

# Health and Wellness Days

at the

Florissant Senior Dining Center



**Focusing on STROKE PREVENTION**

Sponsored by the leader in the industry—

**BJC Christian Hospital.**



## Free Lunch!

**Christian Hospital will provide a delicious FREE LUNCH**

**Chicken Salad Croissant, Garden Crisp Salad & Seasonal Fresh Fruit**

**DATE: Friday, August 25, 2017**

**TIME: 11:00am**

**PLACE: Florissant Senior Dining Center at 661 rue St. Francois**

**RESERVATIONS: This is a FREE Program provided by Christian Hospital. FREE LUNCH will be provided by Christian Hospital. You must get there at 11:00am to take advantage of the free lunch. Call for a reservation—839-7603, starting on Monday, August 7, 2017.**