recreational, family-time stroll through interesting and scenic areas. The walk will be held Saturday with registration from 9:00A to 11:00A in the gazebo on the path behind Old Town Partners and Valley of Flowers house at 601 rue St. Charles. The “Peoples Walk” will begin on the path adjacent to the gazebo and will continue through the friendly streets of Old Town Florissant. Along the way, many of the activities of the Festival will be highlighted as well as some of the historic homes located throughout Old Town Florissant.

Dance Studio Showcase
James J. Eagan Center Gymnasium
Saturday, May 2: Time Varies
Enjoy performances from various dance studios, who will be able to conduct a 45 minute performance at the James J. Eagan Center Gymnasium. Watch for performance details on the event website and Facebook page closer to the event.

Pickleball Tournament
James J. Eagan Center Gymnasium
Saturday, May 2: 9:30A Start
Mixed draw doubles format. Players must register prior to the event and may do so beginning March 16 at either the Eagan Center or the JFK Center. The fee is $20 per person. You may contact Evan Stoll at 314-839-7669 x 2094 with questions.

Pretty Baby Photo Contest
James J. Eagan Center Ice Rink Pavilion
Friday, May 1: 12:00 - 8:00P
Saturday, May 2: 9:00A - 6:00P
The contest is for children two years old or younger. View all the wonderful photos of the children and cast your vote to help decide the winner. Entries are judged in two categories: “Personality” – as depicted in the photo and “Popularity” – demonstrated by donations from the public who vote at the booth. The winners will receive an award and gift basket at the awards ceremony on May 3 preceding the crowning of the Queen and the Court at the Duchesne Home Association Fairgrounds. The Valley of Flowers Festival Committee sponsors this contest and the proceeds are used for the Valley of Flowers Children’s area. For information on how to enter the contest visit the event website or call 314-837-0033.
MPRA is the only statewide association for municipal recreation employees in Missouri.

Kim Hedgpeth, Superintendent of Recreation, was recently elected to serve a two year term on the Board of Directors.

Parks & Recreation Mission
To achieve our goal of inspiring community, creating memories, and fostering relationships, we will provide affordable, quality recreation programs and facilities for all to enjoy. It is our desire to empower you to be the best version of yourself.

Insurance Statement
The Florissant Parks and Recreation Department does not provide insurance coverage for injuries suffered while participating in our programs or while using parks or facilities. Any cost related to such injuries should be presented to your personal hospitalization carrier.

Photos and Videos
Photographs taken during programs and activities sponsored by the Florissant Parks and Recreation Department are the property of the City of Florissant and may be reproduced without consent of the participants. If you do not want yourself or your child photographed/filmed, please notify the Parks and Recreation Administration Office in writing prior to the program starting.

Accommodation Policy
The Florissant Parks and Recreation Department welcomes people of all abilities to use any of our programs, facilities, or services. We will make every effort to incorporate your individual needs. If special accommodations are needed to participate in a program, please call our office at 314-839-7670 at least 48 hours in advance of the start of the program.

Payment and Returned Checks
Full payment is required at the time of registration, unless otherwise noted. A $20 charge will be applied for all returned checks.

Walk-In: Visit JJE Center or JFK Community Center to pay by cash, check, Visa, MasterCard, American Express, or Discover card.

Phone: Call 314-921-4466 or 314-921-4250 to pay by Visa, MasterCard, American Express, or Discover card.

Online: Visit www.florissantparks.com to pay by Visa, MasterCard, American Express, or Discover card. You will need to call to have your account enabled before registering online for the first time.

To Obtain or Renew a Florissant Resident Card
Everyone in the household, including all children receiving a card, must be listed on the occupancy permit. This will be looked up in our system by recreation staff. Paper copies of the occupancy permit will be accepted for 60 days from the date of original issue only. In addition, residents who rent their home must bring a photo ID and proof of residency. Residents who own their home and are listed on the occupancy as the owner and occupant only need to bring a photo ID. See below for proof of residency requirements:

17 YRS and Under
Must be accompanied by a parent or legal guardian as proof of residency.

21+ YRS
Utility bill showing service address that matches resident address. Electronic copies will be accepted. Must be dated within 30 days of current date.

Paycheck stub (mailed or electronic stub), mailed bank statement, monthly business statement (cell phone, credit card, etc.). Must be dated within 30 days of current date.

Resident Card Fees
- Youth (4-17YRS) $3
- Adult (18-59YRS) $4
- Senior (60+YRS) $3

All resident/nonresident cards are the property of the City of Florissant and must be shown or surrendered to city employees upon request. For safety and security of our staff and guests, cards will be kept at the desk during usage of the facility and returned upon departure.

Golden Age Pass (GAP)
Florissant residents ages 60 and older are qualified to receive a senior resident card or Golden Age Pass (GAP). The resident receives discounted rates on most programs and fees. It also allows them a special discount at various local businesses. For more information contact the Senior Office at 314-839-7605.

Florissant Business Owners
The owner of any business located within the city limits, along with immediate family members living in their household, shall be deemed a resident and therefore eligible to receive a resident card. This applies to the individual listed on the business license only.

To obtain a resident card as a business owner in the city, you must visit the JJE Center or JFK Community Center with a photo ID. You will only be issued a card upon verification of your business ownership and current business license through the Finance Department. This verification can only be done M - F 8:00A - 5:00P. It may take up to two business days to verify.

Resident/nonresident cards can be made up to 30 minutes prior to facility closure at either JJE or JFK Community Centers. See page 13 for facility hours.

Frisco Parks and Recreation Employee, Kim Hedgpeth, Receives State Association Board Member Appointment.

Kim Hedgpeth, Superintendent of Recreation, was recently elected to serve a two year term as Board Member at Large for the Missouri Park and Recreation Association (MPRA). MPRA is the only statewide association for municipal recreation employees in Missouri.

The association works to ensure the growth and improve the quality and accessibility of urban and rural parks, open spaces and recreational lands, facilities, and programs for all Missourians. It promotes research and information dissemination on park, conservation, recreation, and leisure issues. MPRA is governed by a Board of Directors elected by the general membership. The association maintains a headquarters office with a full-time staff in Jefferson City. MPRA is an affiliate member of the National Recreation and Park Association. Ms. Hedgpeth will have the opportunity to represent the City of Florissant and all of St. Louis through her new seat as Board Member.
**James J. Eagan Community Center (JJE)**
Front Desk: 314-921-4466
#1 James J. Eagan Dr., Florissant, MO 63033

**Parks & Recreation Office at JJE**
314-839-7670
M-F 8:00A - 5:00P
SA 8:00A - 12:00P (Except holiday weekends)

**John F. Kennedy Community Center (JFK)**
314-921-4250
315 Howdershell Rd. Florissant MO 63031

**Parks & Recreation Office at JFK**
314-921-4250
M-F 8:00A - 5:00P
SA JFK Office Closed, Call/visit JJE Office to book all locations.

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**Refund Policy**
Registrants canceling before a class begins will receive a full refund minus a $5 processing charge. Participants canceling after a class begins will receive no more than a 50% refund. No refund will be given after the session is 1/2 complete or for classes that require less than a $5 registration fee. No refund will be given on pool or facility membership, summer day camp (after June 1st), or pavilion rentals. All refund requests must be made at least 24 hours before the start of any program class. All refunds may take up to 14 business days to process.

**Register Early for Programs**
All programs must meet minimum enrollment in order to be offered. If there are not enough registrants, a course must be canceled. Minimum enrollment must be met at least one week in advance of the start date of the class. Florissant Parks and Recreation reserves the right to cancel, postpone, combine classes or change instructors as needed. If a class is canceled due to lack of enrollment, registered participants will be notified of their option to receive resident rates. Children ages 0-3YRS may enter and use our facilities free of charge. All children ages 0-3YRS may enter and use our facilities free of charge.

**Gymnasium Hours**
Gymnasium hours vary. Please call 314-266-7335 and select extension 1 for JJE Center gymnasium and extension 2 for JFK Center gymnasium. You may also download the free app, Rainout Line, to see gymnasium hours. Hours are updated daily.

**Gymnasium Capacity Policy**
Once the gymnasium has hit capacity, we will use a one in, one out rule to keep the gymnasium at capacity. Those wishing to enter will need to sign a wait list and will be given access in the order they arrive as others leave.

**Full Court Basketball**
In order to maximize the space in our gymnasium and serve as many guests as possible, full court play will only be allowed during the final hour of building operation on M/W/SU. Outside these times, only half court games will be allowed.

**Racquetball Court**
Come enjoy our racquetball court located at the JFK Community Center! Reservations can be made one week in advance by residents or day of for nonresidents. Individuals ages 13 and older may use the court. Individuals ages 12 and under may use the court with adult supervision (adult ages 18 and older). Call 314-921-4250 for court availability or reservations.

**Use of the Racquetball Court is included in a Facility Membership or the Daily Facility Fee.**

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**Annual Passes**

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<tr>
<th></th>
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<tr>
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<td>Nonresident 1 yr / 6mo</td>
<td>Resident</td>
</tr>
<tr>
<td>Youth 4-17</td>
<td>$65 / $40</td>
<td>$230 / $125</td>
<td>$60</td>
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<tr>
<td>Adult 18-59</td>
<td>$85 / $50</td>
<td>$280 / $150</td>
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<tr>
<td>Senior 60+</td>
<td>$65 / $40</td>
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<td>$60</td>
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<tr>
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<td>$130 / $75</td>
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**Daily Visits**

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<td>$3**</td>
<td>$6</td>
</tr>
<tr>
<td>Adult 18-59</td>
<td>$5**</td>
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</tr>
<tr>
<td>Senior 60+</td>
<td>$3**</td>
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All children ages 0-3YRS may enter and use our facilities free of charge. A valid resident card must be present upon entry to receive resident rates.

