



## Senior Citizens Take Action!

Arm yourself with

### KNOWLEDGE & AWARENESS

Learn techniques for avoiding violent confrontations and increase awareness of potential encounters.

Instructors Tom Jost, retired Detective Sergeant from the Florissant Police Department, and Tscharna Senn, retired Lieutenant from the Gainesville, Florida Police Department, will provide the attendee with fact based knowledge about principals of avoiding confrontations and techniques to increase awareness of potential encounters. Both instructors are *International* experts in the field of surviving violent encounters.

The classes listed below are sponsored by the Florissant Police Department and are Free to Florissant Residents but you must call the Florissant Senior Office , 839-7605, starting on May 1, 2018, to make a reservation. Space is limited!

WHEN: Thursday May 17, 2018

TIME: 10:00am—12:00pm

PLACE: James J Eagan Center

WHEN: Friday May 18, 2018

TIME: 1:00pm—3:00pm

PLACE: JFK Center

COST: FREE, but you must call the Florissant Senior Office, 839-7605, starting on May 1, 2018 to make a reservation.