

The official newsletter and program guide of the City of Florissant.

Florissant *Spotlight*

Winter-Spring 2020



Includes Florissant Parks & Recreation
Parks and Program Guide!



Spring 2020 will mark the arrival of the 58th celebration of the Valley of Flowers Festival. This Florissant family-oriented event, the North County's "first festival of spring," will feature a variety of attractions, highlighted by the Grand Parade and by the crowning of Florissant's Queen and her Court!

For 57 years festival goers have looked forward to the first weekend in May for the opportunity to gather as a community for this family-oriented Florissant tradition of community friendship and fun. People return to experience their favorite activities, entertainment, and carnival rides. This year the festival committee will host familiar attractions that have pleased audiences for many years. In addition the 2020 festival will introduce some new experiences. The Saint Louis Zoo will be highlighted in the parade and perhaps with some other activities at the James J. Eagan Center. A new event will be a Dance Studio Showcase at the James J. Eagan for dance studios who do not wish to participate in the Grand Parade. Dance Studios will be able to conduct a 45 minute performance. (Dance studios who wish to participate in the parade will only be on floats they provide so that they may perform all during the parade on their float without having to walk the parade route.) There will be a Band Competition during the Grand Parade with the winning band having the chance to receive a cash prize.



On Saturday, May 2, 2020, the Florissant first responders will provide the opportunity to "touch-a-truck" with their emergency equipment on Parker Road. The Knights of Columbus will re-introduce a "sneak-preview" Family Bargain Knight on Thursday, April 30, 2020. On that evening, only families will be allowed on the grounds and all Luehrs' Ideal Rides will be one ticket. On Friday, the Knights will host "Discount Ride Knight" and all Luehrs' Ideal Rides will be discounted by one ticket. On Saturday, the Knights will introduce an "Early Bird Special" and from 11:00 a.m. until 2:00 p.m. all Luehrs' Ideal Rides will be discounted by one ticket. After 2:00 p.m. on Saturday and all day on Sunday Luehrs' Ideal Rides will require the regular number of tickets for the ride.

Watch our website, www.florissantvalley-offlowers.com and our Facebook page for more details as they become available. Currently there are applications available on the website for sponsorship opportunities, queen candidates, booths, parade units, offsite concessions, and Pretty Baby contestants.

After a long fall and winter nothing rings in spring like the Valley of Flowers Festival. And the 2020 festival will prove that true. Watch for updates.

February 28th is the last date to register a Queen Candidate. April 3rd is the last date for registering as an Eagan Center vendor or as a parade participant.

For more information visit:

FlorissantValleyOfflowers.com

Find Us on Facebook



Leadership & Members of Your City Council



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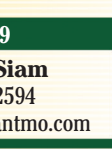
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A Message from the Mayor...



Greetings Florissant Friends,

Welcome to our very first edition of the "The Florissant Spotlight". This magazine which will replace the Florissant Focus newspaper will have a fresh new look and will have tons of information that is going on in the city. I know you will enjoy what this new magazine has to offer.

Thousands of people enjoyed sunny skies and mild temperatures at our 22nd Annual Fall Festival last October 13th which once again was the best one ever. A special thanks to Co-chairs of the Fall Festival Committee Karen Goodwin and Diana Weidinger and the rest of the committee members, the many volunteers including Old Town Partners, the Missouri Arts Council, St. Ferdinand Shrine and the Regional Arts Commission, our Parks and Recreation and Theatre Departments, Public Works and Police for everything they did to make the Fall Festival unforgettable. The 4th annual Florissant Police Car Show at the Knights Grounds was very popular. All area service and veterans groups participated.

The 22nd Annual Click Heating & Cooling Chili Cook-Off was won by Councilman Joe Eagan and yes, I know it's hard to believe but I came in second place. Thank you to Lora Click and to Click Heating & Cooling for hosting another successful chili cook-off.

The last Food Truck Knight of the year to benefit TEAM was re-scheduled to Thursday, October 17th and was held at the Knights grounds. Perfect fall weather with a tremendous turn out to benefit TEAM and other charities came out to enjoy all the festivities. The food truck events will return next April.

The 6th Annual Empower North County's Race to the Shrine which was held on Saturday, October the 19th at the Old St. Ferdinand Shrine beginning with the Tiny Tots Trot at 3:30 p.m. (5 years and under), 1-mile Fun Run that starts at 3:40 p.m., and the 5k Race Starts at 4:00 p.m. The Race to the Shrine benefits multiple programs with local area Florissant nonprofit organizations.

We hosted two Halloween events for kids of all ages; another sell out youth Halloween Costume Party D.A.R.E. event for 5th through 8th grade students at the JFK Center on October 18th and on October 26th was the

Family Boo Bash that was free and open to all!

Our covered Ice Rink is open for our 47th season of skating. By the way, Hockey is alive and well in Florissant for all skill levels at all ages. We will host several competitions. There will be three resident appreciation free skate sessions for the **2020 season: Martin Luther King Day January 20th, Presidents Day February 17th and New Year's Eve December 31st. These free sessions for residents will be from 2:00 PM to 4:00 PM.**

The holiday season has started and is in full swing. I wanted to let you know that the police department has once again started extra patrols in the shopping centers. We want everyone to feel safe as you complete your holiday shopping in our city. I encourage each and every one of you that if you suspect any suspicious criminal activity to please call the police department immediately at 314-831-7000 or 911 in an emergency.

The Veteran's Day Parade was held on Sunday, November the 10th. Parade participants assembled and started the parade at Bangert Park and preceded North on Florissant Road and then turn left on St. Francois and ended the parade route at the VFW where the ceremony took place to honor the 2019 Veteran of the Year which was Lewis G. Bouwman, II.

On Saturday, December the 7th Old Town Partners and the City of Florissant will be hosting "Christmas with Santa" from 2:00 p.m. to 4:30 p.m. in the Florissant City Council Chambers. Mr. & Mrs. Santa Claus will arrive at 2:00 p.m. so kids can tell them their wishes for Christmas. Fun activities like cookie decorating, face painting, balloon animals made by Cookie the Clown and crafts for the kids will make it fun day. Cookies, cocoa and water will be served for everyone.

We will also host along with Old Town Partners our 43rd Walk Through History plaque dedication in honor of Rita Meyer Moellering who played professional baseball in the All-American Girls Professional Baseball League from 1946 to 1949 with the Peoria Redwings. The plaque dedication will take place at 4:45 p.m. in front of 990 rue St. Francois right before the traditional tree lighting ceremony at City Hall. The Florissant Men of Harmony will be at the tree lighting ceremony singing



Christmas carols.

Deer Widows Shopping Night was held in Old Town Florissant on November 22nd. I would like to thank Om Turtle Yoga-Spa, Old St. Ferdinand Shrine, Goekes Produce, Edgy Chic Boutique, Stems Florist, T. Couture & Haleigh Kouture Kids Boutiques, Phancy Fingers & Feet & Boutique, Old Town Market Place, Village of the Blue Rose, Kortess Custom Framing & Antiques, Dooley's Florist & Gifts and Mommy DeSIGN Farm who participated in this event which was sponsored by Old Town Partners.

The 31st Annual Project Lift-Off DARE Holiday Party for 5th to 8th graders will be held on the same evening December 7th at the James J. Eagan Center from 6:30 pm to 9:30 pm. The entire center including the ice rink and swimming pool will be available for the youth to enjoy. (The Theater will be closed that night.)

Once again our Senior Office will be busy during this holiday season setting up wonderful Christmas trips for our seniors. If you are a senior and are interested in learning more about upcoming trips please call the Senior Coordinator Peggy Hogan at 314-839-7604.

Don't forget about this year's Senior New Year's Eve party. This is one of the most popular events and it always sells out quick. This year theme is "A Toast to Our Town". The party will be on Tuesday, December 31 at the James J. Eagan Center from 10:00 am to 2:00 pm. Music will be provided by the St. Charles Big Band an outstanding 12-piece orchestra.

As Mayor, I intend to focus on economic development in Florissant by

Continued on Page 3

A Message from the Mayor...(continued)

working with commercial developers, real estate brokers, and community stakeholders throughout our city and the greater North County area, in an effort to stimulate economic activity to benefit our businesses and residents.

If we are going to have continued economic development success, we will need to focus on key aspects of potential growth including enhancing Saint Francois Street, filling vacancies, and diversifying our business sectors. This will be accomplished through our economic development department. I have asked our new Economic Development Director, Travis Wilson, to create a strategic plan which lays the framework for capitalizing on our potential. Some highlights of new business establishments that have opened this year include:

- 1) Mann Meats
- 2) First Collinsville Bank
- 3) Aspen Dental
- 4) Siteman Cancer Center
- 5) MOD Pizza

Currently under construction:

- 1) DaVita Dialysis
- 2) Plaza Madrid redevelopment
- 3) "Ross Dress for Less" to be located at the previous Barnes & Noble location

Our economic development success continues to deliver attractive commercial and residential developments. From January 2019 through September 2019, 81 new commercial businesses and 14 residential businesses have opened in the City of Florissant.

There are many exciting projects that are in the Due Diligence and Planning Phase and we are working with the Developers to bring them to fruition anticipating more public announcements this year, 2020 and beyond.

A City Council election for Wards 2, 4, 6 and 8 are scheduled for April 7, 2020. Candidates will be able to start collecting the 200 nominating signatures required by our Charter on January 7th and have until January 21st to turn them in to have their name on the ballot. Please be kind an answer your

door for the candidates and their helpers because it is usually cold and sometimes wet for them. To determine your ward or for details on the process of electing the City Council please call City Clerk Karen Goodwin at 314-839-7630 or email her at kgoodwin@florissantmo.com.

On behalf of Police Chief Tim Fagan and the members of our Police Department, our dedicated Department Heads and our devoted, wonderful employees in all of our departments, the Administration, Judge Mary E. Dorsey and the Florissant City Council, I would like to wish you and your family a wonderful and safe Holiday Season and a Happy New Year.

Sincerely,
Timothy J. Lowery
Mayor



City of Florissant Accepting Seasonal Job Applications

The City of Florissant is currently accepting applications for 2020 seasonal employment. Applications will be received until positions are filled.

Now you can apply quicker and easier online at www.florissantmo.com, Human Resources Department. Applications and an informational booklet listing positions, age requirements and qualifications for each position are also available at the Human Resources Department located in the Florissant Government Building, 1055 rue St. Francois, Florissant, MO 63031.

If you have any questions, please do not hesitate to contact the Human Resources Department at 595-3640.

HIP Home Improvement Program

The City of Florissant offers an annual Home Improvement Program that supports homeowners with important maintenance and upkeep! Eligible homeowners must have owned and occupied their homes for more than 2 years at the time of application and have to income qualify. Approved applicants agree to remain in their home for 5 years to receive \$5,000 in home improvement funds!

Applications become available Wednesday, April 1st, 2020 in the Community Development Department Office and on the City of Florissant website. Prospective applicants have the entire month of April to gather their documents and complete their applications. An informational seminar about the program will be held on Wednesday, April 8th, 2020 at 6:30pm in Council Chambers. Individual appointments can be made throughout the month of April to review applications for completeness. Complete applications are accepted on a first-come-first-served basis starting at 8am on Friday, May 1st, 2020 in the Community Development Office.

In the meantime:

- Mark Your Calendars and Set Reminders in Your Phone:
 - April 1st Applications are available in the Community Development Office



– April 8th Informational Seminar in Council Chambers at 6:30pm

– May 1st Completed Applications are accepted on a first-come-first-served in Community Development Office at 8am

• Get Your Ducks in a Row:

While you can't put your application together until April 2020 you can make sure your vital documents are in order so they are easy to find when you need them! Make sure you know the location of important documents such as the deed to your home, financial statements, tax documents, identification for all people in the home such as driver's licenses, social security cards, etc.

We look forward to meeting all of our 2020 Home Improvement Program applicants! Feel free to reach out to the Community Development Department at 314-839-7680 located at 1055 Rue St. Francois with any questions!



Florissant Police Department Resident Camera Program



How does it work?

The Florissant Police Department wants to partner with residents and business owners who have video surveillance on the exterior of their homes or business. You might have a multi-camera system or a simple doorbell camera at your front door. No matter your level of surveillance your participation in this program will help the police department in the event of a crime in your area.

How do I participate?

If you choose to participate, start by registering your camera system with the police department at: www.florissantmo.com/egov/apps/action/center.ego Participation is voluntary and you can end your participation at any time. If a crime occurs in your area, officers and/or detectives may contact you to ask if you have footage of the incident. This is voluntary and the Florissant Police Department will not have access to your camera system.

Why should I participate?

Crime prevention through community involvement is the primary goal. We want to include our residents and businesses and give them an opportunity to assist the Florissant Police Department in deterring crime, catching criminals and promoting public safety. By sharing your security footage with us, you may help us in catching a criminal quicker.

Registration is easy; simply go to the web address above and fill out the form and you will automatically be added to the list of participating residents that only the Florissant Police Department can see.

Help fight crime and register today.

**THIS PROPERTY
IS PROTECTED
BY
SURVEILLANCE
CAMERAS**

Holiday Shopping Safety Tips

Shopping in Stores

- Do not buy more than you can carry. Plan ahead by taking a friend with you or ask a store employee to help you carry your packages to the car.
- Save all receipts. Print and save all confirmations from your online purchases. Start a file folder to keep all receipts together and to help you verify credit card or bank statements as they come in.
- Consider alternate options to pay for your merchandise, such as onetime or multiuse disposable credit cards or money orders, at online stores and auction sites.
- Wait until asked before taking out your credit card or checkbook. A thief could look over your shoulder to get your account information.

Walking to and From Your Car

- Deter pickpockets. Carry your purse close to your body or your wallet inside a coat or front trouser pocket.
- Have your keys in hand when approaching your vehicle. Check the back seat and around the car before getting in.

• Do not leave packages visible in your car windows. Lock them in the trunk or, if possible, take them directly home.

Shopping with Small Children

- If you are shopping with children, make a plan in case you are separated from each other.
 - Select a central meeting place.
 - Teach them to know they can ask store personnel or store security employees if they need help.

Shopping Online

- Before surfing the Internet, secure your personal computers by updating your security software. Everyone's computer should have anti-virus, anti-spyware, and anti-spam software, as well as a good firewall installed.
- Keep your personal information private and your pass-



word secure. Do not respond to requests to "verify" your password or credit card information unless you initiated the contact. Legitimate businesses will not contact you in this manner.

- Beware of "bargains" from companies with whom you are unfamiliar—if it sounds too good to be true, it probably is!
- Use secure websites for purchases. Look for the icon of a locked padlock at the bottom of the screen or "https" in the URL address.
- Shop with companies you know and trust. Check for background information if you plan to buy from a new or unfamiliar company.