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**Family**

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</table>

**Residents with a valid resident card may use the gymnasium and game room free of charge. A valid resident card must be present upon entry to receive resident rates.**

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**All children ages 0-3YRS may enter and use our facilities free of charge.**

---

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Gymnasium hours vary. Please call 314-266-7335 and select extension 1 for JJE Center gymnasium and extension 2 for JFK Center gymnasium. You may also download the free app, Rainout Line, to see gymnasium hours. Hours are updated daily.

**Gymnasium Capacity Policy**
Once the gymnasium has hit capacity, we will use a one in, one out rule to keep the gymnasium at capacity. Those wishing to enter will need to sign a wait list and will be given access in the order they arrive as others leave.

---

**Full Court Basketball**
In order to maximize the space in our gymnasium and serve as many guests as possible, full court play will only be allowed during the final hour of building operation on M/W/SU. Outside these times, only half court games will be allowed.

---

**Racquetball Court**
Come enjoy our racquetball court located at the JFK Community Center! Reservations can be made one week in advance by residents or day of for nonresidents. Individuals ages 13 and older may use the court. Individuals ages 12 and under may use the court with adult supervision (adult ages 18 and older). Call 314-921-4250 for court availability or reservations.

**Use of the Racquetball Court is included in a Facility Membership or the Daily Facility Fee.**

---

**JJE Center 314-921-4466  JFK Center 314-921-4250  Rainout Line / Gym Hours 314-266-7335 www.florissantmo.com**
Facility Rentals

JJE Center Rental Facilities

<table>
<thead>
<tr>
<th>Room</th>
<th>Capacity</th>
<th>Time</th>
<th>Rate</th>
<th>Extra Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gymnasium</td>
<td>499</td>
<td>7 hours</td>
<td>$600</td>
<td>$80/hour</td>
</tr>
<tr>
<td>Arts &amp; Crafts Room A OR B</td>
<td>75</td>
<td>5 hours</td>
<td>$175</td>
<td>$35/hour</td>
</tr>
<tr>
<td>Arts &amp; Crafts Room A AND B</td>
<td>150</td>
<td>5 hours</td>
<td>$300</td>
<td>$60/hour</td>
</tr>
<tr>
<td>Small Meeting Room</td>
<td>30</td>
<td>5 hours</td>
<td>$85</td>
<td>$15/hour</td>
</tr>
</tbody>
</table>

JJE Center Party Packages

<table>
<thead>
<tr>
<th>Room</th>
<th>Time</th>
<th>Rate</th>
<th>Extra Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Meeting Room + 15 swim passes</td>
<td>5 hours in room</td>
<td>$110</td>
<td>$15/hour</td>
</tr>
</tbody>
</table>

For one low fee, we will provide a small party room and admission to a public swimming session at the JJE Center. Packages are only for children 15 and under. Party packages will be given passes to attend the public swim sessions. The room can be booked at any time during building hours, but attendees may only use the pool during public swim times. Pool packages include 15 pool passes. Party packages are for individuals ages 15 and under. Party packages will carry an additional $100 refundable damage deposit due at the time of booking.

Call 314-839-7670 for availability and information regarding the JJE Center rental facilities, including all pool party packages.

JFK Center Rental Facilities

<table>
<thead>
<tr>
<th>Room</th>
<th>Capacity</th>
<th>Time</th>
<th>Rate</th>
<th>Extra Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gymnasium</td>
<td>400</td>
<td>7 hours</td>
<td>$600</td>
<td>$80/hour</td>
</tr>
<tr>
<td>Arts &amp; Crafts Room</td>
<td>80</td>
<td>5 hours</td>
<td>$175</td>
<td>$35/hour</td>
</tr>
<tr>
<td>Small Meeting Room</td>
<td>40</td>
<td>5 hours</td>
<td>$85</td>
<td>$15/hour</td>
</tr>
</tbody>
</table>

All rooms will carry a $100 refundable damage deposit due at the time of booking. Gymnasium rentals will carry a refundable $300 damage deposit due at the time of booking. Deposit refunds are processed 7-14 days after the rental.

Nature Lodge at Sunset Park

<table>
<thead>
<tr>
<th>Room</th>
<th>Capacity</th>
<th>Time</th>
<th>Rate</th>
<th>Extra Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Top Floor Only</td>
<td>56</td>
<td>4 hours</td>
<td>$225</td>
<td>$50/hour</td>
</tr>
<tr>
<td>Bottom Floor Only</td>
<td>56</td>
<td>4 hours</td>
<td>$175</td>
<td>$50/hour</td>
</tr>
<tr>
<td>Entire Building</td>
<td>112</td>
<td>5 hours</td>
<td>$350</td>
<td>$50/hour</td>
</tr>
</tbody>
</table>

The Nature Lodge will carry a $200 refundable damage deposit due at the time of booking.

The Nature Lodge is available for viewing by appointment only. Appointments can be made by going to https://www.picktime.com/Naturelodge.

Call 314-921-4250 for availability and information regarding the JFK Center or Nature Lodge rental facilities.

Park Pavilion Reservation

Florissant residents may reserve a pavilion at our parks for our season ending OCT 31. An updated resident card will be required. See page 13 for information on obtaining/updating your Florissant resident card. A resident may call or come to either community center to make a reservation during office hours (see page 13). Ball field use with a pavilion requires a separate permit. Any special requests such as bounce houses and pony-rides must be made at the time the reservation is made. NO DJs ALLOWED. All pavilion fees are non-refundable. A minimum of one week notice is required on all pavilion rentals. For information on which parks have pavilions and their additional amenities at each park, please see the chart on page 15. Call 314-839-7670 or 314-921-4250 for information on renting a pavilion.

St. Ferdinand #1 (Veach) F-SU and HOLIDAYS: $75/DAY
All other pavilions F-SU and HOLIDAYS: $60/DAY
St. Ferdinand #1 (Veach) M-TH: $55/DAY
All other pavilions M-TH: $40/DAY

Facility Rental Information and Policies

- All rental applications must be 21 years of age or older.
- A refundable damage deposit is required to make a reservation. Deposit must be paid in order to hold a room. This can now be paid over the phone. Please see above for specific deposit amounts that apply to each room. This is processed 7-14 days after the event.
- A one week notice is REQUIRED for all room rentals. Thirty day notice is REQUIRED for any gymnasium and Nature Lodge rentals.
- All rental fees must be paid 30 days before the rental date. Failure to pay the rental balance will result in room cancellation.
- Cancellations MUST be submitted in writing 30 days prior to event and will result in a $10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rental fee along with a $10 cancellation fee.
- Music is only allowed under certain conditions. Please ask a staff member for more information. No live bands.
- DJs or amplified music will not be allowed at any of the park pavilions under any circumstance.
- Pavilion rental does not guarantee field use or include entry into any facilities such as Bangert Pool. A separate fee applies for these activities.
- Renter must check in and out with a staff member and remain on premises during rental. They are also responsible for guest conduct.
- At the Nature Lodge, nothing may be attached to the walls or ceiling in any way. Table decorations are welcome and must be removed at the conclusion of the rental.
- Birthday parties for ages 16-29 are prohibited. Parties for ages 13-15 will only be allowed if they are booked as a pool/ice rink party package.
# Florissant Parks

<table>
<thead>
<tr>
<th>Park Name</th>
<th>Address</th>
<th>Facilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bangert Park</td>
<td>275 S. New Florissant</td>
<td>Outdoor Pickleball</td>
</tr>
<tr>
<td>Behlmann Park</td>
<td>925 Loekes Dr</td>
<td>Restrooms</td>
</tr>
<tr>
<td>Blackfoot Park</td>
<td>1001 Manresa</td>
<td>Pavilions</td>
</tr>
<tr>
<td>Blanche’s Spring Park</td>
<td>110 Aubuchon St</td>
<td>Gazebos</td>
</tr>
<tr>
<td>Champlain-Florval</td>
<td>1570 Queens Dr</td>
<td>Playground</td>
</tr>
<tr>
<td>Coldwater Commons</td>
<td>20 St. Denis St</td>
<td>Ball Fields</td>
</tr>
<tr>
<td>Davison Park</td>
<td>St. Pierre &amp; St. Catherine</td>
<td>Soccer Fields</td>
</tr>
<tr>
<td>Duchesne Park</td>
<td>5 Brower Ln</td>
<td>Dog Park (Membership Required)</td>
</tr>
<tr>
<td>Dunegant Park</td>
<td>1930 Derhake Ln</td>
<td>Tennis Court</td>
</tr>
<tr>
<td>Florissant Golf Club</td>
<td>50 Country Club Ln</td>
<td>Sand Volleyball</td>
</tr>
<tr>
<td>Florissant Valley Park</td>
<td>900 Waterford Dr</td>
<td>Handball Court</td>
</tr>
<tr>
<td>Koch Park</td>
<td>315 Howdershell Rd</td>
<td>Disc Golf</td>
</tr>
<tr>
<td>Little Woods Park</td>
<td>1100 Parker Rd</td>
<td>Horseshoe Pits</td>
</tr>
<tr>
<td>Loretto Manor</td>
<td>1605 Patterson Rd</td>
<td>Golf Course</td>
</tr>
<tr>
<td>Manion Park</td>
<td>15 Manion Park Dr</td>
<td>Archery Range</td>
</tr>
<tr>
<td>Mullanphy Park</td>
<td>2497 Mullanphy Ln</td>
<td>BBQ Pits</td>
</tr>
<tr>
<td>Spanish Land Grant</td>
<td>100 St. Ferdinand Park Dr</td>
<td>Lake</td>
</tr>
<tr>
<td>St. Ferdinand Park</td>
<td>25 St. Ferdinand Park Dr</td>
<td>Trails</td>
</tr>
<tr>
<td>Sunset Park</td>
<td>2300 Sunset Park Dr</td>
<td>Aquatic Center</td>
</tr>
<tr>
<td>Tower Court Park</td>
<td>1065 Washington</td>
<td>Splash Pad</td>
</tr>
</tbody>
</table>
Dog Park at Duchesne Park

Are you looking for a way for your pup to play and make friends? Join the Florissant Dog Park located at Duchesne Park. This is a fenced in area where dogs can be off-leash. Only dogs registered with the Florissant Dog Park are permitted to use this area. To register, you must bring current vaccination records showing Rabies and DHLPP. The permit is good through the end of the calendar year. You will receive a tag showing your registration.

