



dedicated to finding a cure

JDRF is the leading charitable funder and advocate of type 1 (juvenile) diabetes research worldwide. The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin injections multiple times or use a pump – each day, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.



Since its founding in 1970 by parents of children with type 1 diabetes, JDRF has awarded more than \$1.3 billion to diabetes research, including more than \$156 million in FY2008. In FY2008, the Foundation funded more than 1,000 centers, grants in laboratories, hospitals, and industry, and fellowships in 22 countries



City of Florissant

Florissant Parks and Recreation
#1 James J. Eagan Drive
Florissant, MO 63033

Phone: 314-921-4466
Fax: 314-839-7672

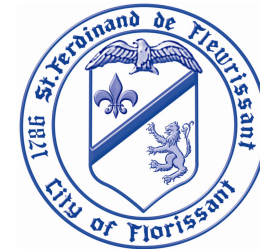
City of Florissant



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Florissant JDRF 5K Run/Walk

Sunday September 12



For More Information Call 921-4466

FLORISSANT
JUVENILE DIABETES
RESEARCH FOUNDATION RUN/WALK

5K

SUNDAY SEPTEMBER 12
1 Mile Fun Run/Walk
5K Run

Race Day information
Sunday September 12
8:00 AM

Mail completed form and fee to: JDFR 5K, James J. Eagan Center, #1 James J. Eagan Dr., Florissant MO 63033
 Fill out a separate form for each participant– Please print neatly.

Last Name: _____ First Name: _____ MI: _____
 Address: _____
 City/State/Zip: _____
 Phone # _____ Email: _____
 Gender: Male Female Date of Birth _____ Age: _____

PACKET PICK-UP
 Packets will be available for pickup
 Sept. 11 10:00-2:00
 At the James J. Eagan Center #1 James J. Eagan Drive.
 At the Corner of Parker and Waterford.

Waiver

I, the undersigned, assume full responsibility for any injury or accident which may occur during my participation in the event or while I am on the premises of the event. I hereby release and hold harmless the City of Florissant, Big River Race Management, the sponsors, promoters and all other persons and entities associated with the event or their agents or employees or otherwise. I will not enter and participate unless medically able and properly trained. I also know that although police protection will be provided, there may be traffic on the course route. I assume the risk associated with this event, including but not limited to falls, contact with other participants, the effects of weather, and the conditions of the road. Fees are nonrefundable. T-shirt size is not guaranteed. I have read the foregoing and certify my agreement by this signature, and my parent's or guardian's if under 18.

Signature _____
 (Parent or Guardian if under 18)

Please choose one Option:

	Price	After 9/8
<input type="checkbox"/> 5k Run	\$20.00	\$22.00
<input type="checkbox"/> 1-mile	\$10.00	\$10.00

Circle T-Shirt Size XS S M L XL

Pre-Registration ends at 5:00 on Wednesday September 8th

Please Make Checks Payable to: City of Florissant
 All proceeds (after expenses) benefit:
Juvenile Diabetes Research Foundation

You can also register online until 9/8 by visiting:
www.florissantmo.com

RACE DAY INFORMATION

Day of Race Registration	7:30-8:00 am
Start of 5K	8:00 am
Start of 1 Mile Run/Walk	8:10 am

AWARDS & PRIZES

- Everyone that registers will receive a T-shirt and memorable token of the race.
- 1st –3rd 5K Finishers will receive a trophy. (Male and Female)

Age Divisions:

Under 15	30-39
15-19	40-49
20-29	50-50 and 60+

Timing by Big River Race Management

5K COURSE DESCRIPTION

The course will start at the James J. Eagan Center and wind its way around the neighborhood. The course will have a few hills but start and end flat.

Date _____