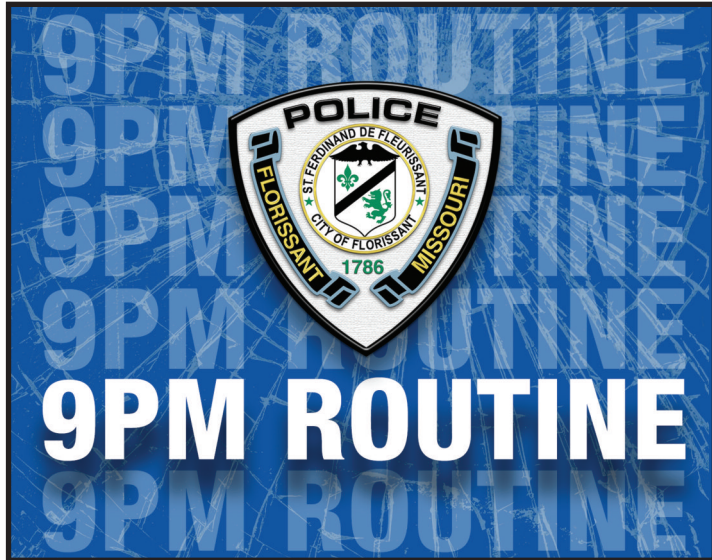
To find more useful shopping tips and personal safety information, visit the National Crime Prevention Council's website: www.nnpc.org

**The contents of this article are taken from the National Crime Prevention Council's Website.*



Florissant Police News (continued)

Florissant Police Urge Residents to Get In the Habit of a "9pm Routine"



Please help spread the word to your neighbors to remove valuables from vehicles and ensure all doors are locked, including home and garage areas. This is the 9pm Routine. The Florissant Police Department believes that by following this 9pm Routine it will help curb a disturbing trend where guns have been stolen from unlocked vehicles. This negligence by the gun owner could be prevented if they would properly secure their firearms and vehicles. These guns then fall into the hands of criminals all because they were left in unlocked vehicles. The Florissant Police Department urges all residents to lock their vehicles at all times, and to never leave any valuables especially a firearm in an unsecured vehicle.

The Dangers of Leaving Your Vehicle Unattended



The Florissant Police Department is warning residents to be wary of thieves who are targeting unattended vehicles warming up during frigid temperatures. Historically, there have been a number of vehicles stolen in Florissant during the cold mornings. The Florissant Police Department sees an increase in stolen vehicles that were left unattended at convenience stores or warming up in driveways each year when the temperatures get cold. "These thefts are avoidable," said Chief Timothy Fagan. "This is a crime of opportunity, and we need to take the opportunity away from would be thieves". If you need to warm up your vehicle, do it with a remote starter device that allows you to keep your vehicle locked, experts recommend. Also, leaving your vehicle running unattended on the street is a violation the Florissant Municipal Code.

Are you part of the Florissant Neighborhood Watch Program?

The basics of the program are simply looking out for suspicious activity, and calling it in. Through the program you learn about different things to look for, who to call and tips on talking with your neighbors. It's a great way to get out and get to know your neighbors. This is not time consuming either. All you do is attend a couple meetings a year, get weekly notable emails once a week, and just make an effort to look out for things going on in your neighborhood.

There's no real work involved, it does not take any special skills. It's a basic program yet a very effective program. *"The greatest deterrent to crime and violence is not a neighborhood saturated with cops...it is a neighborhood alive with residents."*



SOROPTIMIST® SAVE OUR DATES

12/17/19 - Christmas Party	3/17/20 - General Meeting
1/21/20 - General Meeting	4/21/20 - General Meeting
2/18/20 - General Meeting	5/15/20 - Golf Tournament
2/29/20 - Blacklight Bingo	5/19/20 - General Meeting

General Meetings - 6:30pm - Sysbergs Dorsett

***Alternate Location*

SorooptimistStLouis.com

SorooptimistStLouis@gmail.com



@SIGreaterStLouis



@si_stl

CENSUS 101: WHAT YOU NEED TO KNOW

The 2020 Census is closer than you think!
Here's a quick refresher of what it is and why it's essential that everyone is counted.

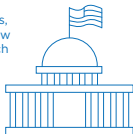
Everyone counts.

The census counts every person living in the U.S. once, only once, and in the right place.



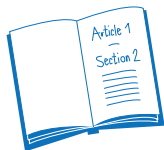
It's about fair representation.

Every 10 years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.



It's in the constitution.

The U.S. Constitution mandates that everyone in the country be counted every 10 years. The first census was in 1790.

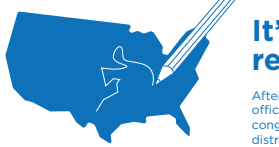


It's about \$675 billion.



The distribution of more than \$675 billion in federal funds, grants and support to states, counties and communities are based on census data.

That money is spent on schools, hospitals, roads, public works and other vital programs.



It's about redistricting.

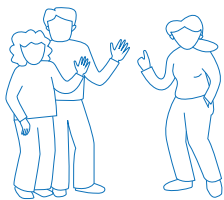
After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.

Taking part is your civic duty.

Completing the census is mandatory: it's a way to participate in our democracy and say "I COUNT!"



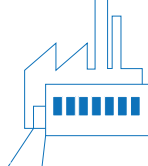
Census data are being used all around you.



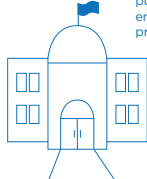
Residents use the census to support community initiatives involving legislation, quality-of-life and consumer advocacy.



Businesses use census data to decide where to build factories, offices and stores, which create jobs.



Local governments use the census for public safety and emergency preparedness.



Real estate developers use the census to build new homes and revitalize old neighborhoods.



Your privacy is protected.

It's against the law for the Census Bureau to publicly release your responses in any way that could identify you or your household.

By law, your responses cannot be used against you and can only be used to produce statistics.

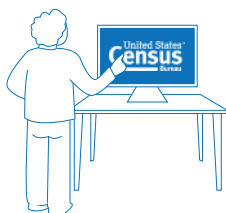


2020 will be easier than ever.

In 2020, you will be able to respond to the census online.

You can help.

You are the expert—we need your ideas on the best way to make sure everyone in your community gets counted.



Shape
your future
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United States®
Census
2020

2020 US Census Count Day is April 1, 2020. The census responses will be available in three formats: Online, by phone, or by mail. Your participation is important, because everyone counts. More information will be coming soon, it is very important to our city that everyone gets counted. This information is to help residents of Florissant to understand the importance of participating in the 2020 Census by filling out the questionnaire and submitting it. The City of Florissant is committed to ensuring that all persons living in the city on April 1, 2020 are counted in the Census.

The United States Census is important to the City of Florissant for many reasons. The Census totals help determine the amount of funding that state governments and local communities, like Florissant, receive from the federal government for the next decade. Accurate census counts ensure that funding is equitably distributed for numerous programs such as Medicaid, highway planning and construction, special education grants to states, the National School Lunch Program, and Head Start.

The 2020 Census is accessible for everyone.

We're making sure that **however you choose to respond**—online, by phone, or by mail—that **the census is accessible**. You'll receive an invitation to respond **beginning in mid-March**. You choose how you want to respond.



You can respond **online** in English or in 12 additional languages. The online questionnaire is accessible, following the latest web accessibility guidelines. We'll also have a video in **American Sign Language** available to guide you through responding online.



You can respond by **phone** in English or in 12 additional languages. You can also respond in English by **TDD** at 844-467-2020.



By mid-April, we'll mail a **paper questionnaire** to every household that hasn't already responded. (Some households will receive a paper questionnaire along with the first invitation in March.)

We'll have **braille and large print guides** available online to assist you with completing the paper questionnaire.



If necessary, you can respond **in person** beginning in mid-May. Census takers will visit all households that have not yet responded.

We'll have census takers available who can communicate in **American Sign Language** and additional languages. When the census taker visits to help you respond, you can request that another census taker who communicates in American Sign Language returns, if you prefer.

If you prefer, you may also choose to have another member of your household interact with the census taker.

Responding is important. A complete count helps ensure that services like Medicare, Medicaid, social security, and public transportation can support those who need them.

Responding is safe. All of the information you share with us is protected by law and cannot be used against you.

Responding is accessible. We're doing everything we can to ensure the ways to respond are accessible for everyone.

Any questions? Please visit **2020census.gov**.
This website is 508 compliant and accessible to people of all abilities.

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your future
START HERE >

United States®
Census
2020

United States
Census
Bureau

FIND OUT HOW TO HELP
AT [CENSUS.GOV/PARTNERS](https://www.census.gov/partners)

United States
Census
2020



Parks & Recreation Administrative Staff

Cheryl Thompson-Stimage	Director of Parks & Recreation
Kim Hedgpeth	Superintendent of Recreation
Kevin Green	Superintendent of Parks
Dave Klaus	Parks Foreman
Janice Steib	Center Director of JJE
Beth Carr	Center Director of JFK
Lisa Welch	Recreation Specialist
Evan Stoll	Recreation Specialist
Beth Goldstein	Administrative Assistant
Bridget Goodwin	Clerk Typist (JJE)
Geri Muckle	Clerk Typist (JJE)
Sarah Skaggs	Clerk Typist (JFK)
Jeff Roemer	Senior Park Ranger

Parks & Recreation Mission

To achieve our goal of inspiring community, creating memories, and fostering relationships, we will provide affordable, quality recreation programs and facilities for all to enjoy. It is our desire to empower you to be the best version of yourself.

Insurance Statement

The Florissant Parks and Recreation Department does not provide insurance coverage for injuries suffered while participating in our programs or while using parks or facilities. Any cost related to such injuries should be presented to your personal hospitalization carrier.

Photos & Videos

Photographs taken during programs and activities sponsored by the Florissant Parks and Recreation Department are the property of the City of Florissant and may be reproduced without consent of the participants. If you do not want yourself or your child photographed/filmed, please notify the Parks and Recreation Administration Office in writing prior to the program starting.

Accommodation Policy

The Florissant Parks and Recreation Department welcomes people of all abilities to use any of our programs, facilities, or services. We will make every effort to adapt our programs to incorporate your individual needs. If special accommodations are needed to participate in a program, please call our office at 314-839-7670 at least 48 hours in advance of the start of the program.

Payment and Returned Checks

Full payment is required at the time of registration, unless otherwise noted. A \$20 charge will be applied for all returned checks.

Walk-In:	Visit JJE Center or JFK Community Center to pay by cash, check, Visa, MasterCard, American Express, or Discover card.
Phone:	Call 314-921-4466 or 314-921-4250 to pay by Visa, MasterCard, American Express, or Discover card.
Online:	Visit www.florissantparks.com to pay by Visa, MasterCard, American Express, or Discover card. You will need to call to have your account enabled before registering online for the first time.

Resident and Nonresident Definitions

A Florissant resident is one living within the defined city limits of the City of Florissant and listed on the occupancy permit. City limits and Post Office boundaries are not the same, so it is possible to have a Florissant mailing address yet live outside the city. Check with the Recreation Staff to see if your address qualifies for resident status. See information below on obtaining a resident card. Family passes consist of four individuals living in the same household and listed on the occupancy permit if applicable. Additional members may be added if they are eligible for \$20 per person for residents and \$30 per person for nonresidents. Anyone wishing to use the facility must have a resident or nonresident identification card which will be kept at the reception desk during their use.

Resident Card Information

A current Florissant resident card allows Florissant residents to do the following:

- Receive free admission to the gymnasium and game room at the JJE Center & JFK Community Center.
- Obtain a pavilion rental permit for one of our many parks.
- Register early for programs and classes (before nonresidents).
- Pay resident rates for admission to facilities, programs and classes.

To Obtain or Renew a Florissant Resident Card

Everyone in the household, including all children receiving a card, must be listed on the occupancy permit. This will be looked up in our system by recreation staff. Paper copies of the occupancy permit will be accepted for 60 days from the date of original issue only. In addition, residents who rent their home must bring a photo ID and proof of residency. Residents who own their home and are listed on the occupancy as the owner and occupant only need to bring a photo ID. See below for proof of residency requirements:

Under 17 YRS

Must be accompanied by a parent or legal guardian as proof of residency.

21+ YRS

Utility bill showing service address that matches resident address. Electronic copies will be accepted. Must be dated within 30 days of current date.

18-20 YRS

May either be accompanied by a resident parent/legal guardian OR present a proof of residency item listed to the left in their own name.

Paycheck stub - mailed or electronic, mailed bank statement, monthly business statement (cell phone, credit card, etc). Must be dated within 30 days of current date.

Resident Card Fees

Youth (4-17YRS)	\$3
Adult (18-59YRS)	\$4
Senior (60+YRS)	\$3

Resident/nonresident cards are valid for two years from the date of purchase. If your card is lost during this time and you need a replacement, a \$5 fee for all ages will apply for each replacement card. Nonresidents wishing to purchase a daily facility pass must have a nonresident identification card which will be held at the reception or fitness desk and returned upon their departure from the facility. Nonresident card fees are the same as resident card fees. A photo ID or parent/guardian must be present (for minors under 18) in order to make a nonresident card.

Golden Age Pass (GAP)

Florissant residents ages 60 and older are qualified to receive a senior resident card or Golden Age Pass (GAP). The resident receives discounted rates on most programs and fees. It also allows them a special discount at various local businesses. For more information contact the Senior Office at 314-839-7605.

Florissant Business Owners

The owner of any business located within the city limits, along with immediate family members living in their household, shall be deemed a resident and therefore eligible to receive a resident card. This applies to the individual listed on the business license only. To obtain a resident card as a business owner in the city, you must visit the JJE Center or JFK Community Center with a photo ID. You will only be issued a card upon verification of your business ownership and current business license through the Finance Department. This verification can only be done M - F 8:00A - 5:00P. It may take up to two business days to verify.

Resident/Nonresident cards can be made up to 30 minutes prior to facility closure at either JJE or JFK Community Centers. See page 9 for facility hours.

All resident/nonresident cards are the property of the City of Florissant and must be shown or surrendered to city employees upon request.

James J. Eagan Community Center (JJE)

Front Desk: 314-921-4466

1 James J. Eagan Dr., Florissant, MO 63033

Parks & Recreation Office at JJE

314-839-7670

M-F 8:00AM - 5:00PM

SA 8:00AM - 12:00PM Except holiday weekends

To book a room M - F, please go to the office at the location that you wish to book between 8:00A and 5:00P. The Nature Lodge should be booked at the JFK Center Office. The JJE Center Office will take bookings for all locations on Saturdays only between 8:00A and 12:00P (Except holiday weekends).

RECREATION CENTERS	REGULAR HOURS	
	Open	Close
M-F	8:00A*	9:00P
SA	8:00A	7:00P
SU	10:00A	6:00P

*Fitness Center opens to those with Facility Memberships only at 6:00AM M-F at both centers.

Buildings will be closed 11/28, 12/25, 1/1, 4/12, 5/3

Buildings will close at 5:00P 12/7 & 12/31. Buildings will close at 2:00P on 12/24.

Children 12 years and younger must be accompanied by an adult (age 18 and older) at all times while in City of Florissant facilities unless otherwise noted. Anyone 17 years and younger will not be allowed in the city facilities during normal school hours when area schools are in session.

Annual Passes	JJE & JFK Centers		Bangert Pool		Centers & Bangert Pool	
	Resident 1yr/6mo	Nonresident 1yr/6mo	Resident	Nonresident	Resident	Nonresident
Youth 4-17	\$65/\$40	\$230/\$125	\$60	\$140	\$95	\$300
Adult 18-59	\$85/\$50	\$280/\$150	\$85	\$200	\$127.50	\$380
Senior 60+	\$65/\$40	\$230/\$125	\$60	\$140	\$95	\$300
Family	\$130/\$75	\$355/\$185	\$120	\$275	\$190	\$492.50

All children ages 0-3YRS may enter and use our facilities free of charge

Family memberships include individuals living in the same household and listed on the occupancy permit if applicable. Price includes four family members. Additional eligible members may be added for \$20 per person for residents and \$30 per person for nonresidents. Individuals interested in purchasing a membership must provide proof of residency at the time of purchase and occupancy permit will be rechecked. Passes are valid for one year (or 6 months if applicable) from date of purchase.