Fee  R $5 per dog  NR $10 per dog
Location: Duchesne Park (5 Brower Ln, Florissant, MO 63031)
Park Hours: 8:00A - 11:00P Daily

Living Memorial Tree Program

Honor your loved one with a living memorial through our Memorial Tree Program. To participate in the Living Memorial Program, the donor selects a tree from a predetermined list of trees and pays the City the cost of that tree. At the donor’s request, the tree will be planted in one of the city’s beautiful parks. As acknowledgment of the donation, an engraved brass plate will be installed in the Living Memorial Display located at the lower level of the James J. Eagan Center. The donor will receive a certificate suitable for framing. Contact Sarah Skaggs at sskaggs@florissantmo.com or 314-921-4250 for more information or to request your memorial tree.

Koch Park Splash Pad

The brand new Koch Park Splash Pad opened for a brief time in SEPT 2019. The splash pad is located inside Koch Park at 315 Howdershell Rd. This Summer, it will be open for it’s first full season! The opening and closing dates will be weather dependent. Look for an opening date between mid-April to early-May and a closing date near the end of September. For official opening and closing announcements, please visit our Facebook page (Florissant Parks and Recreation) or the city’s website (www.florissantmo.com). The splash pad is free and open to all daily from 8:00AM - dusk when it’s season has begun.

We ask that all guests using the splash pad follow the posted rules, listed below.

NO LIFEGUARD OR SUPERVISOR ON DUTY; USE AT YOUR OWN RISK

Children of all ages must be accompanied AND supervised by an adult at all times
Children requiring diapers must wear swim diapers at all times
Swim suits or trunks are recommended
Water shoes or sandals are recommended; no street shoes or cleats
Drinking the water is prohibited
NO bathing; area for recreational purposes only
NO tobacco (smoke, chew and/or vapor) products within 25 feet of splash pad
NO alcohol and/or drugs
NO food or drinks (within the fenced Splash Pad area)
NO glass containers or breakable objects
NO pets or animals of any kind with the exception of service dogs
NO climbing, hanging, swinging or pulling on equipment, walls, or fence
NO running; surface can be slippery when wet
NO bullying, fighting, roughhousing, or foul language
NO skateboards, roller blades, skates, bicycles, or scooters

NO throwing landscaping rocks
Not responsible for lost or stolen items
Individuals with health conditions, such as diarrhea, nausea, open sores, wounds, infections (skin, eye, ear, or respiratory) or not permitted within the fenced area
Evacuate area during thunder and/or lightning; play can resume after 30 continuous minutes without thunder and/or lightning
Trash, dirt, grass, mulch, etc. will clog the system and cause closure so keep the area clean
Please place all trash in trash cans provided
Area may be closed at any time due to weather, maintenance, or other operational concerns

Check the Florissant Parks and Recreation Facebook page for opening and closing date announcements!
**Bangert Pool**

Opens May 23rd!
314-839-7673

**Hours of Operation**

<table>
<thead>
<tr>
<th>Regular Hours Through 8/23*</th>
<th>School Hours 8/24 - 9/7</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Open Close Open Close</strong></td>
<td><strong>Open Close</strong></td>
</tr>
<tr>
<td>M-F 12:30P 7:30P Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>SA/SU 11:30A 7:30P 11:30A</td>
<td>7:30P</td>
</tr>
<tr>
<td>Holidays 12:30P 5:00P</td>
<td>12:30P 5:00P</td>
</tr>
</tbody>
</table>

*Open May 23, 24, 25, May 30-Aug. 23, Aug. 29-30, Sep. 5-7
Bangert will close at 4p for swim meets. Dates TBD.
Bangert will close at 5P for a special event on 7/10.

Please note: The pool hours are subject to change due to local school schedules, inclement weather, and other unforeseen circumstances. If area district schools are in session, Bangert Pool will not be open on days school meets.

**Daily Visits**

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Nonresident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth 4-17</td>
<td>$4</td>
<td>$8</td>
</tr>
<tr>
<td>Adult 18-59</td>
<td>$5</td>
<td>$10</td>
</tr>
<tr>
<td>Senior 60+</td>
<td>$4</td>
<td>$8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Residence</th>
<th>Nonresident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth 4-17</td>
<td>$60</td>
<td>$140</td>
</tr>
<tr>
<td>Adult 18-59</td>
<td>$85</td>
<td>$200</td>
</tr>
<tr>
<td>Senior 60+</td>
<td>$60</td>
<td>$140</td>
</tr>
<tr>
<td>Family**</td>
<td>$120</td>
<td>$275</td>
</tr>
</tbody>
</table>

All guests 3 and under enter for free.

**Youth Swimming Lessons at Bangert Pool**

Children in this program will learn swimming skills based on their current abilities. They will be placed into groups with others at the same skill level, and taught the skills needed to progress from there. Lessons are for youth ages 5-15YRS. Registration opens MAY 1 for residents and MAY 15 for nonresidents.

<table>
<thead>
<tr>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>M/W I</td>
<td>6/1-6/24</td>
<td>10:10-10:45A $48/$52</td>
<td></td>
</tr>
<tr>
<td>M/W I</td>
<td>6/1-6/24</td>
<td>10:50-11:25A $48/$52</td>
<td></td>
</tr>
<tr>
<td>M/W II</td>
<td>7/6-7/29</td>
<td>10:10-10:45A $48/$52</td>
<td></td>
</tr>
<tr>
<td>M/W II</td>
<td>7/6-7/29</td>
<td>10:50-11:25A $48/$52</td>
<td></td>
</tr>
</tbody>
</table>

**Outdoor Splash N Play Ages 0-6YRS and 60+YRS**

Parents and their young children and seniors can enjoy their own special time at Bangert before the pool opens to the public. This is a great time to enjoy the facility with younger children in a more relaxing and less crowded environment. Not all features are open during this time. Older siblings may join as long as a member within the 0-6 age range is in attendance. Pay special program admission listed below or present an active outdoor pool pass to take advantage of this time. Guests may stay for public swim at no additional charge.

*Please note: on Fridays the program will be joined by home school days where home school groups may visit the facility as well, but it will remain closed to the general public.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Date(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>W/F*</td>
<td>6/3-8/19</td>
<td>11:30A-12:30P</td>
</tr>
</tbody>
</table>

0-3YRS: FREE Youth 4-17 & Seniors 60+: $3 Adult 18+: $4

**Swim times are during public session and concession times are as follows:**

Saturdays or Sundays 1:00 – 2:30P or 3:00 – 4:30P

Package Fee R $175 NR $225

Additional $50 security deposit required.

---

**Splish Splash Summer Bash**

Splish Splash Summer Bash is an annual summer pool party for 5th - 8th graders that is sure to make a splash! Participants will enjoy pizza, soda, games, DJ music, prizes, and swimming. Tickets go on sale to Florissant Residents with a valid resident card on JUN 15 and to nonresidents on JUN 22.

Tickets will be $6 for residents and $8 for nonresidents

Ticket required and must be purchased in advance. 5th-8th graders only.

**Have your next party at the pool!**

Enjoy a birthday party at Bangert Pool! Party packages include pool admission, hot dog, chips, and soda for 20 party goers as well as reserved seating in a special area at the pool during a specified time for your party. Pool packages only guarantee 20 spaces. All others will be first come, first serve and pay the regular price for admission and food. Cake, plates, napkins, and utensils are not provided. No glitter or confetti may be used. Refrigeration for desserts will not be provided; however, coolers are allowed for birthday party packages to store cake or desserts only. Coolers will be searched upon entering the facility. Birthday party packages must be reserved at least two weeks in advance and are subject to availability. The renter listed on the rental contract MUST be present in the facility for the duration of the rental. Minimum ratios will apply for adult supervision of children eight and under. Specific information will be given upon request or reservation. All guests entering the water must be in proper swim attire. Birthday parties are scheduled during public swim sessions. Contact the Parks & Recreation Office for more Information at 314-839-7670.

Swim times are during public session and concession times are as follows:

Saturdays or Sundays 1:00 – 2:30P or 3:00 – 4:30P

Package Fee R $175 NR $225

Additional $50 security deposit required.
FLORISSANT PARKS & RECREATION’S ANNUAL

GARAGE SALE

Saturday, April 25     9:00A - 12:00P
JJE Ice Rink Pavilion

Haul the clutter from your attic and treasures from your garage for our annual garage sale at the JJE Center in Florissant. The sale will be held in the Ice Rink pavilion. Sellers will receive a table and space to display their items for hundreds of shoppers. Items for sale must be typical garage sale type items and the selling of craft items will not be approved. Application and seller payment must be returned to either community center by APR 17.

