



*Florissant Missouri*  
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**NEWSLETTER / NEWS RELEASE  
From the Office of the Mayor**

**FOR IMMEDIATE RELEASE**

**MAY 29, 2018**

**FLORISSANT POLICE DEPARTMENT TO HOSTS A SERIES OF TWO HOUR  
SAFETY AND DEFENSE SEMINARS FOR RESIDENTS ONLY**

Mayor Thomas P. Schneider is pleased to announce that Chief Tim Lowery and the Florissant Police Department in cooperation with the Florissant Senior Citizens Office are hosting a series of two hour Safety and Defense seminars for **Florissant Residents only**:

**Confrontation Avoidance and Safety for Older Adults**

Monday June 18, 1:00pm-3:00pm- James J. Eagan Center

**Advanced Confrontation Avoidance for Older Adults**

Tuesday June 19, 1:00pm-3:00pm Florissant JFK Center

**Escape and Evasion \*(Teens and up)**

Wednesday June 20, 6:30pm-8:30pm- James J. Eagan Center

Senior courses are specially designed to meet the needs of older adults with sometimes limited mobility and physical strength. The Escape and Evasion course has a more physical component and is designed for teenagers and up. Physical exertion is minimal to participate and strictly voluntary. Comfortable clothing is recommended.

The instructors for the course are Tom Jost, retired Detective Sergeant from the Florissant Police Dept. and Tscharna Senn, retired Lieutenant from the Gainesville, Florida Police Dept. Both instructors are international experts in the field of physical skill training and surviving violent encounters.

**COST: FREE**, but you must call to make a reservation.

For the **Senior Programs**, call the Florissant Senior Office at 314-839-7604.

For the **Escape and Evasion Program**, call Officer Steve Michael 314-830-6042, or email at [smichael@florissantmo.com](mailto:smichael@florissantmo.com).

Phone (314) 921-5700

**Emergency 9-1-1**

Fax (314) 921-7111