***Residents with a valid resident card may use the gymnasium & game room free of charge. A valid resident card must be present upon entry to receive resident rates.*

Register Early for Programs

All programs must meet minimum enrollment in order to be offered. If there are not enough registrants, a course must be cancelled. Minimum enrollment must be met at least one week in advance of the start date of the class. Florissant Parks and Recreation reserves the right to cancel, postpone, combine classes or change instructors as needed. If a class is cancelled due to lack of enrollment, registered participants will be notified of an alternate class or program if one is available, or offered a full refund or account credit for registration fees paid.

Registration Policy

Registration begins shortly after 8:00AM on the date indicated and will continue on a space-available basis. Current resident cards must be presented at the time of registration in order to receive resident rates. Children under four years of age must have a parent's resident card. Phone registration begins at 9:00AM on the date indicated as the first day of registration. Online registration begins at 8:00AM on the first day of registration.

Refund Policy

Registrants canceling before a class begins will receive a full refund minus a \$5 processing charge. Participants canceling after a class begins will receive no more than a 50% refund. No refund will be given after the session is 1/2 complete or for classes that require less than a \$5 registration fee. No refund will be given on pool or facility membership, summer day camp (after June 1st), or pavilion rentals. All refund requests must be made at least 24 hours before the start of any program class. All refunds may take up to 14 business days to process.

John F. Kennedy Community Center (JFK)

314-921-4250

315 Howdershell Rd. Florissant MO 63031

Parks & Recreation Office at JFK

314-921-4250

M-F 8:00AM-5:00PM

SA JFK Office Closed, Visit JJE Office to book all locations

To book a room M - F, please go to the office at the location that you wish to book between 8:00A and 5:00P. The Nature Lodge should be booked at the JFK Center Office. The JJE Center Office will take bookings for all locations on Saturdays only between 8:00A and 12:00P (Except holiday weekends).

Daily Visits	JJE & JFK Centers	
	Resident	Nonresident
Youth 4-17	\$3**	\$6
Adult 18-59	\$5**	\$9
Senior 60+	\$3**	\$6

Gymnasium Hours

Gymnasium hours vary. Please call 314-266-7335 and select extension 1 for JJE Center gymnasium and extension 2 for JFK Center gymnasium. You may also download the free app, Rainout Line, to see gymnasium hours. Hours are updated daily.



Gymnasium Capacity Policy

Once the gymnasium has hit capacity, we will use a one in, one out rule to keep the gymnasium at capacity. Those wishing to enter will need to sign a waitlist and will be given access in the order they arrive as others leave.

Fridays are reserved for residents. No nonresident passes will be issued on Fridays. Gymnasium capacities will still be enforced. Nonresidents may still use our other amenities on Fridays.

Full Court Basketball

In order to maximize the space in our gymnasium and serve as many guests as possible, full court play will only be allowed during the final hour of building operation on M/W/SU. Outside these times half court games will be allowed.

Racquetball Court

Come enjoy our racquetball court located at the JFK Community Center! Reservations can be made one week in advance by residents or day of for non-residents. Individuals ages 13 and older may use the court. Individuals ages 12 and under may use the court with adult supervision (adult ages 18 and older). Call 314-921-4250 for court availability or reservations.

Use of the Racquetball Court is included in a Facility Membership or the Daily Facility Fee.

Facility Rentals

For information on renting the JFK community Center or Nature Lodge call 314-921-4250.
For information on renting the JJE Center or Ice Rink call 314-839-7670.

JJE Center Rental Facilities

Room	Capacity	Time	Rate	Extra Time
Gymnasium	499	7 hours	\$600	\$80/hour
Arts & Crafts Room A OR B	75	5 hours	\$175	\$35/hour
Arts & Crafts Room A AND B	150	5 hours	\$300	\$60/hour
Small Meeting Room	30	5 hours	\$85	\$15/hour

JJE Center Party Packages

For one low fee, we will provide a small party room and admission to a public swimming or skating session at the JJE Center. Packages are only for children 15 and under. Party packages will be given passes to attend the public swim or skate sessions. The room can be booked at any time during building hours, but attendees may only use the pool or rink during public swim times. Pool packages include 15 pool passes. An additional 15 passes can be included for the ice rink only. Party packages are for individuals ages 15 YRS & under.

Room	Time	Rate	Extra Time
Small Meeting Room + 15 swim passes	5 hours in room	\$110	\$15/hour
Small Meeting Room + 15 rink passes & skate rental	5 hours in room	\$120	\$15/hour
Small Meeting Room + 30 rink passes & skate rental	5 hours in room	\$155	\$15/hour

Party packages will carry an additional \$100 refundable damage deposit due at the time of booking.

Park Pavilion Reservation

Florissant residents may reserve a pavilion at our parks for our season beginning APR 1 and ending OCT 31. An updated resident card will be required. See page 8 for information on obtaining/updating your Florissant resident card. A resident may call or come to either community center to make a reservation during office hours (see page 9). Ball field use with a pavilion requires a separate permit. Any special requests such as bounce houses and pony-rides must be made at the time the reservation is made. NO DJ'S ALLOWED. All pavilion fees are non-refundable. A minimum of one week notice is required on all pavilion rentals. For information on which parks have pavilions and their additional amenities at each park, please see the chart on page 11. Call 314-839-7670 or 314-921-4250 for information on renting a pavilion.

Pavilions will only be rented to Florissant residents with a valid resident card. 2020 Pavilion rentals will open JAN 2.

St. Ferdinand #1 (Veach) M-TH:	\$55/DAY	St. Ferdinand #1 (Veach) F-SU & HOLIDAYS:	\$75/DAY
All other pavilions M-TH:	\$40/DAY	All other pavilions F-SU & HOLIDAYS:	\$60/DAY

Facility Rental Information and Policies

- All rental applicants must be 21 years of age or older.
- A refundable damage deposit is required to make a reservation. Deposit must be paid in order to hold a room. Please see above for specific deposit amounts that apply to each room. This is processed 7-14 days after the event.
- A one week notice is REQUIRED for all room rentals. Thirty day notice is REQUIRED for all gymnasium and Nature Lodge rentals.
- All rental fees must be paid 30 days before the rental date. Failure to pay the rental balance will result in room cancellation.
- Cancellations MUST be submitted in writing 30 days prior to event and will result in a \$10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rentals fees along with \$10 cancellation fee.

JFK Center Rental Facilities

Room	Capacity	Time	Rate	Extra Time
Gymnasium	400	7 hours	\$600	\$80/hour
Arts & Crafts Room	80	5 hours	\$175	\$35/hour
Small Meeting Room	40	5 hours	\$85	\$15/hour

All rooms will carry a \$100 refundable damage deposit due at the time of booking. Gymnasium rentals will carry a refundable \$300 damage deposit due at the time of booking. Deposit refunds are processed 7-14 days after the rental.



Nature Lodge at Sunset Park

Room	Capacity	Time	Rate	Extra Time
Top Floor Only	56	4 hours	\$225	\$50/hour
Bottom Floor Only	56	4 hours	\$175	\$50/hour
Entire Building	112	5 hours	\$350	\$50/hour

The Nature Lodge will carry a \$200 refundable damage deposit due at the time of booking. The Nature Lodge is available for viewing by appointment only. Appointments can be made by going to <https://www.picktime.com/Naturelodge>. Call 314-921-4250 for Nature Lodge information.

Facility Rental Information and Policies cont.

- Music is only allowed under certain conditions. Please ask a staff member for more information. No live bands.
- DJ's or amplified music will not be allowed at any of the park pavilions under any circumstance.
- Pavilion rental does not guarantee field use or include entry into any facilities such as Bangert Pool. A separate fee applies for these activities.
- Renter must check in and out with a staff member and remain on premises during rental. They are also responsible for guest conduct.
- At the Nature Lodge, nothing may be attached to the walls or ceiling in any way. Table decorations are welcome and must be removed at the conclusion of the rental.
- Birthday parties for ages 15-29 are prohibited. Ages 13-15 MUST be a pool/ice rink package.

FLORISSANT CITY PARKS



Bangert Park

275 S. New Florissant



Outdoor
Pickleball

Behlmann Park

925 Loekes Dr



Blackfoot Park

1001 Manresa



Blanche's Spring Park

110 Aubuchon St

Champlain-Florval

1570 Queens Dr



Coldwater Commons

20 St. Denis St



Davison Park

St. Pierre & St. Catherine



Duchesne Park

5 Brower Ln



Dog Park (Membership Required)

Dunegant Park

1930 Derhake Ln



18 holes

Florissant Golf Club

50 Country Club Ln



18 holes

Florissant Valley Park

900 Waterford Dr



0.25mi

James J. Eagan Community Center

Koch Park

315 Howdershell Rd



Little Woods Park

1100 Parker Rd



Loretto Manor

1605 Patterson Rd



Manion Park

15 Manion Park Dr



Mullanphy Park

2497 Mullanphy Ln



Spanish Land Grant

100 St. Ferdinand Park Dr



St. Ferdinand Park

25 St. Ferdinand Park Dr



Sunset Park

2300 Sunset Park Dr



1 & 3 mile

Tower Court Park

1065 Washington



Restrooms



Pavilions



Gazebos



Playgrounds



Ball Fields



Soccer Fields



Tennis Courts



Sand Volleyball



Handball Court



Horseshoe Pits



Disc Golf Course



Golf Course



Archery Range



BBQ Pits



Lake



Trails



Aquatic Center



Splash Pad



Dog Park at Duchesne Park

Are you looking for a way for your pup to play and make friends? Join the Florissant Dog Park located at Duchesne Park. This is a fenced in area where dogs can be off-leash. Only dogs registered with the Florissant Dog Park are permitted to use this area. To register, you must bring current vaccination records showing Rabies and DHLPP. The permit is good through the end of the calendar year. You will receive a tag showing your registration.

Fee R \$5 per dog NR \$10 per dog
Location: Duchesne Park (5 Brower Ln, Florissant, MO 63031)
Park Hours: 8:00A - 11:00P Daily

Living Memorial Tree Program

Honor your loved one with a living memorial through our Memorial Tree Program. To participate in the Living Memorial Program, the donor selects a tree from a predetermined list of trees and pays the City the cost of that tree. At the donor's request, the tree will be planted in one of the city's beautiful parks. As acknowledgement of the donation, an engraved brass plate will be installed in the Living Memorial Display located at the lower level of the James J. Eagan Center. The donor will receive a certificate suitable for framing. Contact Sarah Skaggs at sskaggs@florissantmo.com or 314-921-4250 for more information or to request your memorial tree.

What's new in our parks?



Florissant Valley Park Gaga Ball Pit. Open to the public daily 8:00A - 11:00P. Built and provided by a local Eagle Scout.



Koch Park Seasonal Splash Pad. Free and open to the public. Check the Summer Spotlight (Early April) for open dates and hours. Funded by St. Louis County Municipal Parks Grant.



St. Ferdinand Park New outdoor fitness equipment. Open to the public daily 8:00A - 11:00P



Manion Park New accessible restrooms. Funded by St. Louis County Municipal Parks Grant.

Pavilion Rentals for 2020 open January 2nd!

Florissant residents may reserve a pavilion at our parks for our season beginning APR 1 and ending OCT 31. See page 10 for more information on pavilion reservations.



Bangert Park Pavilion 1
Capacity 100



Bangert Park Pavilion 2
Capacity 100



Duchesne Park Pavilion
Capacity 100



St. Ferdinand Pavilion 1
Capacity 120



Manion Park Pavilion 2
Capacity 100



Dunegant Park Pavilion 1
Capacity 100



Dunegant Park Pavilion 2
Capacity 100



St. Ferdinand Pavilion 2
Capacity 100



Koch Park Pavilion 1
Capacity 100



Koch Park Pavilion 2
Capacity 100



Sunset Park Pavilion
Capacity 100



St. Ferdinand Pavilion 4
Capacity 60



St. Ferdinand Pavilion 5
Capacity 100



St. Ferdinand Pavilion 6
Capacity 100



Davison Park Gazebo



St. Ferdinand Park Gazebo

Ice Rink

OPEN THROUGH EARLY MARCH!

Daily Visit	Ice Rink	
	Resident	Nonresident
Youth 4-17	\$2	\$4
Adult 18-59	\$3	\$5
Senior 60+	\$2	\$4
Family Special*	\$4	n/a
Stick and Puck	\$4	\$5

Children 3 & Under are free of charge.

*Wednesdays and Sunday public skate sessions offer resident family specials. All members of the household, with valid resident cards may enter for a total of \$4.

Season Pass	Ice Rink	
	Resident	Nonresident
Youth 4-17	\$20	\$35
Adult 18-59	\$30	\$50
Senior 60+	\$20	\$35
Family Special*	\$40	\$70
Stick and Puck	\$40	\$50

Family memberships include individuals living in the same household and listed on the occupancy permit if applicable. Price includes four family members. Additional eligible members may be added for a small fee. See recreation staff for details.

Special Services

Skate Rental	\$2.00	Skate Sharpening	\$5.00
Hockey & Figure Skates Available		Locker Rental	\$0.25

Party on the Ice

This annual event, for youth in grades 5-8, is held by the Florissant Parks and Recreation Department in cooperation with Florissant Police. Tickets include ice skating, DJ music, pizza, soda, games, door prizes and more! Ticket required upon entry. No tickets will be sold at the door.

Friday, March 6 6:30 - 9:00P
R \$6 NR \$8

Tickets available R 2/3 NR 2/10

Tickets will be sold at the JJE Center and JFK Community Center Reception desks while supplies last. Tickets will not be sold at the door, so purchase early! Only youth in 5th - 8th grade may attend.



Phone Number: 314-921-4470

JJE Ice Rink Public Skate

The outdoor covered ice rink is located inside the JJE Center. During open skate, individuals can enjoy use of the rink for all ages.

W	7:00 - 9:00P	SA	1:30 - 3:30P & 7:00 - 9:00P
F	7:00 - 9:00P	SU	2:00 - 4:00P

*Ice Rink is closed 12/25 & 1/1

Children 12 & under must be accompanied by an adult in the facility at all times.

Holiday Public Skate Sessions

Join us on the holiday break for these special public skate sessions! All regular admission rates will apply

DEC 23	2:00 - 4:00P	DEC 31*	2:00 - 4:00P
DEC 26 - 27	2:00 - 4:00P	JAN 20*	2:00 - 4:00P
DEC 30	2:00 - 4:00P	FEB 17*	2:00 - 4:00P
JAN 2 - 3	2:00 - 4:00P		

*Resident Appreciation Skate Sessions

Enjoy the holidays with FREE admission for all Florissant residents showing a valid resident card. Free popcorn and soda will be provided. Nonresidents are welcome to skate during these sessions but regular admission rates will apply. Gather the family and enjoy an afternoon at the rink! Resident Appreciation Skate Sessions will be DEC 31, JAN 20 and FEB 17 from 2:00 - 4:00P.