Fee to sell is R $20 NR $25
Fee to attend and shop is free!

Sellers are currently being accepted. An application must be submitted with the space fee paid in full. Register at either Community Center.

TOUCH A TRUCK

Put your imagination in gear and go! This is your chance to get behind the wheel of some of your favorite big trucks. Event features police and fire vehicles, a school bus, construction vehicles, and more! Children can climb, take photos, and explore the vehicles on display. This well loved, annual event is now a part of the Valley of Flowers festivities at the JJE Center. Vehicles will be parked along Parker Road (road will be closed during this time). This is a free activity that is open to the public. Additional activities taking place as a part of the Valley of Flowers Festival can be found pages 9-11.

SATURDAY, MAY 2ND     11:00A - 1:00P
JJE CENTER (PARKER RD)
Florissant Parks and Recreation

Did you Know? Campaign.
The benefits of having vibrant Parks and Recreation services in the community are endless. Increasing economic activity, alleviating social issues, ensuring environmental sustainability, fostering community development and addressing health and wellness are all pivotal roles of parks and recreation in the betterment of the community.

Did you Know? that Florissant Parks and Recreation strengthens the community image and sense of place, improves safety and security, fosters human development, increases cultural unity, facilitates community problem solving all while providing exceptional recreational experiences and facilities.

Over the next few months you will see many facts and figures, real life examples, and opportunities to participate in our new Did You Know? Campaign. The Florissant Parks and Recreation Department is a jewel in north county and is excited to show you how they will strive to meet their newly created Mission Statement as follows: “To achieve our goal of inspiring community, creating memories, and fostering relationships, we will provide affordable, quality recreation programs and facilities for all to enjoy. It is our desire to empower you to be the best version of yourself.” Look for new Did You Know? facts each week on Facebook as well as member spotlights and fitness tips. Then in March, participate in a fun weekly contest to locate Did You Know? facts in some of the many parks. You will even have a chance to win gift certificates and other prizes. Florissant Parks and Recreation – the benefits are endless.

Did you Know? Social Media Scavenger Hunt will give you chances to win gift cards and prizes every month!

SNAP
Find “Did You Know?” facts posted throughout various Florissant parks and facilities and take a photo of you with the facts you find.

SHARE
Share your photo on your personal Facebook and/or Instagram page using #flodidyouknow and tag Florissant Parks and Recreation in your post on our social media pages below.

WIN
For every fact you post a photo of and share using the guidelines above, you will be entered into a drawing to win special prizes from the Florissant Parks and Recreation Department! Facts will change and the drawing will reset monthly.

One entry per fact per person. Winner will be drawn at the end of each month. Drawing will reset each month at which time participants may take photos of the new facts and enter the new month’s drawing.
Florissant Parks and Recreation Presents

July 4th
CELEBRATE INDEPENDENCE DAY

Music ★ Food Trucks ★ Fireworks

JAMES J. EAGAN CENTER
SATURDAY, JULY 4TH

FOOD TRUCKS AT 6:00P
NORTHWINDS CONCERT BAND AT 7:30P
FIREWORKS AT 9:15P
Music Under the Stars

Saturdays   St. Ferdinand Park   7:00P Start

All concerts are FREE and open to the public.

Join us for the 2020 Summer Concert Series, presented by the Florissant Parks and Recreation Theatre Department. They will take place at St. Ferdinand Park in the bandstand by the pond. Food trucks will be available and outside coolers/alcohol are allowed. See below for a list of this year's performances.

**July 11th @ Italian Festival**

*Abbey Road Warriors*

A celebration of Beagle’s music.

Please note that this concert will take place on the Knights of Columbus grounds in conjunction with the Italian Festival.

**July 18th**

*Z-Band*

From Classic Rock to Pop to Disco! There is sure to be something for everyone.

**August 1st**

*Power Play Band*

The best in Jazz, Blues, R&B, Motown, Disco, and much more.

**July 25th**

*Butch Wax & The Hollywoods*

One of the hottest shows in town, songs of the 50s, 60s, and 70s, Motown, R & B and Rock ‘N’ Roll.

**August 8th**

*Fanfare ft. Kittie Moller*

Motown, R & B, Pop, Country, and Standards.

**August 15th**

*Rockin Chair*

Performing a great era of music featuring Crosby Stills & Nash, The Eagles, Jackson Browne, Poco, and Loggins and Messina.

**Aug 22nd**

*Billy Peek*

Legendary Rock & Blues guitarist most noted for playing seven years with Rod Stewart.

**Aug 29th**

*Charles Glenn Group*

The voice of St. Louis. The Charles Glenn Group will entertain with rock, R&B, and jazz hits!

Please note: Contract negotiations are underway and performances are subject to change.

JJE Center 314-921-4466    JFK Center 314-921-4250    Rainout Line / Gym Hours 314-266-7335    www.florissantmo.com
100% of the net proceeds will go to CHADS Coalition and the Eastern Missouri Chapter of the American Foundation for Suicide Prevention!

Saturday, September 19
St. Ferdinand Park

- 5:00P Food Vendors, Games, Raffles
- 7:15P Glow Run begins (5K, then 1 Mile)

Pre Race Festivities
- Food Vendors
- Games & Activities for the family
- Raffles, 50/50, Glow Item Sale

Registration
5K or 1 Mile: $25 through AUG 30
$30 after AUG 31
Race day registration available.
Tshirt sizes cannot be guaranteed for registrations after AUG 31.

Register beginning MAY 1 at Florissant Community Centers or:
https://runsignup.com/Race/MO/Florissant/LightTheDarkness
Suicide Prevention Softball Tournament

Saturday, September 12
St. Ferdinand Park

Men’s and Coed Divisions
Ages 18+YRS
$125 per team
Registration Jul 1 until full

100% of net proceeds go to local suicide prevention organization funding local outreach programs and more.
## SUMMER DAY CAMP

### AGES: 6 - 12YRS

<table>
<thead>
<tr>
<th>Daily M - F</th>
<th>June 8 - July 31 (8 Weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>R $300  NR $550</td>
</tr>
</tbody>
</table>

Summer Day Camp is an eight week program that is held at the JJE and JFK Community Centers. You may register your child to attend one of the two sites. This is primarily an outdoor program that may have some time scheduled indoors. Children must be six years old by JUL 31 and cannot turn 13 before JUL 31. Registration is held at both community centers and can now also be done over the phone. Applications will be available at both community centers and online beginning MAR 15. Registration will be held on a space available basis. This year, we will begin accepting a 50% down payment at the time of registration for those who wish to spread out the payments. The camp must be paid in full by MAY 8 for your child to attend. Registrations taken after MAY 8 must be paid in full. Additional children after the first registered child in a family will be a rate of R $225 NR $450 each. Children will enjoy swimming, games, crafts, special activities, and so much more.

Items needed to register are:
1. Registration and Emergency Medical Treatment Forms
2. Current resident card to receive resident rates
3. Children ages 6 and 12 years old must present a birth certificate when registering

Registration open now (began 4/1)  NR 5/15. Deadline to register is JUN 2 (if spaces remain)

### Before and After Care

As an added convenience, we will offer "Before and After Care" for children attending Summer Day Camp. You may register for one or both. Only 50 spots are available for each location, so sign up early. Prices are for all eight weeks. *Children must be registered for the Summer Day Camp program to attend before and/or after care.

<table>
<thead>
<tr>
<th>Before Care</th>
<th>M-F</th>
<th>7:30 - 9:00A</th>
<th>R $80*</th>
<th>NR $100*</th>
</tr>
</thead>
<tbody>
<tr>
<td>After Care</td>
<td>M-F</td>
<td>3:00 - 5:00P</td>
<td>R $120*</td>
<td>NR $135*</td>
</tr>
<tr>
<td>Before and After Care</td>
<td></td>
<td>R $160</td>
<td>NR $190</td>
<td></td>
</tr>
</tbody>
</table>

## POM PON CAMP

### AGES: 8 - 12YRS

<table>
<thead>
<tr>
<th>Daily M - F</th>
<th>July 20 - July 24 at JJE Center</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>R $55  NR $65</td>
</tr>
</tbody>
</table>

Come learn the turns, leaps, kicks, and other precision movements needed to be a valued member of a dance or cheer team. Dancers will learn how to count music, synchronize movements, dance, and perform as a team. Basic cheer skills will be incorporated. Participants should wear form fitted clothing and jazz or tennis shoes. The last hour on Friday will be a performance. All participants will receive a t-shirt.
**Basketball Camp**

Daily M - F  August 3 - August 7 at JJE Center

**AGES: 7 - 14YRS**
10:00A - 12:30P  
**R $55  NR $65**

**AGES: 4 - 6YRS**
8:30A - 10:00A  
**R $80  NR $90**

Dribble, shoot, score! Join us for our exciting youth basketball camp! Your child will learn the fundamentals of dribbling, passing, defensive positioning, shooting, rebounding, team concepts and more in a fun, safe and positive environment. Scrimmages will be played to enable campers to put their newly acquired or refined skills to work immediately. All camps take place at the JJE Center. **Registration for both Basketball Camps begins R 5/18 NR 5/26**

