

# Health and Wellness Days

at the

Florissant Senior Dining Center



**Focusing on CANCER AWARENESS**

**and ways to prevent it**

**Sponsored by Christian Hospital**

**BJC HealthCare**

## Free Lunch!

**Christian Hospital will provide a delicious FREE LUNCH**

**Chicken Salad Croissant, Garden Crisp Salad & Seasonal Fresh Fruit**

**DATE: Friday, September 22, 2017**

**TIME: 11:00am**

**PLACE: Florissant Senior Dining Center at 661 rue St. Francois**

**RESERVATIONS: This is a FREE Program with lunch provided by CHRISTIAN HOSPITAL. You must get there at 11:00am to take advantage of the free lunch. Call for a reservation , 839-7603, starting on September 11, 2017.**

***Sign up early—Space is limited!***