Stick and Puck

Stick and puck is open to the public specifically for those who would like to work on their puck-handling and passing skills. Players must wear a helmet with full face protection and gloves. Session is limited to 30 players. Goalies are free!

M	3:30 - 5:00P	15YRS & UNDER
TH	3:30 - 5:00P	16YRS & OLDER - Pick up hockey allowed
SA	11:30A - 1:00P	16YRS & OLDER - Pick up hockey allowed

See fee charts for admission pricing information. Regular Season Passes will not be accepted. You may purchase a Stick and Puck season pass or pay daily Stick and Puck admission.

Learn To Skate Kiddy Lessons (Ages 3 - 5YRS)

Introduce your little one to the basics of skating in this introductory lesson. Our instructors will provide instructions on beginning skating techniques.

Day(s)	Session	Time	Place	R/NR
TH - M	12/26 -12/30	8:30 - 9:15A	JJE Rink	\$20/\$25
SA	1/4 - 2/1	8:30 - 9:15A	JJE Rink	\$20/\$25

Learn To Skate Beginner Lessons (Ages 6+YRS)

Introduce your child to skating with us! Our instructors will provide instructions on beginning skating techniques.

Day(s)	Session	Time	Place	R/NR
TH - M	12/26 -12/30	9:25 - 10:10A	JJE Rink	\$20/\$25
SA	1/4 - 2/1	9:25 - 10:10A	JJE Rink	\$20/\$25

Learn To Skate Advanced Beginner Lessons (Ages 6+YRS)

This class is for students with previous instruction in skating. While skills will still be fundamental, they will be slightly more advanced for those with some experience on the ice.

Day(s)	Session	Time	Place	R/NR
TH - M	12/26 -12/30	10:20 - 11:05A	JJE Rink	\$20/\$25
SA	1/4 - 2/1	10:20 - 11:05A	JJE Rink	\$20/\$25



Letters From Santa

Santa Claus is making a list and checking it twice! This holiday season, your child can receive a letter personalized by the big man himself! Send a self-addressed, stamped envelope to:

Santa Claus
c/o JFK Community Center
315 Howdershell Road
Florissant, MO 63031

Please include some personal information about the child to help Santa make the letter extra special.

Don't delay as he has a lot of letters to respond to. All letters must be received by DEC 15 in order for your child to receive their letter from Santa by Christmas Day!

PROJECT LIFT OFF

Join the Florissant Parks & Recreation Department and Florissant Police D.A.R.E program for our annual drug, tobacco and alcohol free holiday party. Activities will include swimming, ice skating, DJ music and more! Tickets will also include pizza and drinks and an opportunity for door prizes. Event is for 5th - 8th graders only. Tickets will be for sale at the JJE and JFK Community Centers.

SATURDAY, DEC 7 6:30-9:00P
JAMES J. EAGAN CENTER

\$6 IN ADVANCE \$8 DAY OF (IF AVAILABLE)
TICKETS SALES BEGIN NOV 11 WHILE SUPPLIES LAST



VISIT WITH SANTA

Santa Claus is coming to town! Drop by the Nature Lodge at Sunset Park for a Christmas craft, light refreshments and the opportunity to visit and take a photo with Santa! A ticket is required upon entry and will not be sold at the door. Tickets can be purchased in advance at the JFK and JJE Community Centers.

SATURDAY, DEC 14TH
10:00 - 11:30A
SUNSET NATURE LODGE

Tickets will go on sale to Florissant residents on 11/18 and to nonresidents on 12/2.

Ticket Prices: R \$2 NR \$4

House Decorating Contest

Do you think you have the best decorated house in town? String up your lights and set out your decorations for our annual House Decorating Contest! Our Youth Advisory Commission will come out and judge. Temporary yard signs acknowledging the 1st, 2nd and 3rd place winners will be placed in yards and prizes from the Florissant Parks and Recreation Department will be awarded. Applications are FREE to Florissant Residents and will be available beginning MON, NOV 18 at the JJE Community Center, JFK Community Center and Florissant City Hall. The deadline to apply is MON, DEC 13 at 5:00P. Judging will take place TU DEC 17 at 6:00P.

Sharing & Caring Food Drive

Join us in the City of Florissant's Annual Sharing & Caring Food Drive. From NOV 12 - DEC 15, a barrel for the Sharing and Caring Food Drive will be placed at the James J. Eagan Center, the JFK Community Center and City Hall. We encourage all residents to donate non-perishable and canned food items. These donations will be given to organizations and food pantries within the city limits of Florissant. Please help bring holiday cheer to those families who may not be as fortunate as some.



Snowman Building Contest

We're out to find the best snowman in Florissant! Build the biggest, have a theme and make it cute then enter our contest. From NOV 1 through MAR 15, anytime it snows build a snowman and take a picture of yourself and the snowman and send it in. The Florissant Youth

Advisory Commission will vote on their favorite and prizes will be awarded to the winners! Must be a Florissant Resident to enter.

Build your most creative and unique snowman and send us a photo!

Send Pictures to jsteib@florissantmo.com. Include photo, child's name, address, phone number and age or post to Facebook and tag us (Florissant Parks & Recreation) as well as send a message to the page with the above information.



FLORISSANT PARKS & RECREATION

EASTER EVENTS

03
APR

UNDERWATER EGG HUNT

Take egg hunting to the water in this “egg”-citing event! Price includes egg hunt and open swim. Open to children ages 7-14. Pre-registration is required. Egg hunt will begin promptly at 6:30PM. Following the Underwater Egg Hunt, children can stay for open swim from 7:00 - 9:00P. Proper swim attire is required to participate. Non swimmers may participate with an adult.

Day(s)	Date	Time	Place	R/NR
F	4/3	Hunt at 6:30P	JJE Pool	\$10/\$12

Registration opens R 3/9 NR 3/16

EASTER HOPPENINGS

The Easter Bunny will be hopping in to Florissant! Children will first enjoy an egg hunt followed by games inside and photos with the Easter Bunny! The Egg Hunt will be divided into the following age groups: 2 & under, 3-5, 6-8, and 9-12 Event will be held at the JJE Center.

Tickets are required for ages 12 and under and must be purchased in advance.

Day(s)	Date	Time	Place	R/NR
SA	4/4	Hunt promptly at 10:00A Activities 10:00 - 11:30A	JJE	\$2/\$5

Registration opens R 3/9 NR 3/16

04
APR

08
APR

EGG DECORATING

Keep the mess out of your house and give your child a chance to dye and decorate eggs alongside some new friends. Each child will be given one dozen eggs to decorate and take home. Dye and other fun decorations will be provided, along with a light snack and drink. Preregistration is required so supplies can be prepared for all participants.

Day(s)	Date	Time	Place	R/NR
W	4/8	I: 5:30 - 6:15P II: 6:30 - 7:15P	JJE	\$6/\$9

Registration opens R 3/9 NR 3/16

FLORISSANT PARKS & RECREATION'S ANNUAL

GARAGE SALE

Saturday April 25 9:00A - 12:00P
JJE Ice Rink Pavilion

Haul the clutter from your attic and treasures from your garage for our annual garage sale at the JJE Center in Florissant. The sale will be held in the Ice Rink pavilion. Sellers will receive a table and space to display their items for hundreds of shoppers. Items for sale must be typical garage sale type items and the selling of craft items will not be approved. Application and seller payment must be returned to either community center by APR 17.

Fee to sell is R \$20 NR \$25

Fee to attend and shop is free!

Sellers may begin registering for their space R 2/15 NR 3/15

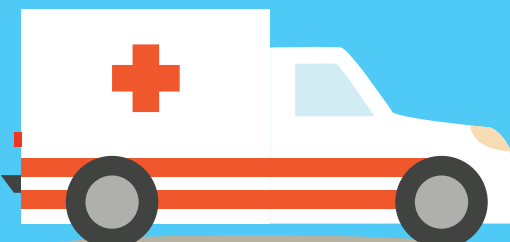
TOUCH A TRUCK



Put your imagination in gear and go! Last year's event was wildly popular and full of family fun. This is your chance to get behind the wheel of some of your favorite big trucks. Event features police and fire vehicles, a school bus, construction vehicles and more! Children can climb, take photos and explore the vehicles on display. This well loved, annual event is now a part of the Valley of Flowers festivities at the JJE Center. Vehicles will be parked along Parker Road (road will be closed during this time). This is a free activity that is open to the public. More information about additional activities taking place during the Valley of Flowers festival will be released closer to the festival date.



SATURDAY, MAY 2ND 11:00A - 1:00P
JJE CENTER (PARKER RD)





FLORISSANT
PARKS & RECREATION

**CONTEST BEGINS
MARCH 3RD!**

**DID YOU
KNOW?**

SNAP

FIND "DID YOU KNOW?" FACTS POSTED THROUGHOUT VARIOUS FLORISSANT PARKS AND FACILITIES AND TAKE A PHOTO OF THE FACTS YOU FIND.

SHARE

SHARE YOUR PHOTO ON YOUR PERSONAL FACEBOOK AND/OR INSTAGRAM PAGE USING #FLODIDYOUKNOW? AND TAG FLORISSANT PARKS AND RECREATION IN YOUR POST.

WIN

FOR EVERY FACT YOU POST A PHOTO OF AND SHARE USING THE GUIDELINES ABOVE, YOU WILL BE ENTERED INTO A DRAWING TO WIN SPECIAL PRIZES FROM THE FLORISSANT PARKS AND RECREATION DEPARTMENT! FACTS WILL CHANGE AND DRAWING WILL RESET MONTHLY.



FLORISSANT PARKS
AND RECREATION



FLORISSANTPARKREC

ONE ENTRY PER FACT PER PERSON. WINNER WILL BE DRAWN AT THE END OF EACH MONTH. DRAWING WILL RESET EACH MONTH AT WHICH TIME PARTICIPANTS MAY TAKE PHOTOS OF THE NEW FACTS AND ENTER THE NEW MONTH'S DRAWING.

Civic Center Theatre

Florissant Civic Center Theatre Staff

Brian Paladin
Trish Nelke
Sean Robertson

Theatre Manager
Administrative Assistant
Technical Director

Box Office Hours

M - F 9:00A - 5:00P
Phone number: 314-921-5678
www.florissantmo.com/theatre

Upcoming shows & concerts:



The Shoemaker & Santa's Elves
Presented By
The Alpha Players
December 5 & 6



The Nutcracker
Presented By
Midwest Ballet Theatre
December 8



Songs Of Christmas
Presented By
The Hawthorne Players
December 14



Holiday Concert
Presented By
Northwinds Concert Band
December 15



A Gentleman's Guide to Love & Murder
Presented By
Vivre Theatre
January 25, 26, 31 & February 1



Clybourne Park
Presented By
Alpha Players
March 6, 7, 13, 14 & 15



Picnic
Presented By
Hawthorne Players
March 27, 28, April, 3, 4 & 5

Individual tickets go on sale 45 days prior to the opening of any production.

Shows are performed at the Florissant Civic Center Theatre located in the James J. Eagan Center on Parker Road and Waterford Drive.

For individual show ticket pricing, information and to purchase tickets call the Florissant Civic Center Theatre Box office 314-921-5678 or go online to www.florissantmo.com/theatre.

St. Louis Family Theatre Series



Who We Are

The St. Louis Family Theatre Series (SLFSTS) celebrates "Page to Stage" theatre, bringing to life stories children of the metro region love. These national touring performances provide countless children the opportunity to engage in exciting educational theatre in hopes of inspiring young minds to live better and dream of a greater tomorrow.

Everyone is invited to join us for our weekend shows. Local area schools attend weekday performances at subsidized prices, allowing all children to experience the magic and excitement of live theatre.

November 23 & 24 2:00P
Admission: \$8.00 each

Ms. Greer's classroom includes three inquisitive out-of-the-box thinkers. Rosie Revere has big dreams. Iggy Peck has a relentless passion for architecture. And Ada Twist's curiosity can drive her teacher crazy. A fun new musical based on the books *Rosie Revere, Engineer*; *Iggy Peck, Architect*; and *Ada Twist, Scientist* by Andrea Beaty, which spotlights the STEM curriculum (focusing on science, technology, engineering and math). (Presented by TheatreworksUSA, New York, NY)



Twist Scientist by Andrea Beaty, which spotlights the STEM curriculum (focusing on science, technology, engineering and math). (Presented by TheatreworksUSA, New York, NY)

January 12 & 18 2:00P
Admission: \$8.00 each

"Cows that type? Hens on strike! Whoever heard of such a thing!" Farmer Brown cries. When his granddaughter Jenny comes for a visit, Farmer Brown declares the farm a tech-free zone. He takes her laptop in the cold barn with the shivering cows who use her computer to type messages requesting blankets. "No way," replies Farmer Brown. "No blankets!" So the cows go on strike and the chickens join them in solidarity. No blankets? No milk! No eggs! Will Farmer Brown give in to the animals' demands? Will Jenny get her computer back? Find out in a hilariously moving musical about negotiation and compromise, based on the Caldecott Honor Book by Doreen Cronin and Betsy Lewin. (Presented by TheatreworksUSA, New York, NY)



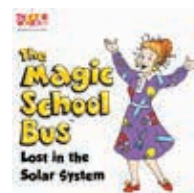
requesting blankets. "No way," replies Farmer Brown. "No blankets!" So the cows go on strike and the chickens join them in solidarity. No blankets? No milk! No eggs! Will Farmer Brown give in to the animals' demands? Will Jenny get her computer back? Find out in a hilariously moving musical about negotiation and compromise, based on the Caldecott Honor Book by Doreen Cronin and Betsy Lewin. (Presented by TheatreworksUSA, New York, NY)



February 2 & 8 2:00P
Admission: \$8.00 each

The amazing true story of the orphaned baby hippo and 130-year-old giant turtle whose remarkable friendship touched millions around the world. The inspiring true story of two great friends, a baby hippo named Owen and a 130-yr-old giant tortoise named

Mzee. When Owen was stranded after a tsunami, villagers in Kenya worked tirelessly to rescue him. Then, to everyone's amazement, the orphan hippo and the elderly tortoise adopted each other. Now they are inseparable, swimming, eating, and playing together. Adorable photos e-mailed from friend to friend quickly made them worldwide celebrities. Here is a joyous reminder that in times of trouble, friendship is stronger than the differences that too often pull us apart. (Presented by Vital Theatre Company Inc., New York, NY)



February 23 & 29 2:00P
Admission: \$8.00 each

When the class gets lost on the way to the planetarium, Ms. Frizzle saves the day by blasting into outer space for an epic interplanetary field trip! But when rivalries both old and new threaten to tear the students apart, our young heroes must learn to pull together or risk getting forever lost in the solar system. Hop on the Magic School Bus for

a ride in this new musical adaptation based on the original book series published by Scholastic. (Presented by TheatreworksUSA, New York, NY)

The St. Louis Family Theatre Series gratefully acknowledges financial support from the City of Florissant, Missouri Arts Council (a state agency), and The Regional Arts Commission.



**Presented by the City of Florissant at the
Florissant Civic Center Theatre**

For more information pertaining to theatre shows and events please call the Box Office at 314-921-5678.