**Mini Hoopers**

Daily M - F  August 3 - August 7 at JJE Center

**Learn To Play Tennis Camp**

Saturdays  
Session I: June 6 - July 18 at Tower Court  
Session II: July 25 - August 29 at Tower Court

**AGES: 6 - 13YRS**
9:00A - 10:30A  
**AGES: 14+YRS**
10:30A - 12:00P  
**R $45  NR $55**

This introductory program will teach your child the fundamentals of tennis while having a blast! Various games and drills will be used to help your child develop skills and coordination. All equipment including balls and racquets will be provided. This Learn To Play program is held at the beautiful Tower Court tennis facility on New Florissant Road next to Fritz’s Frozen Custard. **Registration for both Tennis “Learn to Play” Camps begins R 4/13  NR 4/20.**

**Skills & Drills Football Camp**

Daily M - F  June 1 - June 5 at Koch Park

**AGES: 6 - 10YRS**
8:00A - 10:00A  
**AGES: 11-14YRS**
10:00A - 12:00P  
**By 5/22 $110  After 5/22 $125**

Campers will receive expert instructions from locally known Football U professionals. Football fundamentals, skills, and techniques will be taught while campers engage in one-on-one drills allowing each of them the opportunity to transfer individual skills taught in the camp to game-play experiences. All the key fundamentals needed to become a better football player will be emphasized. This is a non-contact camp (cleats, shoes, and shirt ONLY). Those who register by MAY 22 will pay $110 for the week and those who register after MAY 22 will pay $125 for the week.
**Youth Programs**

**Teddy Bear Sleepover (Ages 2 - 10)**
Do you ever wonder what your Teddy Bear does while you sleep? Leave your fluffy friend with us for the night and maybe you can find out! The staff at JFK Community Center invites your teddy bear (or any stuffed animal) to spend the night with us and have some fun. Please note: only stuffed animals, not the children, will sleepover. Children can enjoy activities at drop off and pick up and will also receive a photo album showing all the fun (and possibly mischief) their lovable friends got into during their overnight stay! Please see the schedule of activities below for more information.

Pre-registration is required to participate in the Teddy Bear Sleepover.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>SA/F</td>
<td>4/24-4/25</td>
<td>F: 6:00-8:00P &amp;</td>
<td>JFK</td>
<td>$10/$12</td>
</tr>
<tr>
<td></td>
<td></td>
<td>SA: 10:00-11:00A</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Friday, APR 24 Stuffed Animal Drop Off**
Drop your stuffed animal off at the JFK Community Center. We will make name tags and a blanket for your furry friend, read them a story and tuck them in with their new blanket. Children will then leave their stuffed animal here for the night.

**Saturday, APR 25 Stuffed Animal Pick Up**
Children will return to the JFK Community Center to pick up their stuffed animals. They will also enjoy a light breakfast and see what their animals were up to all night. Each child will receive a small photo album showing you what your Teddy was up to.

**Youth Hip Hop Dance (Ages 5 - 17)**
Looking for a fun new way to keep your child active this spring? Come join us for our brand new youth Hip-Hop dance class! This high energy class teaches rhythm, coordination, control, and balance through age-appropriate movements set to exciting, upbeat music. Our instructor Shaquirra has been dancing since childhood and teaching recreational Hip Hop dance classes for the past five years. All children are welcome and encouraged to reach their full potential as a dancer. Other styles of dance will be incorporated in the class but Hip Hop is the main focus. Classes are great exercise and fun! All children aged 5-17 are welcome.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>TH</td>
<td>I: 4/16-5/21</td>
<td>6:30-7:30P</td>
<td>JJE</td>
<td>$30/$33</td>
</tr>
<tr>
<td>TH</td>
<td>II: 5/28-7/16</td>
<td>6:30-7:30P</td>
<td>JJE</td>
<td>$40/$44</td>
</tr>
<tr>
<td>TH</td>
<td>III: 7/23-9/3</td>
<td>6:30-7:30P</td>
<td>JJE</td>
<td>$35/$39</td>
</tr>
</tbody>
</table>

**Zumbini (Ages 0 - 4)**
Created by Zumba® and BabyFirst, the Zumbini® program combines music, dance, and educational tools for 45 minutes of can’t-stop, won’t-stop bonding, learning, and fun! Each family participating in the session will receive a free gift so they can enjoy the fun outside of class. Every session brings another story and another lesson so if you sign up for them all, you will get something different every time. The price will be discounted by $20 for each additional child in the same family (household) that participates. Parents or caregivers must participate with their child in this one of a kind bonding experience. Pay just $10 per class to drop in on any individual class date!

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>I: 4/1 - 5/13 No class 4/8</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$75/$75</td>
</tr>
<tr>
<td>W</td>
<td>II: 6/17 - 7/22</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$75/$75</td>
</tr>
<tr>
<td>W</td>
<td>III: 8/19 - 9/30 No class 9/9</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$75/$75</td>
</tr>
</tbody>
</table>

**Wizard Training for Muggles (Ages 6 - 12)**
On this day in 1991, Harry Potter received his letter from Hogwarts: School of Witchcraft and Wizardry. Have you ever dreamed of receiving an acceptance letter of your own? This is your chance! After receiving your acceptance letter, board the Hogwarts Express and learn to wield the wand with special guests, Harry Potter and friends. Do you have what it takes to be a wizard? There will be plenty of time for individual photos with the characters!

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>5/4</td>
<td>6:30 - 7:30P</td>
<td>JFK</td>
<td>$18/$23</td>
</tr>
</tbody>
</table>

**Introduction to Knitting (Ages 10+)**
Have you ever wanted to learn to knit? This class with provide instruction for beginners to learn some basic techniques to knit a scarf. This is a great opportunity for a mother-daughter team to enjoy some bonding time while learning a new skill. Participants must bring their own yarn of choice as well as knitting needles to the class.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>6/8 - 6/29</td>
<td>6:00 - 7:00P</td>
<td>JJE</td>
<td>$15/$18</td>
</tr>
</tbody>
</table>

JJE Center 314-921-4466  JFK Center 314-921-4250  Rainout Line / Gym Hours 314-266-7335  www.florissantmo.com
**NORTHWINDS CONCERT BAND**
Spring Concert
May 2 - 7:30pm
Adults $10  Senior/Students $8

---

**The Hawthorne Players**
75th Anniversary Concert
June 5 - 7:00pm

---

**Agatha Christie's A MURDER IS ANNOUNCED**
Adapted for the stage by LESLIE DARBY

A murder is announced and will take place on Friday, October 19th. If you're not present, you can't be murdered!

Presented by special arrangement with Samuel French, INC.

---

**The Alpha Players**
AMERICA: Strong and True
A concert of songs celebrating what's great about America!

AUG 21 & 22

---

**MS. MISSOURI SENIOR PAGEANT**
JUL 12 - 2:00P

---

**A CHORUS LINE**

**The Hawthorne Players**
JUL 31/AUG 1, 7, 8 - 7:30P  AUG 9 - 2:00P
An award-winning off-Broadway MUSICAL ode to all the unsung heroes of the musical stage.

---

**Disney’s Beauty and the Beast**
August 28, 29, September 4, 5, 11 & 12 7:30 PM
August 30, September 6 & 13 2:00 PM

---

**Northwinds Concert Band**
Spring Concert
May 2 - 7:30pm

---

**The Hawthorne Players**
75th Anniversary Concert
June 5 - 7:00pm

---

**Gordon’s Entertainment Jazz Heaven Series**
**They Paved The Way (Part 3)**
Saturday Sept. 19, 2020
3pm
**JJE Center Indoor Pool Open Swim**

<table>
<thead>
<tr>
<th>Session I registration open R 3/23 NR 3/30</th>
<th>Session II registration opens R 5/4 NR 5/11</th>
</tr>
</thead>
</table>

**JJE Center Indoor Pool Open Swim**

**Regular Hours end 5/22**

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>M/W/F</td>
<td>7:00 - 9:00P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
<tr>
<td>SA</td>
<td>2:30 - 5:30P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
<tr>
<td>SU</td>
<td>4:00 - 6:00P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
</tbody>
</table>

**Summer Hours 5/23-7/19**

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>M/W/F/S/A/SU</td>
<td>2:30 - 4:30P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
<tr>
<td>F</td>
<td>6:00 - 8:00P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
</tbody>
</table>

Indoor Pool is located inside the JJE Center.

**Pool closed 4/12, 5/3, 7/4, 7/20-8/16**, and 9/7

*Pool closed for annual maintenance 7/20 - 8/16.*

Children 12 and under must be accompanied by an adult in the building at all times. All children eight years and younger must be accompanied by a paying adult who enters the water in proper swim attire. No jeans, cut-offs, gym shorts, basketball shorts, t-shirts, or any other clothing not specifically designed for water will be allowed in the pool.

**Resident Family Swimming**

Take the family out for some quality bonding time and a fun-filled evening. Join us in our indoor pool at the JJE for a low fee. Each family member age four and older must show their own current resident card.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Time</th>
<th>Place</th>
<th>R Family*</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>7:00 - 9:00P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
<tr>
<td>SU</td>
<td>2:30 - 4:30P</td>
<td>JJE Pool</td>
<td>$4</td>
</tr>
</tbody>
</table>

*Price includes members living in a single household and listed on the occupancy permit ONLY.*

Non-resident families may attend but regular pricing applies.

Pool capacity is 65 and will be enforced. If capacity is reached, new guests must wait for available space.

**O.A.R.S.**

Older Adult Recreational Swimming is for adults 18 years and older. The pool is sectioned into lap lanes with deep and shallow areas for swimming or exercising.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>M-F</td>
<td>12:30-1:30</td>
<td>JJE Pool</td>
<td>$1.50/$2.50/$1</td>
</tr>
<tr>
<td>M/W/F</td>
<td>12:30-1:30P</td>
<td>JJE Pool</td>
<td>$1.50/$2.50/$1</td>
</tr>
</tbody>
</table>

**Florissant Fish Summer Swim Team (Ages 18 & under)**

Join the Florissant Fish Swim Team for the 2020 summer season! This is a recreational program that involves competitive meets with other North County municipalities. Practice and home meets are held at Bangert Pool. Swimmers can register in the following age groups:

- 8 years and under, 9-10 years, 11-12 years, 13-14 years, 15-18 years

**Day(s) | Session | Time | Place | R/NR**
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>M-F</td>
<td>JUN - JUL</td>
<td>Varies by age group</td>
<td>Bangert</td>
<td>$60/$70*</td>
</tr>
</tbody>
</table>

Registration begins R & 2019 swimmers 4/6 NR 4/13

*Additional children after the first registered child receive a 25% discount.

**JJE Center Indoor Pool Lap Swim**

Are you looking for a great way to get in shape that won't cause impact on your body and joints? Aquatic workouts are a great way to accomplish this! Lap swim times are available at the indoor pool at JJE. The pool will be divided into three large lanes for participants to enjoy end to end swimming. This is not a guided workout but makes the pool available to those who wish to swim laps. The hot tub will be available during this time as well to individuals ages 16+.

**Lap Swim Schedule**

<table>
<thead>
<tr>
<th>Regular Hours end 5/22</th>
<th>Summer Hours 5/23-7/19*</th>
</tr>
</thead>
<tbody>
<tr>
<td>M/W/F</td>
<td>M/W/F/S/A/SU</td>
</tr>
<tr>
<td>7:30 - 10:00A</td>
<td>2:30 - 4:30P</td>
</tr>
<tr>
<td>M/F</td>
<td>F</td>
</tr>
<tr>
<td>5:30 - 7:00P</td>
<td>6:00 - 8:00P</td>
</tr>
<tr>
<td>T/TH</td>
<td>T/TH</td>
</tr>
<tr>
<td>8:15 - 9:00P</td>
<td>4:00 - 5:00P</td>
</tr>
<tr>
<td>SA</td>
<td>F</td>
</tr>
<tr>
<td>6:00 - 7:00P</td>
<td>5:00 - 6:00P</td>
</tr>
<tr>
<td>SU</td>
<td>SA/SU</td>
</tr>
<tr>
<td>4:00 - 6:00P</td>
<td>1:00 - 2:15P</td>
</tr>
</tbody>
</table>

*Pool closed 4/12, 5/3, 7/4, 7/20-8/16*, and 9/7

*Pool closed for annual maintenance 7/20 - 8/16.

**Fee for lap swim:**

- Youth $2 Adult $4 or use a valid Facility Membership (see prices on page 4).

**Preschool Swim Lessons (Ages 3 - 4 YRS)**

Children can expect to gain confidence in and around water and build their independence. Children at this level will still most likely not be learning to swim completely on their own, but they will increase their independence over time. Preschool lessons will lay a foundation and build on basic swimming skills that will be needed to succeed in higher levels of swimming. Children will participate independently of a parent with experienced swim instructors.

**Day(s) | Session | Time | Place | R/NR**
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>M-F</td>
<td>I: 6/3-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/1-7/6</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/1-7/6</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/1-7/6</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/3-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/8</td>
<td>5:30 - 6:00P</td>
<td>JJE Pool</td>
<td>$30/$39</td>
</tr>
</tbody>
</table>

**Youth Swim Lessons (Ages 5 - 15 YRS)**

Does your child want to learn to swim? Children in this program will learn swimming skills based on their current abilities. They will be placed into groups with others at the same skill level, and taught the skills needed to progress from there.

**Day(s) | Session | Time | Place | R/NR**
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>M/F</td>
<td>II: 6/3-7/8</td>
<td>6:05P - 6:50P</td>
<td>JJE Pool</td>
<td>$42/$46</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/18</td>
<td>8:45 - 9:30A</td>
<td>JJE Pool</td>
<td>$36/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/18</td>
<td>9:35 - 10:20A</td>
<td>JJE Pool</td>
<td>$36/$39</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/6-7/18</td>
<td>9:35 - 10:20A</td>
<td>JJE Pool</td>
<td>$36/$39</td>
</tr>
</tbody>
</table>

**Adult Swim Lessons (Ages 16 + YRS)**

This class is for adult swimmers of all abilities. Whether you have little to no experience in the water or you are looking to improve technique and learn new strokes, our instructors can help you work towards your swimming goals!

**Day(s) | Session | Time | Place | R/NR/GAP**
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>SU</td>
<td>I: 4/19-5/24</td>
<td>5:00 - 5:45P</td>
<td>JJE Pool</td>
<td>$36/$39/$27</td>
</tr>
<tr>
<td>M/F</td>
<td>II: 6/1-7/8</td>
<td>6:05P - 6:50P</td>
<td>JJE Pool</td>
<td>$36/$39/$27</td>
</tr>
</tbody>
</table>
Aquacise
Aquacise is a challenging water workout, fit for everyone, especially those with joint ailments or injuries. The class begins with a gentle warm-up in the pool. From there, you’ll ease into the exercises using your own body weight, water resistance dumbbells, and noodles. This cardio and resistance training class will have you splashing your way to improved strength and overall refreshment. No swimming experience? No problem! This class is held in the shallow end of the pool.

Water Works!
Take the plunge and try this low-impact workout that builds muscle strength and boosts your endurance. Each class includes a warm-up, cardio and strength-training exercises, and a cool-down. Expect exercises like water walking, bicep curls, leg lifts, and noodle moves. You won’t be swimming, and these water workouts are done in the shallow end of the pool. The buoyancy of the water is easy on your joints. That makes water aerobics a good choice if you have joint problems, chronic pain, or are recovering from injury. Don’t miss out!

Deep Water Aerobics
As you submerge yourself into the deep end of a pool for a water fitness workout your body becomes nearly weightless, giving you a new kind of workout challenge. While deep water aerobics has a low impact on your joints, it has a high impact on your cardiovascular system, improving your overall health and fitness, and aiding weight loss and maintenance. You may wear a flotation belt for support in the deep water, or rely on your own ability to float as you perform deep water aerobics routines. Swimming ability is recommended as this class is held in the deep end of the pool.

Water Aerobics
Are you looking for a low impact shallow water workout? Our certified instructor uses their own creative style of teaching different movements. Programming can be modified to meet specific needs and goals. That means it’s a great activity for people of different ages and athletic abilities. Not a strong swimmer? Don’t worry, you’ll be able to stand the whole time—the water is typically no more than chest high. So, grab your bathing cap, dip in a toe, and get ready to make a splash with this fun workout!

Aqua Zumba
Aqua Zumba gives new meaning to the idea of an invigorating workout. This class takes place in our indoor pool. Splashing, stretching, twisting, and even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba shallow water class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that’s cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

Florissant receives "Gold International Aquatic Safety Award"
Florissant Parks and Recreation has been awarded the prestigious “Gold International Aquatic Safety Award.” Earning this award demonstrates that the aquatic facilities they operate consistently exceed industry standards in risk management and epimote aquatic safety excellence. International Aquatic Safety Awards are conferred to deserving aquatic facilities by Jeff Ellis & Associates, Inc. - International Aquatic Safety and Risk Management Consultants.

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JOIN OUR TEAM
NOW HIRING
APPLY NOW

The Florissant Parks & Recreation Department is now hiring Lifeguards, Head Lifeguards, Pool Managers, Concession/Admission Managers and Cashiers for the 2020 Summer Season at Bangert Pool. Bangert Pool will open Saturday, MAY 23 and remain open through Monday, SEP 7. For more information about these seasonal positions, including hourly pay rates, age requirements and more, visit www.florissantmo.com and select “Human Resources” under “Departments.” The website will also include a link to apply for all positions. Lifeguards ONLY may be 15 as long as they obtain their Jeff Ellis & Associates Lifeguard License, which can be provided by the city. Contact Lisa Welch, lwelch@florissantmo.com, for more information on lifeguard certification or aquatic employment opportunities.
Health & Fitness

Fitness Center Rules & Policies

Liability release forms are required to be signed and are kept on file. Release forms are available at JJE Center and JFK Community Center. Please note fitness center rules/policies:

Requirements:

18 & older: Liability release form
16-17: Parental liability release form
12-15: Parental liability release form and must be accompanied by the parent or legal guardian during the fitness center visit

- No one under 12 is allowed in the fitness centers at any time.
- Proper exercise attire is required. No blue jeans or slacks, cut-offs, sandals, work boots, or belts. A shirt and rubber soled shoes required at all times.
- Children 11 & under are not permitted. Children 12 - 15 must be accompanied by a parent or approved guardian.
- There is a 30-minute time limit on cardio equipment during crowded conditions.
- Only sealable containers, such as water bottles are permitted for beverages. Food is not permitted.
- Be courteous to the next user by wiping equipment off when done.
- Please be respectful of others when using cell phone and music players.
- Music must be played on personal music devices with headphones. The Fitness Center Attendant may ask guests to lower the volume level at their discretion.

Meet your fitness goals with personal training!