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YOUTH DAY CAMPS



WINTER BREAK CAMP

December 23, 26, 27, 30 & January 2

AGES: 6 - 10YRS
7:30A - 5:30P
R \$60 NR \$120

Let us keep your child entertained this Winter Break at our annual Winter Break Camp. This camp takes place at the JJE Center and participants will enjoy activities like swimming, ice skating, crafts, games and more. Registration must be done in advance.

Registration is open now to both residents and nonresidents!



SPRING BREAK CAMP

Daily M - F March 23 - 27

AGES: 6 - 10YRS
7:30A - 5:30P
R \$65 NR \$125

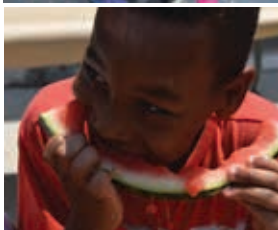
Come join us over Spring Break for some fun games and activities. This camp will be similar to our Summer Daycamp program. Children will be able to go swimming several days during camp. Children who will be 6 by JUL 31 may register.

Registration opens R 2/1 NR 2/15

SUMMER DAY CAMP

Daily M - F June 8 - July 31 (8 Weeks)

AGES: 6 - 12YRS
9:00A - 3:00P
R \$300 NR \$550



Summer Day Camp is an eight week program that is held at the JJE and JFK Community Centers. You may register your child to attend one of the two sites. This is primarily an outdoor program that may have some time scheduled indoors. Children must be six years old by JUL 31 and cannot turn 13 before JUL 31. Registration is held at both community centers. Applications will be available at both community centers and online beginning MAR 15. Registration will be held on a space available basis. This year, we will begin accepting a 50% down payment at the time of registration for those who wish to spread out the payments. The camp must be paid in full by MAY 8 for your child to attend. Registrations taken after MAY 8 must be paid in full. Additional children after the first registered child in a family will be a rate of R \$225 NR \$450 each. Children will enjoy swimming, games, crafts, special activities and so much more.

Items needed to register are:

- 1) Registration & Emergency Medical Treatment Forms
- 2) Current resident card to receive resident rates
- 3) Children ages 6 & 12 years old must present a birth certificate when registering

Registration opens R 4/1 NR 5/15. Deadline to register is JUN 2 (if spaces remain)

Before & After Care

As an added convenience, we will offer "Before and After Care" for children attending Summer Day Camp. You may register for one or both. Only 50 spots are available for each location, so sign up early. Prices are for all eight weeks.

Before Care	M-F	7:30 - 9:00A	R \$80* NR \$100*
After Care	M-F	3:00 - 5:00P	R \$120* NR \$135*
Before & After Care			R \$160 NR \$145

Youth Programs

Winter Youth Art Series

Beginning this fall, join us once a month for youth art classes! Directed by Miss Sarah Bogaski, art teacher of Sacred Heart, students will learn the basics of printmaking, weaving and other artistic skills. All classes will take place at the JFK Community Center.

Step by Step Painting (Ages 14 - 18) NEW

Participants in this program will create a beautiful painting with step by step instruction and assistance. This is perfect for individuals of all abilities. Join us for an evening where you can create a masterpiece of your own!

Day(s)	Session	Time	Place	R/NR
W	1/8	6:00 - 7:15P	JFK	\$25/\$30

Printmaking (Ages 10 - 15) NEW

Printmaking is the process of making multiple images from one block, simply making a sort of stamp. Join us to learn this process and make your own prints to take home and share!

Day(s)	Session	Time	Place	R/NR
W	2/5	6:00 - 7:15P	JFK	\$25/\$30

Weaving (Ages 10 - 15) NEW

Weaving is a textile production where the artist uses a loom to interlock two pieces of yarn to make a cloth. This cloth can become many different forms, but students will be making their own wall tapestries in this class.

Day(s)	Session	Time	Place	R/NR
W	3/3	6:00 - 7:15P	JFK	\$25/\$30

Kickstarters Soccer (Ages 3 - 7)

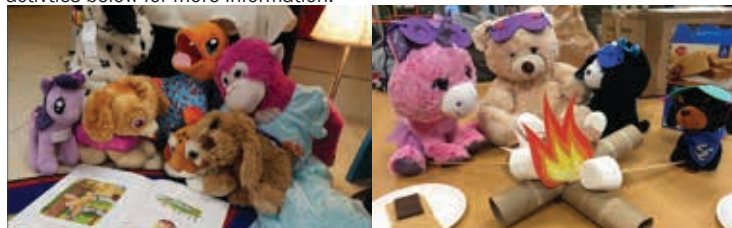
This indoor youth soccer program consists of light instruction in a fun and positive environment. Children will learn shooting, passing, dribbling, defense, and other fundamentals of the game. Participants should bring tennis shoes and a soccer ball appropriate for their age group. *Session I registration begins R 12/9 & NR 12/16. Session II registration begins R 2/3 & NR 2/10.*

Day(s)	Session	Time	Place	R/NR
SA	I: 1/11 - 2/15	Age 3 - 4 9:00 - 9:45A Age 5 - 7 10:00 - 10:45A	JJE	\$50/\$60
SA	II: 3/7 - 4/11	Age 3 - 4 9:00 - 9:45A Age 5 - 7 10:00 - 10:45A	JJE	\$50/\$60

Teddy Bear Sleepover NEW

(Ages 2 - 10)

Do you ever wonder what your Teddy Bear does while you sleep? Leave your fluffy friend with us for the night and maybe you can find out! The staff at JFK Community Center invites your teddy bear (or any stuffed animal) to spend the night with us and have some fun. Please note: only stuffed animals, not the children, will sleepover. Children can enjoy activities at drop off and pick up and will also receive a photo album showing all the fun (and possibly mischief) their lovable friends got into during their overnight stay! Please see the schedule of activities below for more information.



Day(s)	Session	Time	Place	R/NR
F-SA	4/25 - 4/26	F: 6:00 - 8:00P & SA: 10:00 - 11:00A	JFK	\$10/\$12

Friday, APR 25 Stuffed Animal Drop Off

Drop your stuffed animal off at the JFK Community Center. We will make name tags and a blanket for your furry friend, read them a story and tuck them in with their new blanket. Children will then leave their stuffed animal here for the night.

Saturday, APR 26 Stuffed Animal Pick Up

Children will return to the JFK Community Center to pick up their stuffed animals. They will also enjoy a light breakfast and see what their animals were up to all night. Each child will receive a small photo album showing you what your Teddy was up to.

Pre-registration is required to participate in the Teddy Bear Sleepover.

A "Frozen" Adventure (Ages 2 - 10) NEW

Embark on an epic journey with Anna and Elsa from Frozen and Frozen 2. In this fun adventure, we will make a craft, play games and sing-along with Anna and Elsa themselves. Near the end of the event, children can get photos with our special guests, so they can cherish this memory forever!

Day(s)	Session	Time	Place	R/NR
SU	1/12	2:00 - 4:00P	JFK	\$12/\$15



Defy Gravity 101

In this beginner circus arts class, students will be introduced to an array of circus skills including tumbling, juggling, rolling globe, clowning, and partner acrobatics. They will also develop their strength, flexibility, coordination, and stage presence. While students learn to flip, fly, and fling, they will also learn important life skills like focus, persistence, and teamwork! The class will culminate in the show that the whole family is invited to see!

Day(s)	Session	Time	Place	R/NR
TU	1/28 - 5/5	6:00 - 7:30P	JFK	FREE*

*The workshop is free but preregistration is required and space is limited. Sign up by going to the follow link.

<https://www.hisawyer.com/circus-harmony/schedules/activity-set/84504>



Aquatics

Session I registration opens R 12/9, NR 12/16

Session II registration opens R 2/3, NR 2/10

Session III registration opens R 3/23, NR 3/30

JJE Center Indoor Pool Open Swim

The indoor pool is located inside the JJE Center. During open swim, individuals can enjoy use of the hot tub (ages 16+), diving board, waterslide (temperature must reach 32 degrees) and other open swimming areas. This is a great time for families and individuals to come and enjoy recreational swimming time!

Open Swim Schedule

M/W/F 7:00 - 9:00P SA 2:30 - 5:30P SU 2:30 - 4:30P

Pool closed 12/24, 12/25, 1/1, 4/12 & 5/3

Children twelve and under must be accompanied by an adult in the building at all times. All children eight years and younger must be accompanied by a paying adult who enters the water in proper swim attire. No jeans, cut offs, gym shorts, basketball shorts, t-shirts, or any other clothing not specifically designed for water will be allowed in the pool.

Resident Family Swimming

Join us in our indoor pool at the JJE for a low fee. Each family member age four and older must show their own current resident card. Family swimming nights are on Wednesdays from 7:00 - 9:00P. Admission is \$4 for the family. The price includes members living in a single household and listed on the occupancy permit ONLY. Non-resident families may attend but regular pricing applies. Pool capacity is 65 and will be enforced. If capacity is reached, new guests must wait for available space.

O.A.R.S.

Older Adult Recreational Swimming is for adults 18 years and older. The pool is sectioned into lap lanes with deep and shallow areas for swimming or exercising.

Day(s)	Time	Dates	R/NR/GAP
M-F	12:30 - 1:30P	Through 5/22	\$1.50/\$2.50/\$1

Florissant Fish Stroke Clinic (Ages 18 & Under)

The stroke clinic will be conducted at the JJE indoor pool by the Florissant Fish Municipal Swim Team coaches. The clinic will involve five teaching/practice stations: Starts & Turns, Breaststroke, Freestyle, Backstroke, and Butterfly. It is highly recommended that participants have swim lesson experience. Family members of different ages may register for the same time.

Day(s)	Session	Time	Place	R/NR
SU	I: 2/2 - 3/22	Ages 10 - 18: 1:00 - 1:40P Ages 9 & under: 1:45 - 2:30P	JJE Pool	\$29/\$36

Florissant Fish Summer Swim Team (Ages 18 & under)

Join the Florissant Fish Swim Team for the 2020 summer season! This is a recreational program that involves competitive meets with other North County municipalities. Practice and home meets are held at Bangert Pool. Swimmers can register in the following age groups:

8 years & under, 9-10 years, 11-12 years, 13-14 years, 15-18 years

Day(s)	Session	Time	Place	R/NR
M-F	JUN - JUL	Varies by age group	Bangert	\$60/\$70*

Registration begins R & 2019 swimmers 4/6 NR 4/13

*Additional children after the first registered child receive a 25% discount.



JJE Center Indoor Pool Lap Swim

Are you looking for a great way to get in shape that won't cause impact on your body and joints? Aquatic workouts are a great way to accomplish this! Lap swim times are available at the indoor pool at JJE. The pool will be divided into three large lanes for participants to enjoy end to end swimming. This is not a guided workout but makes the pool available to those who wish to swim laps. The hot tub will be available during this time as well to individuals ages 16YRS+.

Lap Swim Schedule

M/W/F	7:30 - 10:00A	T/TH	8:15 - 9:00P
M/F	5:30 - 7:00P	SA	6:00 - 7:00P

Pool closed 12/24, 12/25, 1/1, 4/12 & 5/3

Fee for lap swim:

Youth \$2 Adult \$4 or use a valid Facility Membership (see prices on page 4).

Preschool Swim Lessons (Ages 3 - 4 YRS)

Children can expect to gain confidence in and around water and build their independence. Children at this level will still most likely not be learning to swim completely on their own, but they will increase their independence over time. Preschool lessons will lay a foundation and build on basic swimming skills that will be needed to succeed in higher levels of swimming. Children will participate independently of a parent with experienced swim instructors.

Day(s)	Session	Time	Place	R/NR
W	I: 1/8 - 2/12	5:30P - 6:00P	JJE Pool	\$30/\$33
SA	I: 1/11 - 2/15	10:30A - 11:00A	JJE Pool	\$30/\$33
W	II: 2/26 - 4/1	5:30P - 6:00P	JJE Pool	\$30/\$33
SA	II: 2/29 - 4/4	10:30A - 11:00A	JJE Pool	\$30/\$33
W	III: 4/15-5/20	5:30P - 6:00P	JJE Pool	\$30/\$33
SA	III: 4/18-5/23	10:30A - 11:00A	JJE Pool	\$30/\$33

Youth Swim Lessons (Ages 5 - 15 YRS)

Does your child want to learn to swim? Children in this program will learn swimming skills based on their current abilities. They will be placed into groups with others at the same skill level, and taught the skills needed to progress from there.

Day(s)	Session	Time	Place	R/NR
W	I: 1/8 - 2/12	6:05P - 6:50P	JJE Pool	\$36/\$39
SA	I: 1/11 - 2/15	8:45A - 9:30A	JJE Pool	\$36/\$39
SA	I: 1/11 - 2/15	9:35A - 10:20A	JJE Pool	\$36/\$39
W	II: 2/26 - 4/1	6:05P - 6:50P	JJE Pool	\$36/\$39
SA	II: 2/29 - 4/4	8:45A - 9:30A	JJE Pool	\$36/\$39
SA	II: 2/29 - 4/4	9:35A - 10:20A	JJE Pool	\$36/\$39
W	III: 4/15 - 5/20	6:05P - 6:50P	JJE Pool	\$36/\$39
SA	III: 4/18 - 5/23	8:45A - 9:30A	JJE Pool	\$36/\$39
SA	III: 4/18 - 5/23	9:35A - 10:20A	JJE Pool	\$36/\$39

Adult Swim Lessons (Ages 16 + YRS)

This class is for adult swimmers of all abilities. Whether you have little to no experience in the water or you are looking to improve technique and learn new strokes, our instructors can help you work towards your swimming goals!

Day(s)	Session	Time	Place	R/NR/GAP
SU	I: 1/12 - 2/16	6:00P - 6:45P	JJE Pool	\$36/\$39/\$27
SU	II: 3/1 - 4/5	6:00P - 6:45P	JJE Pool	\$36/\$39/\$27
SU	III: 4/19 - 5/24	6:00P - 6:45P	JJE Pool	\$30/\$33/\$22.50

Aquacize

Aquacize is a challenging water workout, fit for everyone, especially those with joint ailments or injuries. The class begins with a gentle warm-up in the pool. From there, you'll ease into the exercises using your own body weight, water resistance dumbbells, and noodles. This cardio and resistance training class will have you splashing your way to improved strength and overall refreshment. No swimming experience? No problem! This class is held in the shallow end of the pool.

Days	Dates	Time	Place	R/NR/GAP
M/W/F	I: 1/6 - 2/21	10:15 - 11:15A	JJE Pool	\$68/\$79/\$51
M/W/F	II: 2/24 - 4/10	10:15 - 11:15A	JJE Pool	\$68/\$79/\$51
M/W/F	III: 4/13 - 5/22	10:15 - 11:15A	JJE Pool	\$59/\$68/\$44.25

Water Works!

Take the plunge and try this low-impact workout that builds muscle strength and boosts your endurance. Each class includes a warm-up, cardio and strength-training exercises, and a cooldown. Expect exercises like water walking, bicep curls, leg lifts, and noodle moves. You won't be swimming, and these water workouts are done in the shallow end of the pool. The buoyancy of the water is easy on your joints. That makes water aerobics a good choice if you have joint problems, chronic pain, or are recovering from injury. Don't miss out!