Personal trainers provide each participant with personalized attention and support in order to help them achieve their fitness and wellness goals. They provide quality personal training and motivation through certified fitness trainers. All clients will be provided with a comprehensive fitness assessment to evaluate fitness levels and set realistic goals.

<table>
<thead>
<tr>
<th>Number of Sessions</th>
<th>1</th>
<th>3</th>
<th>6</th>
<th>12</th>
<th>24</th>
</tr>
</thead>
<tbody>
<tr>
<td>Express Training</td>
<td>n/a</td>
<td>$90</td>
<td>$180</td>
<td>$360</td>
<td>$720</td>
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<td>(30 minutes)</td>
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<td>45 Minute Training</td>
<td>$50</td>
<td>$135</td>
<td>$240</td>
<td>$420</td>
<td>$800</td>
</tr>
<tr>
<td>Partner (2 Clients)</td>
<td>Price per person</td>
<td>$35</td>
<td>$90</td>
<td>$180</td>
<td>$360</td>
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<tr>
<td>(45 minutes)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group (4 Clients)</td>
<td>Price per person</td>
<td>$25</td>
<td>$65</td>
<td>$120</td>
<td>$230</td>
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<tr>
<td>(45 minutes)</td>
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<tr>
<td>Fitness Assessment</td>
<td>$65</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

POUND Rockout Workout (Ages 12YRS+)

Become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. POUND is designed for all fitness levels as it can be easily modified to fit any abilities.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>I: 4/13 - 5/18</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$50/$63/$37.50</td>
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<tr>
<td>M</td>
<td>II: 6/1 - 7/13</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$59/$72/$44.25</td>
</tr>
<tr>
<td>M</td>
<td>III: 7/20 - 8/31</td>
<td>5:30 - 6:15P</td>
<td>JFK</td>
<td>$59/$72/$44.25</td>
</tr>
</tbody>
</table>

Mixxed Fit/Zumba Combo (Ages 12YRS+)

Mixxed Fit is a people-inspired dance fitness program that incorporates explosive movements and boot camp toning. Music selections range from Top 40, Pop, R&B, Hip Hop, Rock, and Reggae. Exercise releases endorphins which trigger positive emotions. If you’re stuck on a plateau in your traditional dance fitness class, this might be the answer! Come on in and dance yourself to a better you! Don’t forget that this class is held at our JFK Community Center.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>M/W</td>
<td>I: 4/13-5/20</td>
<td>7:00 - 8:00P</td>
<td>JFK</td>
<td>$39/$45/$29.25</td>
</tr>
<tr>
<td>M/W</td>
<td>II: 5/27-7/15</td>
<td>7:00 - 8:00P</td>
<td>JFK</td>
<td>$49/$56/$36.75</td>
</tr>
<tr>
<td>M/W</td>
<td>III: 7/20-9/2</td>
<td>7:00 - 8:00P</td>
<td>JFK</td>
<td>$46/$53/$34.50</td>
</tr>
</tbody>
</table>

Zumba (Ages 12YRS+)

Zumba continues to be one of the most popular styles of dance workouts and lucky for you, we offer classes at the James J. Eagan Center! Dance your way to a tighter and fitter you. In this popular class, you will increase your level of fitness by dancing to exciting and unique Latin moves and rhythms. Zumba is a fun way to boost your heart health, relieve stress, and even improve coordination! Register early and boogie down a few pant sizes. We hope to see you there!

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Dates</th>
<th>Time</th>
<th>Place</th>
<th>R/NR/GAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>T/TH</td>
<td>II: 5/26-7/16</td>
<td>5:25 - 6:25P</td>
<td>JJE</td>
<td>$56/$64/$42</td>
</tr>
</tbody>
</table>

Get Fit for Free with Silver Sneakers & Renew Active!

Silver Sneakers and Renew Active are both fitness membership reimbursement plans offered through various health insurance providers. Both of the Florissant Parks and Recreation Community Centers participate in these programs to offer eligible individuals a Facility Membership free of charge.

Visit www.silversneakers.com or www.myrenewactive.com or call your health insurance provider to check eligibility.

Memberships can be processed at the JJE Center or JFK Center in Florissant and are valid at both locations. Classes, outdoor pool, and ice rink are not included. Call 314-921-4466 or 314-921-4250 for information.
Yoga (Ages 12YRS+)
Yoga is a complete mind and body connection. It is an ancient art rooted in a harmonizing system of development for the body, mind, and spirit. The practice of yoga has many physical and mental benefits. For example, yoga can increase your flexibility, increase muscle strength and tone, improve energy, and maintain a balanced metabolism. Yoga can also help manage stress which can cause back or neck pain, sleeping problems, headaches and more but with the incorporation of meditation and breathing those issues can begin to decrease. Do not worry if you are a beginner as yoga is for everyone! Come and take that first step onto the mat or “yoganna” regret it!

Day(s) Session Time Place R/NR/GAP
M/W I: 4/13-5/20 9:00 - 10:00P JJE $42/$48/$31.50
M/W II: 5/27-7/15 9:00 - 10:00P JJE $53/$60/$39.75
M/W III: 7/20-9/2 9:00 - 10:00P JJE $49/$56/$36.75
M/W IV: 8/20-10/2 9:00 - 10:00P JJE $55/$62/$41.75

Strength & Cardio (Ages 12YRS+)
Rise and shine early birds! Strength and cardio is our early morning class that combines the cardiovascular benefits of step aerobics with the body toning benefits of strength training. Early morning workouts have many benefits ranging from more energy throughout the day, a better mood, improved sleep, lower blood pressure, less stress, and more! Come on in and start your day off right!

Day(s) Dates Time Place R/NR/GAP
TU/TH I: 4/14 - 5/19 7:05-8:05A JJE $39/$45/$29.25
TU/TH II: 5/26 - 7/16 6:05-7:05A JJE $49/$56/$34.50
TU/TH III: 7/21 - 9/3 6:05-7:05A JJE $46/$53/$34.50

Aikido for Adults (14YRS+)
This Adult Aikido class is held in a traditional format which emphasizes respect and etiquette. Class begins with stretching and warm-ups leading into Aikido exercises (aiki taiso). Students learn to take falls safely in all directions. Practice consists of body techniques (taijutsu) which are practiced with a partner and consist of immobilization and throwing techniques. Aikido also features practice with weapons (bukiwaza). Weapons used are the bo (wooden practice sword), jo (wooden staff), and tanto (dagger).

Day(s) Session Time Place R/NR/GAP
SA I: 4/18 - 5/23 8:45-10:00A JJE $33/$39/$23.25
SA II: 5/30 - 7/18 8:45-10:00A JJE $39/$42/$29.25
SA III: 7/25 - 9/5 8:45-10:00A JJE $39/$42/$29.25

Aikido for Youth (6-13YRS+)
Aikido kids classes focus on developing self-discipline, respect, and cooperation. Through a variety of Aikido games and controlled partner practice, children begin to understand the physical principles of Aikido. We develop the child’s ability to move fluidly, to step out of the line of an attack, and apply self-defense techniques with control and awareness. Conditioning, balance, timing, relaxation, visualization, kinesthetic awareness, and fun are at the core of Aikido. Most of all, Aikido practice facilitates personal growth.

Day(s) Session Time Place R/NR
SA I: 4/18 - 5/23 10:00-11:00A JJE $33/$39/$25
SA II: 5/30 - 7/18 10:00-11:00A JJE $39/$42/$29
SA III: 7/25 - 9/5 10:00-11:00A JJE $39/$42/$29

Aikido Playgroup (3-6YRS+)
In this class, preschoolers learn Aikido concepts as well as develop focus and coordination through fun-filled games and exercises. Physical benefits include strength, flexibility, and coordination. Mental benefits are greater confidence and empathy, practiced through patience, cooperation, and thoughtful communication.

Day(s) Session Time Place R/NR
SA I: 4/18 - 5/23 11:00-11:30A JJE $15/$18
SA II: 5/30 - 7/18 11:00-11:30A JJE $18/$21
SA III: 7/25 - 9/5 11:00-11:30A JJE $18/$21

Interested in teaching a class with us?
Our goal is always to offer a variety of programming that appeals to individuals of all ages and backgrounds. If you have a special skill or certification and would like to propose a new class or program to us please call 314-921-4466 or 314-921-4250 to discuss your proposal with a member of the Florissant Parks and Recreation team.

JJE Center 314-921-4466  JFK Center 314-921-4250  Rainout Line / Gym Hours 314-266-7335  www.florissantmo.com 31
Summer Softball Leagues (18+YRS)

Games canceled due to weather will be rescheduled until the week of JUL 20. Any
given division.

Please note that divisions may be combined if there aren’t enough teams
games beginning as early as 6:30P.

League Division are as follows: A – Intermediate B – Recreational
Please note that divisions may be combined if there aren’t enough teams
registered in any given division.

Registration for the Summer session is open now!

A minimum of 50% of league fee is due at registration (nonrefundable).

Final payments due NO LATER than the third game.

A minimum of 50% of league fee is due at registration (nonrefundable).

Registration is done at either community center or online at:

Final payments due NO LATER than the third game.

A minimum of $100 is due at registration (nonrefundable).

New team registration begins MAY 18.

Returning team registration begins MAY 11.

Leagues are filled on a first come, first served basis.

Registration is done at either community center or online at:

Final payments are due NO LATER than the third game.

A minimum of $100 is due at registration (nonrefundable).

Registration is done at either community center or online at:

All sand volleyball leagues are played at St. Ferdinand Park with games beginning as early as 6:30P.