Days	Dates	Time	Place	R/NR/GAP
M/W/F	I: 1/6 - 2/21	11:15A - 12:15	JJE Pool	\$68/\$79/\$51
M/W/F	II: 2/24 - 4/10	11:15A - 12:15	JJE Pool	\$68/\$79/\$51
M/W/F	III: 4/13 - 5/22	11:15A - 12:15	JJE Pool	\$59/\$68/\$44.25

Deep Water Aerobics

As you submerge yourself into the deep end of a pool for a water fitness workout your body becomes nearly weightless, giving you a new kind of workout challenge. While deep water aerobics has a low impact on your joints, it has a high impact on your cardiovascular system, improving your overall health and fitness and aiding weight loss and maintenance. You may wear a flotation belt for support in the deep water, or rely on your own ability to float as you perform deep water aerobics routines. Swimming ability is recommended as this class is held in the deep end of the pool.

Days	Dates	Time	Place	R/NR/GAP
T/TH	I: 1/7 - 2/20	10:00A - 11:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	5:15P - 6:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	6:15P - 7:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	10:00A - 11:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	5:15P - 6:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	6:15P - 7:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	III: 4/14 - 5/21	10:00A - 11:00A	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	5:15P - 6:15P	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	6:15P - 7:15P	JJE Pool	\$39/\$45/\$29.25

Water Aerobics

Are you looking for a low impact shallow water workout? Our certified instructor uses their own creative style of teaching different movements. Programming can be modified to meet specific needs and goals. That means it's a great activity for people of different ages and athletic abilities. Not a strong swimmer? Don't worry, you'll be able to stand the whole time—the water is typically no more than chest high. So, grab your bathing cap, dip in a toe, and get ready to make a splash with this fun workout!

Days	Dates	Time	Place	R/NR/GAP
T/TH	I: 1/7 - 2/20	8:00 - 9:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	9:00 - 10:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	10:00 - 11:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	5:15 - 6:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	6:15 - 7:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	8:00 - 9:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	9:00 - 10:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	10:00 - 11:00A	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	5:15 - 6:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	6:15 - 7:15P	JJE Pool	\$45/\$52/\$33.75
T/TH	III: 4/14 - 5/21	8:00 - 9:00A	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	9:00 - 10:00A	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	10:00 - 11:00A	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	5:15 - 6:15P	JJE Pool	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	6:15 - 7:15P	JJE Pool	\$39/\$45/\$29.25

Aqua Zumba

Aqua Zumba gives new meaning to the idea of an invigorating workout. This class takes place in our indoor pool. Splashing, stretching, twisting, and even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba shallow water class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

Days	Dates	Time	Place	R/NR/GAP
T/TH	I: 1/7 - 2/20	11:00 - 11:45A	JJE	\$45/\$52/\$33.75
T/TH	I: 1/7 - 2/20	7:15 - 8:00P	JJE	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	11:00 - 11:45A	JJE	\$45/\$52/\$33.75
T/TH	II: 2/25 - 4/9	7:15 - 8:00P	JJE	\$45/\$52/\$33.75
T/TH	III: 4/14 - 5/21	11:00 - 11:45A	JJE	\$39/\$45/\$29.25
T/TH	III: 4/14 - 5/21	7:15 - 8:00P	JJE	\$39/\$45/\$29.25



The Florissant Parks & Recreation Department is now hiring Lifeguards, Head Lifeguards, Pool Managers, Concession/Admission Managers and Cashiers for the 2020 Summer Season at Bangert Pool. Bangert Pool will open Saturday, MAY 23 and remain open through Monday, SEP 7. For more information about these seasonal positions, including hourly pay rates, age requirements and more, visit <https://florissantmo.applicantpro.com/jobs/>. The website will also include a link to apply for all positions. Lifeguards ONLY

may be 15 as long as they obtain their Jeff Ellis & Associates Lifeguard License, which can be provided by the city. Contact Lisa Welch, lwelch@florissantmo.com, for more information on Lifeguard Certification or Aquatic employment opportunities.



Health & Fitness

Fitness Center Rules & Policies

Liability release forms are required to be signed and are kept on file. Release forms are available at JJE Center and JFK Community Center. Please note fitness center rules/policies:

Requirements:

- 18 & older: Liability release form
- 16-17: Parental liability release form
- 12-15: Parental liability release form and must be accompanied by the parent or legal guardian during the fitness center visit
- No one under 12 is allowed in the fitness centers.
- Proper exercise attire is required. No blue jeans or slacks, cut-offs, sandals, work boots or belts. A shirt & rubber soled shoes required at all times.
- Children 11 & under are not permitted. Children 12 - 15 must be accompanied by a parent or approved guardian.
- There is a 30-minute time limit on cardio equipment during crowded conditions.
- Only sealable containers, such as water bottles are permitted for beverages. Food is not permitted.
- Be courteous to the next user by wiping equipment off when done.
- Please be respectful of others when using cell phone and music players.
- Music must be played on personal music devices with headphones. The Fitness Center Attendant may ask guests to lower the volume level at their discretion.

Our Personal Trainers are here to help you!

Personal trainers provide each participant with personalized attention and support in order to help them achieve their fitness and wellness goals. They provide quality personal training and motivation through certified fitness trainers. All clients will be provided with a comprehensive fitness assessment to evaluate fitness levels and set realistic goals.

Number of Sessions	1	3	6	12	24
Express Training (30 minutes)	n/a	\$90	\$180	\$360	\$720
45 Minute Training	\$50	\$135	\$240	\$420	\$800
Partner (2 Clients) Price per person (45 minutes)	\$35	\$90	\$180	\$360	\$720
Group (4 Clients) Price per person (45 minutes)	\$25	\$65	\$120	\$230	\$440
Fitness Assessment	\$65				



Join experienced POUND Pro Eileen!

Eileen has been a POUND Pro since 2016. She has an extensive dance background and has been involved in the fitness industry for 25+ years. We are excited to have Eileen join our fitness team to provide this exciting, unique and most of all FUN fitness opportunity to our community. See the class information, including pricing and sessions below and get ready to ROCK!

POUND Rockout Workout (Ages 12YRS+)

Become the music in this exhilarating full-body workout that combines cardio, conditioning and strength training with yoga and pilates-inspired movements. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. POUND is designed for all fitness levels as it can be easily modified to fit any abilities. Join us for FREE trial classes on 8/19 & 8/26!

Day(s)	Session	Time	Place	R/NR/GAP
M	I: 1/6 - 2/17	5:30 - 6:15P	JFK	\$30/\$35/\$22.50
M	II: 2/24 - 4/6	5:30 - 6:15P	JFK	\$30/\$35/\$22.50
M	III: 4/13 - 5/18	5:30 - 6:15P	JFK	\$26/\$31/\$19.50

Mixed Fit/Zumba Combo (Ages 12YRS+)

Mixed Fit is a people-inspired dance fitness program that incorporates explosive movements and boot camp toning. Music selections range from Top 40, Pop, R&B, Hip Hop, Rock, and Reggae. Exercise releases endorphins which trigger positive emotions. If you're stuck on a plateau in your traditional dance fitness class, this might be the answer! Come on in and dance yourself to a better you! Don't forget that this class is held at our JFK community center.

Day(s)	Session	Time	Place	R/NR/GAP
M/W	I: 1/6-2/19	7:00P - 8:00P	JFK	\$46/\$53/\$34.50
M/W	II: 2/24-4/8	7:00P - 8:00P	JFK	\$46/\$53/\$34.50
M/W	III: 4/13-5/20	7:00P - 8:00P	JFK	\$39/\$45/\$29.25

Chair Exercise (Ages 55YRS+)

This is a low impact fitness class, put on by experienced trainers from Champion International Fitness. This class is ideal for individuals with arthritis, knee/hip replacements, joint pain or individuals with low mobility who are looking for a low impact start to their fitness routine. Class will consist of a variety of standing and sitting exercises to help you gain strength and stay fit. Class will meet at the JFK Community Center.

Day(s)	Session	Time	Place	R/NR/GAP
F	I: 1/10 - 2/21	9:30 - 10:00A	JFK	\$25/\$30/\$18.75
F	II: 2/28 - 4/10	9:30 - 10:00A	JFK	\$25/\$30/\$18.75
F	III: 4/17 - 5/22	9:30 - 10:00A	JFK	\$22/\$27/\$16.50

JOIN OUR TEAM!

Program Instructors Needed!

Are you certified in something or have a special skill you would like to share? The Florissant Parks and Recreation Department is always looking to add program/fitness instructors to our team who can help us offer even more options for classes and programs to the community. We are currently looking to offer classes like tumbling, dance and athletic training. If you are skilled in any of these areas we would love to talk with you about what you can offer. We are always open to new proposals and ideas for programming in the department. Contact Lisa Welch (lwelch@florissantmo.com) or Evan Stoll (estoll@florissantmo.com) if you would like to discuss a possible program or class option.

Yoga (Ages 12YRS+)

Yoga is a complete mind and body connection. It is an ancient art rooted in a harmonizing system of development for the body, mind, and spirit. The practice of yoga has many physical and mental benefits. For example, yoga can increase your flexibility, increase muscle strength and tone, improve energy, and maintain a balanced metabolism. Yoga can also help manage stress which can cause back or neck pain, sleeping problems, headaches and more but with the incorporation of meditation and breathing those issues can begin to decrease. Do not worry if you are a beginner as yoga is for everyone! Come and take that first step onto the mat or "yoganna" regret it!

Day(s)	Session	Time	Place	R/NR/GAP
M/W	I: 1/6 - 2/19	9:00 - 10:00A	JJE	\$49/\$56/\$36.75
M/W	I: 1/6 - 2/19	7:35 - 8:35P	JJE	\$49/\$56/\$36.75
TU	I: 1/7 - 2/18	7:00 - 8:00P	JJE	\$25/\$28/\$18.75
M/W	II: 2/24 - 4/8	9:00 - 10:00A	JJE	\$49/\$56/\$36.75
M/W	II: 2/24 - 4/8	7:35 - 8:35P	JJE	\$49/\$56/\$36.75
TU	II: 2/25 - 4/7	7:00 - 8:00P	JJE	\$25/\$28/\$18.75
M/W	III: 4/13 - 5/20	9:00 - 10:00A	JJE	\$42/\$48/\$31.50
M/W	III: 4/13 - 5/20	7:35 - 8:35P	JJE	\$42/\$48/\$31.50
TU	III: 4/14 - 4/19	7:00 - 8:00P	JJE	\$21/\$24/\$15.75

Body Toning (Ages 12YRS+)

This is an extensive workout routine targeting those problem body areas: stomach, hips, waist and thighs. You will do different workout routines with a mat that will be designed to tone and sculpt your way to the body of your dreams. Mats are provided. Toned muscles are important in supporting and protecting joints from incorrect movements and joints supported by strong, toned muscles can result in fewer injuries than a joint that is supported with weak muscles.

Day(s)	Session	Time	Place	R/NR/GAP
M/W	I: 1/6 - 2/19	6:30 - 7:30P	JJE	\$46/\$53/\$34.50
M/W	II: 2/24 - 4/8	6:30 - 7:30P	JJE	\$46/\$53/\$34.50
M/W	III: 4/13-5/20	6:30 - 7:30P	JJE	\$39/\$45/\$29.25

Aikido for Adults (14YRS+)

Aikido can be practiced by people of all ages with varying levels of athletic ability as its emphasis is not on "winning" or overpowering one's partner. It's techniques are powerful yet focus on protecting the attacker from injury. Participants will gain strength, balance and body coordination as well as learn focus, respect, and discipline. This class is for adults ages 14YRS+.

Day(s)	Session	Time	Place	R/NR/GAP
SA	I: 1/4 - 2/22	8:45A - 10:00A	JJE	\$44/\$48/\$33
SA	II: 2/29 - 4/11	8:45A - 10:00A	JJE	\$39/\$42/\$29.25
SA	III: 4/18 - 5/23	8:45A - 10:00A	JJE	\$33/\$36/\$24.75

Aikido for Youth (6-13YRS)

See description above. This class is for youth ages 6-13 YRS.

Day(s)	Session	Time	Place	R/NR
SA	I: 1/4 - 2/22	10:00A - 11:00A	JJE	\$44/\$48
SA	II: 2/29 - 4/11	10:00A - 11:00A	JJE	\$39/\$42
SA	III: 4/18 - 5/23	10:00A - 11:00A	JJE	\$33/\$36

Aikido Playgroup (3-6YRS)

Learn Aikido concepts as well as develop focus and coordination through fun-filled games and exercises. Physical benefits include strength, flexibility, and coordination. Mental benefits are greater confidence and empathy practiced through patience, cooperation, and thoughtful communication. This program is for children ages 3-6YRS.

Day(s)	Session	Time	Place	R/NR
SA	I: 1/4 - 2/22	11:00 - 11:30A	JJE	\$20/\$24
SA	II: 2/29 - 4/11	11:00 - 11:30A	JJE	\$18/\$21
SA	III: 4/18 - 5/23	11:00 - 11:30A	JJE	\$15/\$18

Strength & Cardio (Ages 12YRS+)

Rise and shine early birds! Strength and cardio is our early morning class that combines the cardiovascular benefits of step aerobics with the body toning benefits of strength training. Early morning workouts have many benefits ranging from more energy throughout the day, a better mood, improved sleep, lower blood pressure, less stress, and more! Come on in and start your day off right!

Day(s)	Dates	Time	Place	R/NR/GAP
TU/TH	I: 1/7 - 2/20	6:05 - 7:05A	JJE	\$45/\$52/\$33.75
TU/TH	II: 2/25 - 4/9	6:05 - 7:05A	JJE	\$45/\$52/\$33.75
TU/TH	III: 4/14-5/21	6:05 - 7:05A	JJE	\$39/\$45/\$29.25

Zumba (Ages 12YRS+)

Zumba continues to be one of the most popular styles of dance workouts and lucky for you, we offer classes at the James J. Eagan Center! Dance your way to a tighter and fitter you. In this popular class, you will increase your level of fitness by dancing to exciting and unique Latin moves and rhythms. Zumba is a fun way to boost your heart health, relieve stress, and even improve coordination! Register early and boogie down a few pant sizes. We hope to see you there!

Day(s)	Dates	Time	Place	R/NR/GAP
TU/TH	I: 1/7-2/13	5:25 - 6:25P	JJE	\$45/\$51/\$33.75
TU/TH	II: 2/25-4/2	5:25 - 6:25P	JJE	\$45/\$51/\$33.75
TU/TH	III: 4/14-5/21	5:25 - 6:25P	JJE	\$45/\$51/\$33.75

Adult Judo (13YRS +)

Judo is a martial art from Japan. Judo teaches how to redirect an opponent's strength to defeat him/her. Judo is designed to be practiced by men, women, boys and girls of all ages. It is a great sport for families to practice together and a way to build physical and mental confidence. Students may choose to practice for recreation and/or for competition.