League Division are as follows: A – Intermediate B – Recreational
Please note that divisions may be combined if there aren’t enough teams registered in any given division.

Registration for the Summer session is open now.

A minimum of $100 is due at registration (nonrefundable).

Final payments are due NO LATER than the third game.

Registration is done at either community center or online at:

Monday - Friday softball leagues are played at St. Ferdinand Park with games beginning as early as 6:30P. Sunday games will begin as early as 5:00P

League Division are as follows: A – Intermediate B – Recreational C – Beginner
Please note that divisions may be combined if there aren’t enough teams registered in any given division.

Registration for the Summer session is open now!

A minimum of 50% of league fee is due at registration (nonrefundable).

Final payments due NO LATER than the third game.

Registration is done at either community center or online at:

Games canceled due to weather will be rescheduled until the week of JUL 20. Any additional rain outs that are unable to be rescheduled will be refunded per game.
Outdoor Kickball League (16YRS+)
Relive your elementary school days in this Adult Outdoor Kickball League beginning in April at St. Ferdinand Park! This is an opportunity for adults to play in an organized and officiated Outdoor Kickball League. Get a group together and be ready to have some old school fun! Teams will be Co-Ed with a minimum of three girls on the field. Participants must register as a team, and pre-registration is required.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>Team Fee</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>M 4/20 (8 weeks)</td>
<td>6:30P*</td>
<td>St. Ferdinand</td>
<td>$250</td>
<td>Open now</td>
<td></td>
</tr>
<tr>
<td>M 7/27 (8 weeks)</td>
<td>6:30P*</td>
<td>St. Ferdinand</td>
<td>$250</td>
<td>5/31</td>
<td></td>
</tr>
</tbody>
</table>

*Games may begin as early as 6:30P with 9:30P being the latest start time. Game times will vary.

Pickleball Open Play
TUES/THURS 9:00A - 12:00P | SUN 10:30A - 12:30P | JJE Center Gymnasium
Drop-in R $2 NR $3 on T/TH and R $1 AND NR $2 on SU.
A limited number of paddles and balls are provided but you are welcome to bring your own equipment. Open to ages 18+YRS.

Occasionally, there may be a program or event in the gymnasium and we must cancel or change the schedule for Open Play Pickleball. Cancellations and schedule changes will be communicated through our Rainout Line. This can be accessed by downloading the free app and searching City of Florissant, calling 314-266-7335 ext 16, or visiting www.rainoutline.com.

Valley of Flowers Pickleball Tournament
SAT, MAY 2 9:30A Start Time | JJE Center Gymnasium
Fee: $20 per player
Join us for our annual Valley of Flowers Pickleball Tournament at the JJE Center Gymnasium. This will be a one day tournament with round robin playoffs. The format will be mixed draw doubles.

Registration is currently open and takes place at the JJE Center or JFK Community Centers. Limited space is available and will be filled on a first come, first served basis.

8th Annual Dunegant Dash Disc Golf Tournament
Saturday, Sept 26
Tournament held at Dunegant Park
Open, advanced, intermediate & recreational divisions
$15 registration fee includes custom stamped Dunegant Park disc
1st place trophies for all divisions. Payout to top 40% of players in each division.
Contact Evan Stoll: 314-921-4250 or estoll@florissantmo.com for information.

8:30A registration/check in
9:00A players meeting
9:30A tournament start
Card shuffle break with final 9 to follow
1st place trophies for all divisions. Payout to top 40% of players in each division.
Contact Evan Stoll: 314-921-4250 or estoll@florissantmo.com for information.

Adult Basketball League (16YRS+)
This Basketball League is open to all skill levels for ages 16 and older. The season will length will vary, with playoffs to follow. See individual session information for league length and pricing. Read our official league rules at www.florissantmo.com or stop by any community center to get a copy. The full schedule, scores and stats, including season career stats will be posted on the city website. Register as part of a team or as a free agent. Teams should have a minimum of seven players. If you’d like to register as a free agent, please contact Missy Wilkes at mwilkes@florissantmo.com.

<table>
<thead>
<tr>
<th>Day(s)</th>
<th>Session</th>
<th>Time</th>
<th>Place</th>
<th>Fee</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>SU 4/5 - 6/28 (10 wks + playoff)</td>
<td>6:30P*</td>
<td>JFK</td>
<td>Team $500</td>
<td>Open now!</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Individual $65</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

No games will be played 4/12 and 5/8 due to holiday and facility closures.

*Games may begin as early as 6:30P. Game times will vary. League schedule will be posted on www.florissantmo.com.

Fall Practice Permit Guidelines
Returning fall permit holders will have the opportunity to obtain the same field (day and time) for the 2020 season. (Exception is if your field will be taken out of rotation for games or maintenance)
Returning fall holders can apply beginning JUN 15. New applicants will be considered beginning JUN 29.
All Fall permits will be in effect from AUG 1 to NOV 30. The deadline to apply for a permit is SEPT 12.
The fee for a Fall permit is a one-time $50 fee.
The permit is good for one practice field two times a week(up to 4 hours).
Practice times for fields with lights will be broken up into 5:00-7:00P and 7:00-9:00P slots.
All applications may be mailed, emailed, faxed, or dropped off at the following locations:

ATTN: Evan Stoll
James J. Eagan Center
315 Howdershell Rd
Florissant, MO 63031

ATTN: Evan Stoll
JFK Community Center
Florissant, MO 63033

Email: estoll@florissantmo.com
Discounted tickets to Six Flags and Silver Dollar City are available at the JJE Center Office. Call 314-839-7670 for information beginning in late April.
Summer Highlights

**April**
- 5: Adult Basketball League Begins
  - JFK Center
  - Page 33
- 13: Spring 2 Class Session Begins
  - Location Varies
  - Page Varies
- 14: Summer Sand Volleyball Begins
  - St. Ferdinand Park
  - Page 32
- 20: Summer Softball & Kickball Begins
  - St. Ferdinand Park
  - Page 32-33
- 24-25: Teddy Bear Sleepover
  - JFK Center
  - Page 26
- 25: Garage Sale
  - JJE Center
  - Page 18

**May**
- 1-3: Valley of Flowers Festival
  - Location Varies
  - Page 9-11
- 2: Touch A Truck
  - JFK Center
  - Page 18
- 2: Pickleball Tournament
  - JFK Center
  - Page 33
- 2: Northwinds Concert Band
  - Civic Center Theater
  - Page 27
- 4: Jedi Knight Training
  - JFK Center
  - Page 26
- 15-16: A Murder is Announced
  - Civic Center Theater
  - Page 27
- 22-24: Bangert Pool Opens
  - Bangert Park
  - Page 17
- 26: Summer I Class Session Begins
  - Location Varies
  - Page Varies

**June**
- 1: Outdoor Swim Lessons Begin
  - Bangert Pool
  - Page 17
- 5: Hawthorne Players
  - 75th Anniversary Concert
  - Civic Center Theater
  - Page 27
- 6: Learn to Play Tennis Begins
  - Tower Court Park
  - Page 25
- 8: Summer Day Camp Begins
  - JFK & JJE Centers
  - Page 24
- 8: Outdoor Splash N Play Begins
  - Bangert Pool
  - Page 17

**July**
- 4: Independence Day Celebration
  - JFK Center
  - Page 20
- 7: Fall Sand Volleyball Begins
  - St. Ferdinand Park
  - Page 32
- 10: Splish Splash Summer Bash
  - Bangert Pool
  - Page 17
- 12: Ms. Missouri Senior Pageant
  - Civic Center Theater
  - Page 27
- 18, 25: Free Summer Concerts
  - St. Ferdinand Park
  - Page 25
- 18: Learn to Play Tennis Begins
  - Tower Court Park
  - Page 25
- 18: Summer II Class Session Begins
  - Location Varies
  - Page Varies
- 20-24: Pom Pon & Basketball Camp
  - JFK Center
  - Page 25
- 24: Wizard Training for Muggles
  - JFK Center
  - Page 26
- 27: Fall Softball & Kickball Begins
  - St. Ferdinand Park
  - Page 32-33
- 31: A Chorus Line
  - Civic Center Theater
  - Page 27

**August**
- 1, 7-9: A Chorus Line
  - Civic Center Theater
  - Page 27
- 1, 8, 15, 22 & 29: Free Summer Concerts
  - St. Ferdinand Park
  - Page 21
- 21-22: AMERICA: Strong and True
  - Civic Center Theater
  - Page 27
- 28-30: Beauty and the Beast
  - Civic Center Theater
  - Page 27

**September**
- 4-5, 11-13: Beauty and the Beast
  - Civic Center Theater
  - Page 27
- 12: Softball Tournament
  - St. Ferdinand Park
  - Page 23
- 19: Glow Run 5K & 1 Mile
  - St. Ferdinand Park
  - Page 22
- 19: Jazz Heaven Series
  - They Paved the Way
  - Civic Center Theater
  - Page 27
- 26: Disc Golf Tournament
  - Dunegant Park
  - Page 33
The City of Florissant has various job opportunities, including seasonal employment opportunities such as lifeguards, concession workers, pool cashiers, and Summer Day Camp counselors.

To view a list of job opportunities and apply online, please visit www.florissantmo.com. Applications and an informational booklet listing positions, age requirements and qualifications for each position are also available at the Human Resources Department located in the Florissant Government Building, 1055 rue St. Francois, Florissant, MO 63031.

Applications will be received until positions are filled. If you have any questions, please do not hesitate to contact the Human Resources Department at 314-595-3640.