Days	Dates	Time	Place	R/NR/GAP
TU	I: 1/7 - 2/18	7:10 - 8:30P	JJE	See Chart Below
TH	I: 1/9 - 2/20	7:10 - 8:30P	JJE	See Chart Below
TU	II: 2/25 - 4/7	7:10 - 8:30P	JJE	See Chart Below
TH	II: 2/27 - 4/9	7:10 - 8:30P	JJE	See Chart Below
TU	III: 4/14 - 5/19	7:10 - 8:30P	JJE	See Chart Below
TH	III: 4/16 - 5/21	7:10 - 8:30P	JJE	See Chart Below

Judo for Kids (5-12YRS)

Through Judo practice young students will learn discipline, listening skills, and respect for self and others. This class features a popular scholar athlete program which encourages students to perform their best both in judo and in their school.

Days	Dates	Time	Place	R/NR/GAP
W	I: 1/8-2/19	6:30 - 7:30P	JJE	See Chart Below
W	II: 2/26-4/8	6:30 - 7:30P	JJE	See Chart Below
W	III: 4/15-5/20	6:30 - 7:30P	JJE	See Chart Below

Kata Training (All Ages)

Kata training is for students who have completed at least one session of either Adult Judo or Judo For Kids. Kata is prearranged Judo techniques performed by a team of two judo players. Teams may practice simply for recreation or train to compete in local, national, or international Judo tournaments.

Days	Dates	Time	Place	R/NR/GAP
W	I: 1/8-2/19	7:30 - 8:30P	JJE	See Chart Below
W	II: 2/26-4/8	7:30 - 8:30P	JJE	See Chart Below
W	III: 4/15-5/20	7:30 - 8:30P	JJE	See Chart Below

Judo classes are taught by World Class Instructor, Sensei Eiko Saito Shepherd, an 8th Degree Black Belt in from Japan. Sensei Shepherd is a certified USA Judo international coach and a Class A judge with the International Judo Federation.

One class per week:	\$60/\$70	Three classes per week:	\$112/\$122
Two classes per week:	\$93/\$104	Daily drop-in rate:	\$11/\$18

Athletics



Indoor Volleyball Leagues (18+YRS)

The volleyball leagues are governed by house rules. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with best regular season record will receive championship t-shirts. The playoff champions will receive a trophy. *Games may begin as early as 6:30P but start times will vary. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first.

Women's All Skill Level League

Day(s)	Session	Time	Place	Team Fee	Registration
M	1/13 (8 weeks)	6:30P*	JJE	\$175	12/9

Coed Recreational Level League

Day(s)	Session	Time	Place	Team Fee	Registration
TH	1/16 (8 weeks)	6:30P*	JJE	\$175	12/9

Coed Intermediate Level League

Day(s)	Session	Time	Place	Team Fee	Registration
TH	1/16 (8 weeks)	6:30P*	JJE	\$175	12/9

Registration for indoor and sand volleyball leagues can be done at either community center during normal business hours. Leagues will be filled on a first come, first served basis. \$100 nonrefundable deposit is due at the time of registration and final payments are due no later than the third game of the season. *Divisions may be combined if any one division does not receive enough teams.*

Coed Outdoor Sand Volleyball League (18+YRS)

The volleyball leagues are governed by house rules. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with best regular season record will receive championship t-shirts. The playoff champions will receive a trophy. *Games may begin as early as 6:30P but start times will vary. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first.

Recreational Level League

Day(s)	Session	Time	Place	Fee	Registration
TU	4/14 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24
TH	4/16 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24
F	4/17 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24

Intermediate Level League

Day(s)	Session	Time	Place	Fee	Registration
TU	4/14 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24
TH	4/16 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24
F	4/17 (8 weeks)	6:30P*	St.Ferdinand Park	\$175	2/24

Summer Softball Leagues (18+YRS)

Day	League	Season	Game Length	Start Date
Mon	Co-ed B	8 WEEKS	Double-header	APR 20
	Co-ed C	8 WEEKS	Single	APR 20
Tues	Men's B	8 WEEKS	Double-header	APR 21
	Men's C	8 WEEKS	Double-header	APR 21
Wed	Women's	8 WEEKS	Single	APR 24
	Men's A	8 WEEKS	Double-header	APR 24
	Men's C	8 WEEKS	Double-header	APR 24
Thurs	Men's B	8 WEEKS	Double-header	APR 25
	Senior Men	8 WEEKS	Double-header	APR 25
Fri	Men's B	8 WEEKS	Double-header	APR 26
	Co-ed B	8 WEEKS	Double-header	APR 26
	Co-ed C	8 WEEKS	Single	APR 26
Sun	Men's B	8 WEEKS	Double-header	APR 28
	Men's C	8 WEEKS	Double-header	APR 28

*please visit league webpage for any league info changes at [www.http://www.allprosoftware.net/2019florissantsoftball/](http://www.allprosoftware.net/2019florissantsoftball/)

League Division Information

A - Intermediate

B - Recreational

C - Beginner

*divisions may be combined if there aren't enough teams

League Fees:

Single Game \$225

Double Header \$450

Registration Information

Returning team registration begins FEB 17

New team registration begins FEB 24

Minimum 50% of league fee due at registration (nonrefundable)

Registration is done at either community center or online at: www.florissantparks.com. Games cancelled due to weather will be rescheduled until the week of JUL 20. Any additional rainouts that are unable to be rescheduled will be refunded per game. Final payments due NO LATER than the third game.





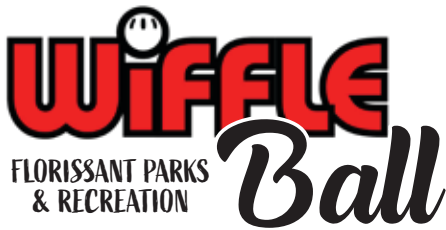
Dodgeball Tournament (14 YRS+)

If you thought it was fun in elementary school, wait until you give it a try now! Our brand new Dodgeball Tournament is coming soon. Keep an eye on our website (www.florissantmo.com), Facebook page (Florissant Parks & Recreation) and Community Centers for more information on a brand new Dodgeball Tournament for ages 14 and up happening FEB 22. Winners of the tournament will be given money based on the number of teams participating and special prizes. There will

also be a discount to the top 2 teams for the Indoor Dodgeball League beginning in March. This tournament will take place at the JJE Center. Call 314-921-4466 or 314-921-4250 around the middle of DEC for more details.

Indoor Dodgeball League (14 YRS+)

Dodge, duck, dip, dive and dodge! Remember the five D's of Dodgeball. They are the key to victory in this brand new Dodgeball League coming this March. The fun of the 1st Annual Dodgeball Tournament lives on at the JFK Community Center with the 1st ever dodgeball league! Participants ages 14 and up are invited to sign up individually or as a team to play. Keep an eye on our website (www.florissantmo.com), Facebook page (Florissant Parks & Recreation) and Community Centers for more details. More information will be released around the middle of DEC for more information.



Indoor Wiffleball League (16YRS+)

Are you missing the ball diamonds during the winter months? Florissant Parks and Recreation has a solution for you! We are now offering an indoor wiffleball league at the JFK Community Center! All equipment will be provided. No ball gloves are needed. Shirts will be provided to all players that sign up by JAN 2.

The Wiffleball League will follow house rules and will be played in the gymnasium. Teams may consist of 6 members and 4 will be on the "field" at a time. There are no base runners. Players must be 16 years or older to play. A tournament will be held at the end of the season. Coolers are allowed given that legal drinking age is adhered to. No glass bottles, please.

Day(s)	Session	Time	Place	Team Fee	Registration
W	1/8 (6 weeks)	6:30P*	JFK	\$150	12/9

*Games may begin as early as 6:30P with 9:30P being the latest start time. Game times will vary.

Spring/Summer Practice Permit Guidelines

Returning spring/summer permit holders will have the opportunity to obtain the same field (day and time) for the 2020 season. (Exception is if your field will be taken out of rotation for games or maintenance)

Returning spring/summer permit holders can apply beginning FEB 10. New applicants will be considered beginning MAR 2.

All spring permits will be in effect from MAR 16 to JUL 31. The deadline to apply for a permit is APR 30.

The fee for a Spring/Summer permit is a one-time \$60 fee.

The permit is good for one practice field two times a week (up to 4 hours).

Practice times for fields with lights will be broken up into 5-7pm and 7-9pm slots.

All applications may be mailed, emailed, faxed, or dropped off at the following locations:

ATTN: Evan Stoll
James J. Eagan Center
1 James J. Eagan Dr
Florissant, MO 63033

ATTN: Evan Stoll
JFK Community Center
315 Howdershell Rd
Florissant, MO 63031

Email: estoll@florissantmo.com



Outdoor Kickball League (16YRS+)

Relive your elementary school days in this Adult Outdoor Kickball League beginning in April at St. Ferdinand Park! This is an opportunity for adults to play in an organized and officiated outdoor Kickball League. Get a group together and be ready to have some old school fun! Teams will consist of up to twelve members. Participants must register as a team. Shirts will be provided to all players who sign up by APR 6. Preregistration will be required.

Day(s)	Session	Time	Place	Team Fee	Registration
M	APR 20 (8 week)	6:30P*	St. Ferdinand Park	\$250	2/17

*Games may begin as early as 6:30P with 9:30P being the latest start time. Game times will vary.



March Madness 3v3 Basketball Tournament (14 YRS+)

As you make your picks for your March Madness College Basketball Bracket, you can also pick your own team to play in our First Annual Florissant March Madness 3v3 Basketball Tournament. This tournament will be held on MAR 22 at the JJE Center. Games will begin as early as 9:00A. Teams will consist of a total of four players, with three on the court at a time and one for substitutions. Style of tournament play will be based on the number of teams registered, and will be determined closer to the date of the tournament. Participants must register as a team. Preregistration will be required.

Day(s)	Session	Time	Place	Team Fee	Registration
SU	3/22	9:00A*	JJE	\$150	12/9

*Games may begin as early as 9:00A and will be played according to the tournament style, which will be determined by the number of teams signed up.

Basketball League (16 YRS+)

Keep an eye out for information on a Sunday evening Basketball League for ages 16 and up coming soon. This league will take place at the JFK Community Center. More details will be released later this year.



PICKLEBALL

OPEN PLAY

JJE Center Gymnasium

TUES/THURS
9:00A - 12:00P

Drop-in \$2 resident/\$3 non-resident on T/TH and \$1 resident/\$2 non-resident on SU. A limited number of paddles and balls are provided but you are welcome to bring your own equipment. Open to ages 18+YRS.

We also welcome you to visit our outdoor pickleball court for free at Bangert Park during park hours (8:00A - 11:00P daily).

Occasionally, there may be a program or event in the gymnasium and we must cancel or change the schedule for Open Play Pickleball. Cancellations and schedule changes will be communicated through our Rainout Line. This can be accessed by downloading the free app and searching City of Florissant, calling 314-266-7335 ext. 16, or visiting www.rainoutline.com. You can also subscribe to text/email notifications when the pickleball extension is updated.

SUN
10:30A - 12:30P

VALLEY OF FLOWERS TOURNAMENT

JJE Center Gymnasium

SAT, MAY 2
9:30A Start Time

Join us for our annual Valley of Flowers Pickleball Tournament at the JJE Center Gymnasium. This will be a one day tournament with round robin playoffs. The format will be mixed draw doubles. Registration will take place at the JJE Center or JFK Community Center beginning MAR 16. Limited space is available and will be filled on a first come, first served basis.

Fee: \$20 per player



Experience Public Golf at its Finest

Senior Residents play for \$20*
7 Days a Week

314-741-7444 **florissantgolfclub.com**

Florissant Golf Club

**50 Country Club Ln,
Florissant MO 63033**

WINTER RATES
Nov 1st - Feb 29th

- 18 Hole Course for All Skill Levels
- Beautiful Patio Overlooking the 18th Hole
- Resident Discounts & Loyalty Program
- Fully Stocked Pro Shop
- Professional Quality Greens
- Senior Scramble every Thursday
- Call or Check Online for Winter Rates

*Normal SR Rate to start March, 1st 2020

Senior Programs

The City of Florissant Senior Citizen Department offers programs, events and services for Senior Citizens in this community. Please call the Senior Office at 314-839-7605 if you have any questions on the Senior Citizen events and programs listed on these senior pages.

Senior Citizen Department Staff

Peggy Hogan, Senior Citizen Coordinator	314-839-7604
Carol Henke, Senior Office Clerk	314-839-7605
Carole Webb, Senior Office Staff	314-839-7602
Debbie Rupp, Senior Office Staff	314-839-7603
Kathy Biondo, Senior Office Staff	314-839-7603

Senior Citizen Lunch Program

Join us for lunch at the Florissant Senior Center. Our Senior Center operates in Florissant's original City Hall Building at 621 rue St. Francois. Lunch is served every Friday for \$7.00 for residents and \$8.00 for non-residents. Meals are catered by our very own local restaurants – Cannoli's, Amore's, City Diner – just to name a few. Call the Dining Center to make a reservation at least 24 hours in advance. Bus service is available if you are a Florissant Resident. We play Bingo each day after lunch along with these special activities throughout the month:

First Friday of the month:

We play Special Bingo with a chance to win a \$10 gift card.

Second Friday of the month:

We celebrate the Diner of the Month

Third Friday of the month:

We celebrate birthdays with cake & ice cream

Fourth Friday of the month:

We play Rob Your Neighbor before lunch

Come gather with other Senior Citizens and enjoy our Florissant Community! For more information or reservations, call the Dining Center at 314-839-7603.

Tax Preparation for Senior Citizens

The City of Florissant and AARP have partnered once again to bring eligible Senior Citizens over the age of 60 free tax preparation. This service is for senior citizens with an income of \$55,000 or less. Starting Tuesday, JAN 21, call the Senior Office, 314-839-7605, to make an appointment to have your 2019 taxes prepared. Preparation begins on Monday, FEB 10 and will take place by appointment only on M - TH at the JFK Center, located at 315 Howdershell Rd. Florissant, MO 63031. You must have an appointment for this service. To make an appointment, call the Senior Office, 314-839-7605, starting Tuesday, JAN 21.

The Holiday Safety Class for Seniors

"The MOST wonderful time of the year!" The Holiday Season is filled with love, family and fellowship. It is also a time when CRIME peaks. Criminals LOVE Christmas!

Mayor Lowery invites Florissant Senior Citizens to learn from the experts. Tom Jost and Tscharna Senn, International Defense Instructors, will teach you important safety tips. This class will include instruction for seniors with canes, wheelchairs and walkers.

- Learn how to be safe when grocery shopping
- What to watch for when Christmas Shopping at department stores
- How to stay safe if you're in a crowd – at the mall or at a Holiday Function

The City of Florissant wants to keep our Senior Citizens safe by educating them. Arm Yourself with knowledge! Refuse to be a victim! **This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.**

Day	Date	Time	Registration	Price
TU	12/10	1:00P	Open now!	FREE*

*This is a free class but you must register by calling the Senior Office at 314-839-7605

SCAM ALERT

Did the Social Security Administration call you?

If they did, you received a scam call! The Social Security Administration will NOT call you to inform you that your social security number has been compromised. The number one telephone scam in this area right

now is this: You pick up the phone and it is a message from the Social Security Administration saying your social security number has been compromised and you must call right away. They leave a number for you to call. When you call, they ask you to verify your social security number. The scammer many times has the last 4 digits of your social security number - which makes it sound even more legitimate. They tell you to verify your full social security number, your name and address with their records. This is what they need - your name, social security number and address to open up accounts or to access your existing accounts. The criminals are very sophisticated. They sound legitimate. The scammers pretend to be an official office - the IRS, the Social Security Office - offices that they know you take seriously. They sound official.

Keep this in mind: Do NOT give out any information - your name, address, social security number, account numbers - to anyone over the phone unless YOU looked up the phone number. If you are unsure of what to do, or if you have any questions, please call the Senior Office at 839-7604.

Get Fit for Free with Silver Sneakers & Renew Active!

Silver Sneakers and Renew Active are both fitness membership reimbursement plans offered through various health insurance providers. Both of the Florissant Parks and Recreation Community Centers participate in these programs to offer eligible individuals a Facility Membership free of charge. Visit www.silversneakers.com or www.myrenewactive.com or call your health insurance provider to check eligibility. Memberships can be processed at the JJE Center or JFK Center in Florissant and are valid at both locations. Classes, outdoor pool and ice rink are not included. Call 314-921-4466 or 314-921-4250 for information.



2020 AGING MY WAY RESOURCE FAIR Tuesday, April 14 9:00A - 12:00P James J. Eagan Center

Gather information on housing, veteran benefits, health & wellness, Medicare, insurance, elder law, caregivers and much more! The goal of this fair is to provide information and resources to senior citizens who are aging in place in their homes and senior citizens who are considering senior living options such as retirement communities, assisted living and long-term care facilities.

This Community Resource Fair, Aging My Way, is free to the public and will include more than 70 vendors, all with valuable information. There will be give-a-ways at the booths, attendance prizes, & free donuts & coffee. The 2020 Aging My Way Resource Fair is presented by the City of Florissant Senior Office, Memory Care Home Solutions, St. Catherine Retirement Community, Mercy



Home Health & Hospice and The Pillars of North County. The event will be held on Tuesday, APR 14 at the James J. Eagan Center from 9:00A - 12:00P. The Resource Fair is open to the public, residents and non-residents. No reservation or ticket is required. For more information call the Florissant Senior Office at 314-839-7605.

THE SPECTACULAR NEW YEAR'S EVE PARTY

Don't miss the grandest party of the year. A wonderful dinner will be served, the decorations will be fantastic and the outstanding 12-piece St. Charles Big Band will play your favorite music! Do NOT sit home this New Year's Eve—Celebrate 2019 and ring in 2020! Come to our Daytime New Year's Eve Party with the Countdown to the New Year at Noon!

Day	Date	Time	Ticket Sales Begin*	Location	R/NR
TH	12/31	10:00A - 2:00P	11/18	JJE	\$17/\$22

*Ticket includes dinner, drinks, appetizers, dancing & attendance prizes. Tickets will be sold to Florissant Residents only with a current resident card in the Senior Center at 621 St. Francois starting NOV 18. If there are tickets remaining, on DEC 16 through DEC 23, tickets will be sold to residents and non-residents.



Soup Scoop with Norma Farrar!

What did Florissant look like years ago? Go back in time with life-long Florissant resident Norma Farrar. We'll enjoy a hearty soup lunch from Hendel's Market Café after a fascinating talk! **This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.**

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	1/30	10:00A - 1:00P	Monday, JAN 6	FREE*

*This is a free event, but you must have reservations. Please call the Senior Office, 314-839-7605, to make reservations starting on Monday, January 6, 2020.

Mardi Gras Dance

The Beads! The Masks! Join us as we celebrate Mardi Gras in Florissant! The famous Trilogy Band will perform for an evening of wonderful music & great fun! **This will take place at the James J. Eagan Center, located at 1 James J. Eagan Dr.**

Day	Date	Time	Ticket Sales Begin*	R/NR
F	2/21	6:00 - 9:00P	Monday, JAN 27	\$12/\$15

*Ticket sales begin for residents and non-residents on Monday, JAN 27 in the Senior Center at 621 Rue St. Francois.

Movie & a Hot Dog!

Join us at the Senior Center as we celebrate ELVIS! Enjoy watching the movie Blue Hawaii featuring Elvis singing some of his famous songs including Can't Help Falling in Love and Blue Hawaii. How much do you know about the KING? We'll have Elvis Trivia with prizes! A hot dog and chips will be served and of course we'll enjoy popcorn with the movie! **This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.**

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	2/27	12:00 - 3:00P	Monday, FEB 3	\$2/\$3

*Ticket sales begin on Monday, FEB 3 for residents only in the Senior Center at 621 Rue St. Francois. If there are tickets remaining, tickets will be sold to residents and non-residents on Tuesday, FEB 4.

St. Patrick's Party Bingo

If you're lucky enough to be Irish—you're lucky enough! Wear your green to the St. Patrick's Party and Bingo on Thursday, MAR 12. Corned Beef and Cabbage will be served, we'll have Irish Entertainment, attendance prizes, chances will be sold to win an Irish Pot of Gold & Gift Baskets and of course Bingo! **This will take place at the James J. Eagan Center, located at 1 James J. Eagan Dr.**

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	3/12	10:00A - 2:00P	Monday, FEB 10	\$12/\$15

*Tickets sales begin Monday, FEB 10 for Florissant Residents. If there are tickets remaining, tickets will be sold to residents and non-residents starting on Monday, FEB 24 in the Senior Center at 621 Rue St. Francois.

TEAM Food Pantry "Community Day" at the Senior Center

Let's help make a child's summer a little more fun by making snack bags for TEAM Food Pantry! Please bring individually packed snacks. Suggested items include: granola bars, individual chip packs or cookie packs, oranges, apples, snack packs of cereal, snack packs of raisins, fruit cups, fruit snacks, individual wrapped cheese and crackers or Rice Krispy treats, juice boxes and snack packs of muffins or donuts. The Senior Office will provide the bags and we'll all participate in filling them with our snacks. Many hands make light work!

After making the bags, for those that are interested, we'll play BINGO for TEAM for \$1.00 a card with all proceeds going to TEAM. Light Refreshments will be served. Come and make a difference!

Day	Date	Time	Location	R
TH	5/7	2:00 - 4:00P	Senior Center	Free*

*No tickets or reservations required. Just come to the Dining Center with your snack & money for Bingo (if interested)

Memorial Day Party & Bingo

We will honor those who served. This event will open with an Honor Guard Presentation. The gym will be decorated in red, white and blue, flags will be passed out to all, and we'll enjoy patriotic entertainment. Lunch will be served and we'll top off the event with Bingo. Join your neighbors and friends as we honor those who served. **This will take place at the James J. Eagan Center, located at 1 James J. Eagan Dr.**

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	5/21	10:00A - 2:00P	Monday, APR 27	\$12/\$15

*Ticket sales will begin on Monday, APR 27 for Florissant Residents. If there are tickets remaining, on Monday, MAY 11, tickets will be sold to residents and non-residents in the Senior Center at 621 Rue St. Francois

Oasis Speaker Series

The City of Florissant Senior Office has partnered with Oasis to bring the Oasis Speaker Series to Florissant Seniors. Listed below is an upcoming speaking event that will take place at the Florissant Senior Center.

St. Louis Sound: A History of our Musical Heritage

From the French Fiddlers of the fur trading days to the rock and hip hop icons of the present millennium, St. Louis has been a town rich in musical history. Any area that has been home to the likes of Chuck Berry, Miles Davis, Ike & Tina Turner, and more, clearly deserves more attention. Learn about the secret and inspiring stories of St. Louis' finest as revealed in the exciting new book St. Louis Sound: An Illustrated Timeline. This is the first time that all the tributaries of the great St. Louis river of song have been covered in one place; classical, jazz, blues, R&B, rock n roll, country, hip hop, and more. **This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.**

Day	Date	Time	Registration Begins	Price
TH	2/20	10:00 - 11:30A	Open Now	\$10*

*Register with Oasis at 314-862-4859 ext 24

The Little Black Dress & Fashions from St. Louis by Johnny Rabbitt, KMOX

St. Louis is known for our passion for fashion! Join us as Johnny Rabbitt presents a century of St. Louis Fashions dating to the late 19th century. He will tell the story, with pictures, of our town's once truly great fashion industry in clothes and shoes. We'll see inside the fashion manufacturing operations, and how the clothes were made and marketed. Topics will include sweat-shops, organizing Unions, and stories of those who made and modeled the frocks, footwear and fashions with a St. Louis Label. Some companies will include Brown Shoe, and the International Shoe Company that once was the world's largest shoe-maker. We'll cover places like Curlee Clothes for men and boys, Mix Mode, Laura Lee, Dorsa, Mary Muffet, Paul Sach's and other design houses. We'll also visit ladies stores such as Kline's, Garlands, Sonnenfeld's Cunningham's Libson's, Worth's, Salle Anne shops, as well as the ladies departments at Nugent's Scruggs, Stix & Famous. **This will take place at the Florissant Senior Center, located at 621 Rue St. Francois.**

Day	Date	Time	Registration Begins	Price
TH	3/5	10:00 - 11:30A	Open Now	\$10*

*Register with Oasis at 314-862-4859 ext 24

St. Louis Oasis Health & Fitness Classes

The City of Florissant has partnered with Oasis to offer Oasis classes at the Florissant Senior Center at 621 rue St. Francois. Listed below are the upcoming programs/classes.

Exerstart

ExerStart is a low-intensity exercise class for people who are looking to add more activity to their lives using resistance bands while standing or seated. This class encourages adults 50+ to be active so they can do the things they want and need to do.

Day(s)	Session	Time	Place	Price
M/W	I: 1/13 - 4/29	9:30 - 10:30A	Senior Center	\$27

Call Oasis at 314-862-4859 EXT 24 for more information or to register for this class. Spaces are limited. There will be no class on 1/20, 2/12, 2/17 & 4/8.

Tai Chi for Arthritis & Fall Prevention

Reduce stress, relieve pain and decrease fall risk while improving balance, muscular strength, coordination, confidence, and mood.

Day(s)	Session	Time	Place	Price
M/W	I: 1/13 - 3/9	1:00 - 2:00PM	Senior Center	\$60
M/W	II: 3/11 - 4/29	1:00 - 2:00PM	Senior Center	\$60

Call Oasis at 314-862-4859 EXT 24 for more information or to register for this class. Spaces are limited. There will be no class 1/20 & 2/17.

Aging Mastery Program

Join the adventure for FREE! The Florissant Senior Center will be running the Aging Mastery Program! This program encourages mastery – developing behaviors across many dimensions that will lead to improved health, stronger financial security, and overall well-being. By participating in this program, you will: 1. make and maintain small but impactful changes in your health behaviors, financial well-being, and enrichment in later life 2. Get incentives and rewards for taking small steps that can improve your well-being. 3. Meet new friends, provide support and encouragement to your peers, and become more involved in your community.

Day(s)	Session	Time	Place	Price
TU	I: 3/3 - 5/5	10:00A - 12:00P	Senior Center	FREE*

*The class is free, but preregistration is required and spaces are limited. Call Oasis at 314-862-4859 Ext. 24 for more information or to register for this class.

Dietary Supplements

Learn about vitamins A-Z. Specifically, indications, administration, interactions, and benefits, and risks. Go home knowing what is recommended and not recommended. Take the mystery out of supplementations.

Day(s)	Session	Time	Place	Price
TH	MAR 26	10:00A - 12:00P	Senior Center	FREE*

*The class is free, but preregistration is required and spaces are limited. Call 314-747-9355 to register for this class.

Kick the Aches of Arthritis

Arthritis is one of the most common diagnoses, encompassing at least 200,000 new cases a year. This course is designed to help you learn the best ways to manage arthritis with exercise. A trained physical therapist will direct you through minimal load exercises and activities to maximize your function and minimize your pain! This course will be directed towards the lower body.

Day(s)	Session	Time	Place	Price
TH	APR 30	10:00A - 12:00P	Senior Center	FREE*

*The class is free, but preregistration is required and spaces are limited. Call 314-747-9355 to register for this class.

The Siteman Cancer Center Speaker Series

The City of Florissant, Oasis and The Siteman Cancer Center wants to help you take control of your health! The Siteman Cancer Center will hold a series of speaking events at the Florissant Senior Center focusing on the best ways to prevent various forms of cancer. The first speaking event offered in this series is:

8 Ways to Prevent Breast Cancer

Thanks to innovation and increased understanding, treatments for breast cancer keep getting better. We also are gaining greater knowledge about how to prevent it. Join us to learn eight simple steps that can help lower your risks.

Day(s)	Date	Time	Place	Price
TH	APR 2	1:00 - 2:30P	Senior Center	Free*

*This speaking event is free, but preregistration is required and spaces are limited. Call Oasis at 314-862-4859 Ext. 24 for more information or to register for this class.

Senior Day Trips

Lumiere Casino

The lights dazzle. The sounds beckon. The tingle of anticipation is everywhere! Take a trip to Lumiere Casino, voted Missouri's Best Casino – two years in a row! We'll enjoy \$15 free slot play and then a trip to the FEAST coast, Lumiere Places' answer to the definitive casino buffet, serving salads, Asian, Italian, rotisserie, international, seafood, and desserts.

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	2/13	8:15A - 3:00P	1/9	\$10/\$12

*Tickets include transportation, lunch buffet, and \$15 free slot play. This is a Silver Words Trip. Tickets go on sale to Silver Words Club Members only at the Silver Words Meeting on Thursday, JAN 9. If there are tickets remaining, tickets will be sold in the Senior Center starting Friday, JAN 10.

Tour of Channel Nine and Vito's Sicilian Pizzeria

What is the History, the Mission and the Vision of the Channel 9 Network? Find out as we take this interesting tour of the Channel 9 Network of Public Media. After the tour, we'll enjoy a delicious Italian Buffet Lunch at Vito's Sicilian Pizzeria.

Day	Date	Time	Ticket Sales Begin*	R/NR
TH	4/23	9:15A - 2:30P	3/19	\$27/\$29

*Tickets include transportation, tour, and lunch. This is a Silver Words Trip. Tickets will be sold to Silver Words Members only at the Silver Words Club Meeting on Thursday, MAR 19. If there are tickets available, tickets will be sold to residents and non-residents starting on Friday, MAR 20.

Gateway Arch & Old Spaghetti Factory

The Gateway Arch: Bringing together art, nature, history, and adventure! Visit the Museum at the Gateway Arch that celebrates America's pioneering spirit, and trace the story of the Native Americans, explorers, pioneers, and rebels who made America possible. Watch the documentary movie "Monument to the Dream" and learn about the inspiration and the determination of the men who brought the Arch to Life! Then step into another world at the Old Spaghetti Factory, adorned with antique lighting and intricate stained glass displays, and enjoy a delicious Italian lunch.

Day	Date	Time	Ticket Sales Begin*	R/NR
TU	3/24	8:15A - 3:00P	1/3	\$37/\$39

*Tickets include transportation, museum, movie, and lunch. Tickets sales begin in the Senior Center on Monday, FEB 3 to residents only. Starting Tuesday, FEB 4, if there are tickets remaining, tickets will be sold to residents and non-residents.





BANGERT POOL

Opens May 25th!

275 S. New Florissant Rd

Bangert Pool, located inside Bangert Park, is Florissant's outdoor swimming pool. This pool has a zero depth entry, water play structure, Aqua Zip'n, 1 and 3 meter diving boards, splash pad and large open swimming area. Check the Florissant Spotlight Summer 2020 Edition for more information including hours, prices and more!